

SASSU Swimming - 2008/11/27 to 2008/11/29**Results****Event 101 Men 50 LC Meter Breaststroke**

SASSU: 29.54 # 2007/12/05 William G Diering
30.28 SASS

Tuks

Name	Age	Team	Seed Time	Finals Time	
1 Diering, William G	22	TuksSwimming-NT	28.37	29.95	SASS
2 Stottelaar, Chris C	23	Nelson Mandela Metropolitan Un	29.88	30.23	SASS
3 Fergusson, Byron C	22	TuksSwimming-NT	29.44	30.78	
4 Venter, Fouche H	23	TuksSwimming-NT	31.81	30.91	
5 Lawson, Jason A	20	TuksSwimming-NT	30.09	30.96	
6 Deletic, Danilo	20	University of Witwatersrand-CG	30.90	31.55	
7 Henderson, Kevin S	21	University of Stellenbosch-WP	30.80	32.01	
8 Kgame, Neo G	19	Uwc Aquatics-WP	33.56	32.41	
9 George, Lyle C	20	Uwc Aquatics-WP	31.88	32.73	
10 Lemphane, Victor W	19	Uwc Aquatics-WP	32.70	33.00	
11 Emslie, Phil C	24	University of Stellenbosch-WP	35.09	33.61	
12 Kalan, Anesh	21	University of Cape Town-WP	3:20.12	33.89	
13 Brewis, Paul	23	University of Cape Town-WP	NT	34.41	
14 Maarsdorp, Lyle	20	University of Cape Town-WP	31.98	34.50	
15 Jamieson, Jason	19	University of Cape Town-WP	31.26	34.59	
16 Davey, Cameron	20	University of Stellenbosch-WP	36.72	34.95	
17 Lawrence, Kyle A	21	University of Stellenbosch-WP	35.05	35.13	
18 Louw, Anwar	21	Uwc Aquatics-WP	34.90	35.43	
19 Trois, Mathew	20	University of Cape Town-WP	32.63	35.90	
20 Venter, Kuno	20	University of Stellenbosch-WP	36.18	36.51	
21 Tummon, Oisin	21	University of Cape Town-WP	NT	36.68	
22 Van Wyk, Julian		North West University	NT	36.88	
23 Harrington, Gareth	24	Uwc Aquatics-WP	NT	36.91	
24 Menya, Madoda	21	University of Johannesburg	NT	37.76	
25 Simpson, Mike	19	University of Cape Town-WP	NT	37.91	
26 O'Rahilly, Stephan	22	University of Cape Town-WP	NT	38.49	
27 Klue, Jeff	23	University of Cape Town-WP	NT	38.82	
28 Dunne, Rowan	24	University of Cape Town-WP	35.67	42.61	
29 Ndlovu, Mfundo	21	University of Zululand-KZ	39.05	43.53	
--- Mthembu, Map		Mangosuthu University-LP	NT	DQ	
--- Schmidt, Edward	21	University of Cape Town-WP	NT	DQ	

Event 102 Women 50 LC Meter Backstroke

SASSU: 31.11 # 2006/11/27 Lize-Mari Retief
31.37 SASS

TUKS

Name	Age	Team	Seed Time	Finals Time	
1 Retief, Lize-Mari	21	TuksSwimming-NT	28.99	29.47#	SASS
2 Prout, Tannith		University of Witwatersrand-CG	30.01	30.91#	SASS
3 Du Plessis, Yolana N	19	TuksSwimming-NT	28.90	32.26	
4 Shuttleworth, Lara N	19	University of Stellenbosch-WP	32.97	34.30	
5 Lapham, Kirsten A	19	TuksSwimming-NT	34.34	34.34	
6 Hope, Odette		North West University	33.57	35.42	
7 Bullock, Celeste	21	University of Stellenbosch-WP	34.99	35.60	
8 Bevan, Kelly	23	Uwc Aquatics-WP	NT	35.77	
9 Harding, Kelly	20	University of Cape Town-WP	32.45	36.47	
10 Kellerman, Lizanne		North West University	NT	37.38	
11 Truter, Lara	22	University of Cape Town-WP	38.47	37.82	
12 Roos, Kayleigh	19	University of Cape Town-WP	35.62	38.39	
13 Hunter, Samatha		University of Witwatersrand-CG	35.07	38.54	

(Event 102 Women 50 LC Meter Backstroke)

SASSU Swimming - 2008/11/27 to 2008/11/29**Results**

Name	Age Team	Seed Time	Finals Time
14 Schutte, Anei	North West University	NT	38.85
15 Tacon, Nicole	19 University of Cape Town-WP	36.43	39.02
16 Haiden, Sarah	19 University of Cape Town-WP	36.57	39.56
17 Marx, Rina	North West University	NT	39.91

Event 103 Men 100 LC Meter Backstroke

SASSU: 58.54 # 2006/11/27 Chris R King
59.37 SASS

UCT

Name	Age Team	Seed Time	Finals Time
1 Page, Jason O	21 Nelson Mandela Metropolitan Un	59.22	1:00.99
2 Todd, James J	20 University of Cape Town-WP	1:01.90	1:05.43
3 Smit, Marcel P	21 University of Stellenbosch-WP	1:06.89	1:07.47
4 Lemphane, Victor W	19 Uwc Aquatics-WP	NT	1:09.05
5 Hill, Lee	19 University of Cape Town-WP	1:04.57	1:09.64
6 Muller, Faffa L	19 Uwc Aquatics-WP	1:12.74	1:13.41
7 Beyleveld, Bradley	University of Witwatersrand-CG	1:26.09	1:27.46
8 Parker, Sean	19 University of Cape Town-WP	1:25.42	2:10.14

Event 104 Women 200 LC Meter Breaststroke

SASSU: 2:30.43 # 2007/12/06 Suzaan Van Biljon
2:38.36 SASS

Tuks

Name	Age Team	Seed Time	Finals Time
1 Van Biljon, Suzaan	20 TuksSwimming-NT	2:22.73	2:43.47
2 Karsten, Kalee R	19 TuksSwimming-NT	2:58.32	3:05.69
3 Ryder, Stacey	19 University of Cape Town-WP	2:53.18	3:17.56

Event 105 Men 100 LC Meter Butterfly

SASSU: 56.35 # 2005/12/05 Fouche H Venter
56.94 SASS

TUKS

Name	Age Team	Seed Time	Finals Time
1 Kieck, Greg M	23 Nelson Mandela Metropolitan Un	56.94	57.30
2 Stottelaar, Chris C	23 Nelson Mandela Metropolitan Un	56.82	59.06
3 Venter, Fouche H	23 TuksSwimming-NT	54.58	59.26
4 Hattingh, Marius	18 TuksSwimming-NT	57.02	59.56
5 De Waal, Philip N	20 TuksSwimming-NT	57.22	1:00.27
6 Lemphane, Victor W	19 Uwc Aquatics-WP	1:00.01	1:01.65
7 Louw, Anwar	21 Uwc Aquatics-WP	1:00.67	1:02.50
8 Jamieson, Jason	19 University of Cape Town-WP	1:06.58	1:04.08
9 Noel, Gerard S	19 Uwc Aquatics-WP	1:03.72	1:04.26
10 Lotriet, Roelof F	22 University of Stellenbosch-WP	1:02.17	1:04.79
11 Beyleveld, Grant	University of Witwatersrand-CG	1:04.35	1:06.61
12 Lawrence, Kyle A	21 University of Stellenbosch-WP	1:04.47	1:07.34
13 Muller, Faffa L	19 Uwc Aquatics-WP	1:05.87	1:07.88
14 Venter, Kuno	20 University of Stellenbosch-WP	1:06.85	1:08.03
15 Kgame, Neo G	19 Uwc Aquatics-WP	NT	1:09.76
16 Van Wyk, Julian	North West University	NT	1:12.29
--- Brown, Matt	19 University of Stellenbosch-WP	1:04.18	DQ

Event 106 Women 200 LC Meter Butterfly

SASSU: 2:19.89 # 2005/12/05 Charne Gehring
2:19.38 SASS

TUKS

Name	Age Team	Seed Time	Finals Time
1 Autunes, Jade	21 University of Cape Town-WP	2:30.16	2:31.56

(Event 106 Women 200 LC Meter Butterfly)

SASSU Swimming - 2008/11/27 to 2008/11/29**Results**

Name	Age	Team	Seed Time	Finals Time
2 Kellerman, Lizanne		North West University	NT	2:51.90

Event 107 Men 200 LC Meter Freestyle

SASSU: 1:56.93 # 2007/12/06 Greg M Kieck
1:56.62 SASS

NMMU-

Name	Age	Team	Seed Time	Finals Time
1 Lotriet, Bernhard P	20	University of Stellenbosch-WP	1:55.39	1:59.60
2 DU Plessis, Marnitz C	21	University of Stellenbosch-WP	2:03.81	1:59.88
*3 De Jager, Vaughan S	19	TuksSwimming-NT	1:58.28	2:00.70
*3 Swart, Pieter S	21	TuksSwimming-NT	1:56.21	2:00.70
5 Beyleveld, Grant		University of Witwatersrand-CG	2:00.64	2:04.12
6 Emslie, Phil C	24	University of Stellenbosch-WP	2:04.86	2:09.19
7 Henderson, Kevin S	21	University of Stellenbosch-WP	2:04.11	2:09.43
8 Maarsdorp, Lyle	20	University of Cape Town-WP	2:04.78	2:10.09
9 Muller, Faffa L	19	Uwc Aquatics-WP	2:07.08	2:13.39
10 Kalan, Kishan	23	University of Stellenbosch-WP	2:11.38	2:16.34
11 Armstrong, Rodney	23	University of Cape Town-WP	2:12.42	2:17.25
12 George, Lyle C	20	Uwc Aquatics-WP	2:15.28	2:17.93
13 Lemphane, Victor W	19	Uwc Aquatics-WP	2:07.89	2:20.29
14 Louw, Anwar	21	Uwc Aquatics-WP	2:13.92	2:22.64
15 Trois, Mathew	20	University of Cape Town-WP	2:19.84	2:23.56
16 Harrington, Gareth	24	Uwc Aquatics-WP	NT	2:30.27
17 Kalan, Anesh	21	University of Cape Town-WP	2:23.47	2:56.85
18 Dunne, Rowan	24	University of Cape Town-WP	2:38.76	3:10.71

Event 108 Women 100 LC Meter Freestyle

SASSU: 57.20 # 2007/12/06 Lize-Mari Retief
59.45 SASS

Tuks

Name	Age	Team	Seed Time	Finals Time
1 Retief, Lize-Mari	21	TuksSwimming-NT	55.17	58.09 SASS
2 Burger, Liezl	21	University of Stellenbosch-WP	57.44	59.37 SASS
3 Powell, Maxine	19	TuksSwimming-NT	1:01.52	1:00.73
4 Prout, Tannith		University of Witwatersrand-CG	59.87	1:01.83
5 Kruse, Jana	19	TuksSwimming-NT	1:00.23	1:02.34
6 Autunes, Jade	21	University of Cape Town-WP	1:02.45	1:04.05
7 Joubert, Lezandre		North West University	NT	1:05.33
8 Grundlingh, Marizanne M	25	University of Stellenbosch-WP	1:05.16	1:05.73
9 Vraagom, Wilechia S	18	University of Stellenbosch-WP	1:02.21	1:06.54
10 Mohr, Simone	21	TuksSwimming-NT	1:02.62	1:07.25
11 Hope, Odette		North West University	NT	1:07.31
12 Bevan, Kelly	23	Uwc Aquatics-WP	NT	1:07.39
13 Contat, Victoria-Leigh		University of Witwatersrand-CG	1:18.09	1:10.60
14 Marx, Rina		North West University	NT	1:12.75
15 Bullock, Celeste	21	University of Stellenbosch-WP	1:04.39	1:12.83
16 Harding, Kelly	20	University of Cape Town-WP	1:02.34	1:12.86
17 Tacon, Nicole	19	University of Cape Town-WP	1:09.45	1:12.99
18 Kellerman, Lizanne		North West University	NT	1:13.11
19 Hunter, Samatha		University of Witwatersrand-CG	1:05.63	1:13.16
20 Shuttleworth, Lara N	19	University of Stellenbosch-WP	1:03.41	1:13.18
21 Haiden, Sarah	19	University of Cape Town-WP	1:07.65	1:14.05
22 Truter, Lara	22	University of Cape Town-WP	1:10.23	1:14.17
23 Schutte, Anei		North West University	NT	1:14.59

(Event 108 Women 100 LC Meter Freestyle)

SASSU Swimming - 2008/11/27 to 2008/11/29**Results**

Name	Age Team	Seed Time	Finals Time
24 Roos, Kayleigh	19 University of Cape Town-WP	1:07.45	1:14.70
25 Stone, Cara	19 University of Stellenbosch-WP	1:13.93	1:18.62
26 Kruger, Joretha	North West University	NT	1:19.47
27 Serbro, Lindi	University of Witwatersrand-CG	NT	1:30.35

Event 109 Men 400 LC Meter IM

SASSU: 4:40.54 # 2007/12/05 Byron C Fergusson
4:37.62 SASS

Tuks

Name	Age Team	Seed Time	Finals Time
1 De Waal, Philip N	20 TuksSwimming-NT	4:40.20	4:56.05
2 Swart, Pieter S	21 TuksSwimming-NT	4:40.74	4:57.17
3 Diering, William G	22 TuksSwimming-NT	4:36.32	5:00.77
4 Lemphane, Victor W	19 Uwc Aquatics-WP	5:01.25	5:17.31
5 George, Lyle C	20 Uwc Aquatics-WP	5:07.72	5:32.43
6 Muller, Faffa L	19 Uwc Aquatics-WP	5:05.88	5:36.95

Event 111 Men 400 LC Meter Freestyle Relay

SASSU: 3:32.58 # 2007/12/06 Nelson Mandela Metropolitan Un NMMU-
R Kroch, C Stottelaar, J Page, G Kieck

Team	Relay	Seed Time	Finals Time
1 University of Stellenbosch	A	3:35.11	3:37.11
1) DU Plessis, Marnitz C 21	2) Lotriet, Bernhard P 20	3) Lawrence, Kyle A 21	4) Smit, Marcel P 21
2 TuksSwimming-NT	B	3:38.54	3:44.94
1) Fergusson, Byron C 22	2) Venter, Fouche H 23	3) Swart, Pieter S 21	4) De Jager, Vaughan S 19
3 University of Stellenbosch	B	3:52.37	3:53.94
1) Lamprecht, Sarel M 25	2) Lotriet, Roelof F 22	3) Emslie, Phil C 24	4) Henderson, Kevin S 21
4 University of Cape Town	A	NT	3:57.92
1) Kajee, Adam 21	2) Jamieson, Jason 19	3) Trois, Mathew 20	4) Todd, James J 20
5 University of Cape Town	B	NT	4:07.39
1) Armstrong, Rodney 23	2) Hill, Lee 19	3) Maarsdorp, Lyle 20	4) Kalan, Anesh 21
6 University of Stellenbosch	C	NT	4:09.01
1) Kalan, Kishan 23	2) Brown, Matt 19	3) Davey, Cameron 20	4) Venter, Kuno 20
--- TuksSwimming-NT	A	3:31.72	DQ
1) Lawson, Jason A 20	2) Diering, William G 22	3) Hattingh, Marius 18	4) De Waal, Philip N 20

Event 112 Women 400 LC Meter Freestyle Relay

SASSU: 4:01.11 # 2007/12/06 TuksSwimming Tuks
T Laubscher, S Van Biljon, L Retief, S Meurer

Team	Relay	Seed Time	Finals Time
1 TuksSwimming-NT	A	3:56.36	4:05.11
1) Retief, Lize-Mari 21	2) Van Biljon, Suzaan 20	3) Kruse, Jana 19	4) Powell, Maxine 19
2 University of Stellenbosch	A	4:05.01	4:23.75
1) Burger, Liezl 21	2) Bullock, Celeste 21	3) Grundlingh, Marizanne M	4) Shuttleworth, Lara N 19
3 TuksSwimming-NT	B	4:19.81	4:26.12
1) Mohr, Simone 21	2) Lapham, Kirsten A 19	3) Karsten, Kalee R 19	4) Rolt, Claire C 26
4 North West University	A	NT	4:36.11
1) Joubert, Lezandre	2) Marx, Rina	3) Hope, Odette	4) Kellerman, Lizanne
5 University of Cape Town	A	NT	4:38.75
1) Autunes, Jade 21	2) Harding, Kelly 20	3) Roos, Kayleigh 19	4) Ryder, Stacey 19
6 University of Cape Town	B	NT	4:56.42
1) Julian, Ondean	2) Truter, Lara 22	3) Haiden, Sarah 19	4) Tacon, Nicole 19

SASSU Swimming - 2008/11/27 to 2008/11/29**Results****Event 201 Women 50 LC Meter Freestyle**SASSU: 26.09 # 2007/12/05 Lize-Mari Retief
27.09 SASS

Tuks

Name	Age	Team	Seed Time	Finals Time	
1 Retief, Lize-Mari	21	TuksSwimming-NT	25.24	26.59	SASS
2 Burger, Liezl	21	University of Stellenbosch-WP	26.40	27.81	
3 Van Biljon, Suzaan	20	TuksSwimming-NT	26.85	28.12	
4 Prout, Tannith		University of Witwatersrand-CG	28.72	28.17	
5 Kruse, Jana	19	TuksSwimming-NT	27.49	28.56	
6 Powell, Maxine	19	TuksSwimming-NT	28.61	28.61	
7 Smith, Naydene	21	University of Johannesburg	NT	28.78	
8 Autunes, Jade	21	University of Cape Town-WP	28.95	29.24	
9 Joubert, Lezandre		North West University	NT	29.81	
10 Mohr, Simone	21	TuksSwimming-NT	28.83	29.85	
11 Vraagom, Wilechia S	18	University of Stellenbosch-WP	28.81	30.25	
12 Harding, Kelly	20	University of Cape Town-WP	28.79	30.45	
13 Hope, Odette		North West University	NT	30.59	
14 Bullock, Celeste	21	University of Stellenbosch-WP	29.41	30.76	
15 Rolt, Claire C	26	TuksSwimming-NT	30.61	30.79	
16 Grundlingh, Marizanne M	25	University of Stellenbosch-WP	31.13	30.90	
17 Ryder, Stacey	19	University of Cape Town-WP	28.89	31.31	
*18 Kay, Kim	19	University of Cape Town-WP	NT	31.46	
*18 Contat, Victoria-Leigh		University of Witwatersrand-CG	30.64	31.46	
20 Coetzen, Leanne		University of Johannesburg	NT	31.88	
21 Corbett, Vicky	22	University of Johannesburg	NT	31.89	
22 Hunter, Samatha		University of Witwatersrand-CG	30.02	32.25	
*23 Marx, Rina		North West University	NT	32.37	
*23 Kellerman, Lizanne		North West University	NT	32.37	
25 Harvey, Catherine	19	University of Johannesburg	NT	32.63	
26 Meintjies, Kate	21	University of Johannesburg	NT	32.70	
27 Roos, Kayleigh	19	University of Cape Town-WP	29.67	32.85	
28 Weske, Leigh-Ann	22	University of Johannesburg	NT	32.89	
29 Schutte, Anei		North West University	NT	33.38	
30 Stone, Cara	19	University of Stellenbosch-WP	35.29	33.50	
31 Tacon, Nicole	19	University of Cape Town-WP	30.15	33.58	
32 Whitehorn, Heather	18	University of Cape Town-WP	NT	33.65	
33 Truter, Lara	22	University of Cape Town-WP	31.04	33.66	
34 Wiese, Amy	19	University of Cape Town-WP	NT	33.74	
35 Haiden, Sarah	19	University of Cape Town-WP	29.87	33.79	
36 Kruger, Joretha		North West University	NT	33.94	
37 Holland, Imogen	19	University of Cape Town-WP	NT	35.52	
38 Snelling, Wendy	22	University of Johannesburg	NT	36.65	
39 Xoza, Nolukholo	22	University of Zululand-KZ	39.57	50.89	
--- Bevan, Kelly	23	Uwc Aquatics-WP	NT	DQ	

Event 202 Men 50 LC Meter FreestyleSASSU: 23.66 # 2007/12/06 Greg M Kieck
24.08 SASS

NMMU-

Name	Age	Team	Seed Time	Finals Time	
1 Kieck, Greg M	23	Nelson Mandela Metropolitan Un	23.49	23.89	SASS
2 DU Plessis, Marnitz C	21	University of Stellenbosch-WP	23.89	24.29	
3 Lawson, Jason A	20	TuksSwimming-NT	23.82	24.65	
4 Venter, Fouche H	23	TuksSwimming-NT	23.48	24.78	

(Event 202 Men 50 LC Meter Freestyle)

SASSU Swimming - 2008/11/27 to 2008/11/29**Results**

Name	Age	Team	Seed Time	Finals Time
5 Stottelaar, Chris C	23	Nelson Mandela Metropolitan Un	24.67	24.79
6 Kajee, Adam	21	University of Cape Town-WP	NT	25.19
7 Lamprecht, Sarel M	25	University of Stellenbosch-WP	25.02	25.28
8 Smit, Marcel P	21	University of Stellenbosch-WP	24.82	25.34
9 Rimmer, Dean	19	University of Cape Town-WP	NT	25.56
10 Hattingh, Marius	18	TuksSwimming-NT	25.35	25.58
11 Page, Jason O	21	Nelson Mandela Metropolitan Un	24.81	25.60
12 Fergusson, Byron C	22	TuksSwimming-NT	24.29	25.75
13 Lawrence, Kyle A	21	University of Stellenbosch-WP	25.60	25.87
14 Beyleveld, Grant		University of Witwatersrand-CG	25.90	26.16
15 Jamieson, Jason	19	University of Cape Town-WP	26.74	26.24
16 Lemphane, Victor W	19	Uwc Aquatics-WP	25.97	26.48
17 Louw, Anwar	21	Uwc Aquatics-WP	25.77	26.57
*18 Brewis, Paul	23	University of Cape Town-WP	NT	26.59
*18 Kalan, Kishan	23	University of Stellenbosch-WP	26.46	26.59
20 Brown, Matt	19	University of Stellenbosch-WP	26.43	26.73
21 Emslie, Phil C	24	University of Stellenbosch-WP	26.34	26.95
22 Todd, James J	20	University of Cape Town-WP	26.60	26.96
*23 Kalan, Anesh	21	University of Cape Town-WP	27.07	26.97
*23 Noel, Gerard S	19	Uwc Aquatics-WP	NT	26.97
25 Cumming, Ryan	19	University of Cape Town-WP	NT	26.98
26 Henderson, Kevin S	21	University of Stellenbosch-WP	25.88	26.99
27 Keeve, Brain	21	University of Johannesburg	NT	27.12
28 Maarsdorp, Lyle	20	University of Cape Town-WP	26.12	27.13
29 Celliers, Daneel		North West University	NT	27.33
30 Venter, Kuno	20	University of Stellenbosch-WP	27.45	27.37
31 Gascoine, Justin	21	University of Johannesburg	NT	27.42
32 Tummon, Oisin	21	University of Cape Town-WP	NT	27.62
33 Kgame, Neo G	19	Uwc Aquatics-WP	NT	27.63
34 Davey, Cameron	20	University of Stellenbosch-WP	27.29	27.64
35 Harrington, Gareth	24	Uwc Aquatics-WP	NT	27.79
36 Simpson, Mike	19	University of Cape Town-WP	NT	27.85
37 Schmidt, Edward	21	University of Cape Town-WP	NT	27.94
38 Muller, Faffa L	19	Uwc Aquatics-WP	27.37	28.16
39 Young, Chris	19	University of Johannesburg	NT	28.23
40 Trois, Mathew	20	University of Cape Town-WP	26.02	28.24
41 George, Lyle C	20	Uwc Aquatics-WP	56.96	28.56
42 Lotz, John D	22	University of Cape Town-WP	NT	28.58
43 Kramer, James	20	University of Cape Town-WP	NT	29.05
44 Van Wyk, Julian		North West University	NT	29.07
45 Hill, Lee	19	University of Cape Town-WP	26.74	29.37
46 Beyleveld, Bradley		University of Witwatersrand-CG	26.78	29.59
47 Menya, Madoda	21	University of Johannesburg	NT	30.15
48 Klue, Jeff	23	University of Cape Town-WP	NT	30.16
49 Parker, Sean	19	University of Cape Town-WP	29.04	32.58
50 Dunne, Rowan	24	University of Cape Town-WP	29.07	33.40
51 Zondi, Joseph Z	22	University of Zululand-KZ	37.53	33.96
52 Caldis, Milton	20	University of Cape Town-WP	NT	36.52
53 Muthwa, Sifundo T	21	University of Zululand-KZ	38.09	39.76
54 Mjwara, Mfundo Nelson	22	University of Zululand-KZ	NT	41.14
55 Mthembu, Map		Mangosuthu University-LP	NT	45.18
56 Hailu, Giroum		University of Zululand-KZ	38.05	50.70

SASSU Swimming - 2008/11/27 to 2008/11/29**Results**

Name	Age	Team	Seed Time	Finals Time
57 Khwela, Sboniso	21	Mangosuthu University-LP	NT	1:03.00
--- Ndaba, Nzuzo	20	Mangosuthu University-LP	NT	DQ
--- Guzana, Siyabonga	21	University of Johannesburg	NT	DQ

Event 203 Women 200 LC Meter IM

SASSU: 2:19.29 # 2007/12/05 Suzaan Van Biljon Tuks
2:24.70 SASS

Name	Age	Team	Seed Time	Finals Time
1 Van Biljon, Suzaan	20	TuksSwimming-NT	2:15.09	2:30.23
2 Autunes, Jade	21	University of Cape Town-WP	2:32.45	2:37.52
3 Rolt, Claire C	26	TuksSwimming-NT	2:40.05	2:46.27
4 Hunter, Samatha		University of Witwatersrand-CG	2:50.77	2:57.98

Event 204 Men 400 LC Meter Freestyle

SASSU: 4:05.38 # 2007/12/05 Pieter S Swart Tuks
4:12.59 SASS

Name	Age	Team	Seed Time	Finals Time
1 Swart, Pieter S	21	TuksSwimming-NT	4:02.57	4:21.57
2 Emslie, Phil C	24	University of Stellenbosch-WP	4:53.24	4:34.66
3 Beyleveld, Grant		University of Witwatersrand-CG	4:36.64	4:37.92
4 Muller, Faffa L	19	Uwc Aquatics-WP	4:25.22	4:41.37
5 Lemphane, Victor W	19	Uwc Aquatics-WP	4:42.84	4:57.21
6 Armstrong, Rodney	23	University of Cape Town-WP	4:41.20	5:01.84
7 Dunne, Rowan	24	University of Cape Town-WP	NT	6:43.31

Event 205 Women 100 LC Meter Backstroke

SASSU: 1:07.78 # 2004/11/30 Romy Altmann MATIES
1:06.37 SASS

Name	Age	Team	Seed Time	Finals Time
1 Retief, Lize-Mari	21	TuksSwimming-NT	1:03.74	1:04.61# SASS
2 Prout, Tannith		University of Witwatersrand-CG	1:03.06	1:05.10# SASS
3 Du Plessis, Yolana N	19	TuksSwimming-NT	1:02.01	1:09.12
4 Lapham, Kirsten A	19	TuksSwimming-NT	1:10.03	1:11.26
5 Hope, Odette		North West University	NT	1:16.20
6 Shuttleworth, Lara N	19	University of Stellenbosch-WP	1:14.99	1:17.31
7 Kellerman, Lizanne		North West University	NT	1:21.71
8 Schutte, Anei		North West University	NT	1:22.39
9 Truter, Lara	22	University of Cape Town-WP	1:16.73	1:22.58
10 Roos, Kayleigh	19	University of Cape Town-WP	1:14.52	1:23.49

Event 206 Men 50 LC Meter Butterfly

SASSU: 25.49 # 2007/12/05 Fouche H Venter Tuks
25.91 SASS

Name	Age	Team	Seed Time	Finals Time
1 Kieck, Greg M	23	Nelson Mandela Metropolitan Un	25.63	25.92
2 Venter, Fouche H	23	TuksSwimming-NT	24.80	26.07
3 DU Plessis, Marnitz C	21	University of Stellenbosch-WP	26.08	26.23
4 Page, Jason O	21	Nelson Mandela Metropolitan Un	25.93	26.35
5 De Jager, Vaughan S	19	TuksSwimming-NT	26.36	27.30
6 Smit, Marcel P	21	University of Stellenbosch-WP	27.18	27.43
7 De Waal, Philip N	20	TuksSwimming-NT	26.79	27.71
8 Hattingh, Marius	18	TuksSwimming-NT	26.59	27.75
9 Lawrence, Kyle A	21	University of Stellenbosch-WP	27.52	27.80

(Event 206 Men 50 LC Meter Butterfly)

SASSU Swimming - 2008/11/27 to 2008/11/29**Results**

Name	Age	Team	Seed Time	Finals Time
10 Brown, Matt	19	University of Stellenbosch-WP	27.50	27.83
11 Lotriet, Roelof F	22	University of Stellenbosch-WP	27.19	27.97
12 Louw, Anwar	21	Uwc Aquatics-WP	26.95	28.00
13 Lemphane, Victor W	19	Uwc Aquatics-WP	27.48	28.28
14 Jamieson, Jason	19	University of Cape Town-WP	27.97	28.37
15 Noel, Gerard S	19	Uwc Aquatics-WP	27.83	29.05
16 Celliers, Daneel		North West University	NT	29.12
17 Beyleveld, Grant		University of Witwatersrand-CG	28.86	29.52
18 George, Lyle C	20	Uwc Aquatics-WP	30.15	29.67
19 Hill, Lee	19	University of Cape Town-WP	27.98	29.72
20 Venter, Kuno	20	University of Stellenbosch-WP	29.71	29.84
21 Whyte, Dean	20	University of Johannesburg	NT	30.12
22 Van Wyk, Julian		North West University	NT	30.67
23 Davey, Cameron	20	University of Stellenbosch-WP	31.25	30.68
24 Muller, Faffa L	19	Uwc Aquatics-WP	31.16	31.11

Event 207 Women 50 LC Meter Breaststroke

SASSU: 33.40 # 2007/12/06 Suzaan Van Biljon

Tuks

34.19 SASS

Name	Age	Team	Seed Time	Finals Time
1 Van Biljon, Suzaan	20	TuksSwimming-NT	32.10	34.79
2 Rolt, Claire C	26	TuksSwimming-NT	33.95	36.65
3 Vraagom, Wilechia S	18	University of Stellenbosch-WP	37.63	39.26
4 Karsten, Kalee R	19	TuksSwimming-NT	37.10	39.80
5 Joubert, Lezandre		North West University	NT	40.79
6 Corbett, Vicky	22	University of Johannesburg	NT	41.03
7 Ryder, Stacey	19	University of Cape Town-WP	33.01	41.08
8 Harvey, Catherine	19	University of Johannesburg	NT	41.84
9 Smith, Naydene	21	University of Johannesburg	NT	42.77
10 Hope, Odette		North West University	NT	43.03
11 Whitehorn, Heather	18	University of Cape Town-WP	NT	43.36
12 Marx, Rina		North West University	NT	44.47
13 Wiese, Amy	19	University of Cape Town-WP	NT	44.61

Event 208 Men 100 LC Meter Breaststroke

SASSU: 1:03.91 # 2007/12/06 William G Diering

Tuks

1:06.22 SASS

Name	Age	Team	Seed Time	Finals Time
1 Diering, William G	22	TuksSwimming-NT	1:01.96	1:06.12 SASS
2 Fergusson, Byron C	22	TuksSwimming-NT	1:03.67	1:07.71
3 Deletic, Danilo	20	University of Witwatersrand-CG	1:06.54	1:09.49
4 Henderson, Kevin S	21	University of Stellenbosch-WP	1:07.41	1:11.54
5 George, Lyle C	20	Uwc Aquatics-WP	1:10.95	1:12.19
6 Kgame, Neo G	19	Uwc Aquatics-WP	1:13.29	1:14.40
7 Maarsdorp, Lyle	20	University of Cape Town-WP	1:14.76	1:17.72
8 Whyte, Dean	20	University of Johannesburg	NT	1:18.00
9 Kalan, Anesh	21	University of Cape Town-WP	1:19.45	1:20.17
10 Lemphane, Victor W	19	Uwc Aquatics-WP	1:17.12	1:20.37
11 Lawson, Jason A	20	TuksSwimming-NT	1:09.25	1:20.90
12 Trois, Mathew	20	University of Cape Town-WP	1:17.30	1:22.58
13 Lotz, John D	22	University of Cape Town-WP	NT	1:24.12
14 Menya, Madoda	21	University of Johannesburg	NT	1:25.78

(Event 208 Men 100 LC Meter Breaststroke)

SASSU Swimming - 2008/11/27 to 2008/11/29**Results**

Name	Age	Team	Seed Time	Finals Time
15 O'Rahilly, Stephan	22	University of Cape Town-WP	NT	1:30.88
16 Rimmer, Dean	19	University of Cape Town-WP	NT	1:42.44
17 Cumming, Ryan	19	University of Cape Town-WP	NT	1:43.32
18 Dunne, Rowan	24	University of Cape Town-WP	1:25.67	1:44.49

Event 209 Women 200 LC Meter Freestyle

SASSU: 2:08.85 # 2005/12/06 Tammy H Laubscher
2:09.14 SASS

TUKS

Name	Age	Team	Seed Time	Finals Time
1 Powell, Maxine	19	TuksSwimming-NT	2:11.39	2:10.69
2 Kruse, Jana	19	TuksSwimming-NT	2:15.77	2:20.56
3 Lapham, Kirsten A	19	TuksSwimming-NT	2:12.54	2:21.03
4 Grundlingh, Marizanne M	25	University of Stellenbosch-WP	2:14.90	2:25.02
5 Joubert, Lezandre		North West University	NT	2:28.30
6 Bevan, Kelly	23	Uwc Aquatics-WP	NT	2:32.35
7 Tacon, Nicole	19	University of Cape Town-WP	NT	2:49.82
8 Truter, Lara	22	University of Cape Town-WP	2:31.96	2:49.98
9 Stone, Cara	19	University of Stellenbosch-WP	2:41.85	3:00.35

Event 210 Men 200 LC Meter IM

SASSU: 2:08.27 # 2007/12/06 Byron C Fergusson
2:10.73 SASS

Tuks

Name	Age	Team	Seed Time	Finals Time
1 Stottelaar, Chris C	23	Nelson Mandela Metropolitan Un	2:06.23	2:11.35
2 Diering, William G	22	TuksSwimming-NT	2:05.13	2:15.70
3 De Waal, Philip N	20	TuksSwimming-NT	2:12.12	2:15.83
4 Lotriet, Bernhard P	20	University of Stellenbosch-WP	2:09.62	2:18.52
5 Swart, Pieter S	21	TuksSwimming-NT	2:12.97	2:21.62
6 Fergusson, Byron C	22	TuksSwimming-NT	2:04.02	2:25.62
7 Emslie, Phil C	24	University of Stellenbosch-WP	2:23.60	2:27.33
8 Lemphane, Victor W	19	Uwc Aquatics-WP	2:23.59	2:33.61
9 George, Lyle C	20	Uwc Aquatics-WP	2:23.07	2:34.37
10 Maarsdorp, Lyle	20	University of Cape Town-WP	2:29.45	2:38.22
11 Celliers, Daneel		North West University	NT	2:39.29
12 Menya, Madoda	21	University of Johannesburg	NT	3:13.49
--- Van Wyk, Julian		North West University	NT	DQ

Event 211 Women 50 LC Meter Butterfly

SASSU: 26.70 # 2007/12/06 Lize-Mari Retief
28.87 SASS

Tuks

Name	Age	Team	Seed Time	Finals Time
1 Retief, Lize-Mari	21	TuksSwimming-NT	26.36	28.28 SASS
2 Du Plessis, Yolana N	19	TuksSwimming-NT	29.19	30.63
3 Powell, Maxine	19	TuksSwimming-NT	30.99	31.12
4 Kruse, Jana	19	TuksSwimming-NT	30.36	31.73
5 Autunes, Jade	21	University of Cape Town-WP	31.99	31.78
6 Shuttleworth, Lara N	19	University of Stellenbosch-WP	32.58	31.94
7 Bullock, Celeste	21	University of Stellenbosch-WP	31.67	32.60
8 Karsten, Kalee R	19	TuksSwimming-NT	31.27	32.73
9 Joubert, Lezandre		North West University	NT	32.79
10 Mohr, Simone	21	TuksSwimming-NT	31.70	32.90
11 Hope, Odette		North West University	NT	32.95

(Event 211 Women 50 LC Meter Butterfly)

SASSU Swimming - 2008/11/27 to 2008/11/29**Results**

	Name	Age Team	Seed Time	Finals Time
12	Smith, Naydene	21 University of Johannesburg	NT	32.99
13	Kellerman, Lizanne	North West University	NT	34.12
14	Harding, Kelly	20 University of Cape Town-WP	32.57	34.23
15	Marx, Rina	North West University	NT	34.41
16	Kay, Kim	19 University of Cape Town-WP	NT	34.56
17	Haiden, Sarah	19 University of Cape Town-WP	32.16	34.76
18	Vraagom, Wilechia S	18 University of Stellenbosch-WP	32.28	35.33
19	Tacon, Nicole	19 University of Cape Town-WP	36.83	37.28
20	Harvey, Catherine	19 University of Johannesburg	NT	37.67
21	Hunter, Samatha	University of Witwatersrand-CG	33.40	38.95
22	Kruger, Joretha	North West University	NT	41.09

Event 212 Men 50 LC Meter Backstroke

SASSU: 27.24 # 2007/12/06 Chris King
27.67 SASS

UCT

	Name	Age Team	Seed Time	Finals Time
1	Page, Jason O	21 Nelson Mandela Metropolitan Un	27.32	28.80
2	Kieck, Greg M	23 Nelson Mandela Metropolitan Un	28.97	29.34
3	De Jager, Vaughan S	19 TuksSwimming-NT	27.97	29.67
4	Todd, James J	20 University of Cape Town-WP	29.18	30.05
5	Celliers, Daneel	North West University	NT	30.77
6	Forester, Warren	19 University of Johannesburg	NT	31.33
7	Hill, Lee	19 University of Cape Town-WP	31.04	31.70
8	Lawson, Jason A	20 TuksSwimming-NT	29.94	32.97
9	Lemphane, Victor W	19 Uwc Aquatics-WP	NT	33.51
10	Venter, Kuno	20 University of Stellenbosch-WP	33.03	33.55
11	Davey, Cameron	20 University of Stellenbosch-WP	NT	36.17
12	Beyleveld, Bradley	University of Witwatersrand-CG	39.01	37.99
13	Dunne, Rowan	24 University of Cape Town-WP	38.95	51.99
14	Parker, Sean	19 University of Cape Town-WP	35.68	56.14

Event 213 Women 800 LC Meter Freestyle

SASSU: 9:16.40 # 2006/11/28 Velia Jv Rensburg
9:12.46 SASS

NMMU

	Name	Age Team	Seed Time	Finals Time
1	Joubert, Lezandre	North West University	NT	11:17.18
2	Schutte, Anei	North West University	NT	11:55.03

Event 214 Men 200 LC Meter Medley Relay

SASSU: 1:47.64 # 2007/12/05 Nelson Mandela Metropolitan Un
J Page, C Stottelaar, G Kieck, R Kroch

NMMU-

	Team	Relay	Seed Time	Finals Time
1	TuksSwimming-NT	A	1:44.96	1:49.98
	1) De Jager, Vaughan S 19	2) Diering, William G 22	3) Venter, Fouche H 23	4) Lawson, Jason A 20
2	TuksSwimming-NT	B	1:49.80	1:52.24
	1) Hattingh, Marius 18	2) Fergusson, Byron C 22	3) De Waal, Philip N 20	4) Swart, Pieter S 21
3	University of Stellenbosch	A	1:54.73	1:53.41
	1) Lamprecht, Sarel M 25	2) Henderson, Kevin S 21	3) DU Plessis, Marnitz C 21	4) Smit, Marcel P 21
4	University of Stellenbosch	B	1:58.51	1:58.28
	1) Venter, Kuno 20	2) Lotriet, Bernhard P 20	3) Lotriet, Roelof F 22	4) Lawrence, Kyle A 21
5	University of Cape Town	A	NT	1:58.78
	1) Todd, James J 20	2) Kalan, Anesh 21	3) Jamieson, Jason 19	4) Kajee, Adam 21

(Event 214 Men 200 LC Meter Medley Relay)

SASSU Swimming - 2008/11/27 to 2008/11/29**Results**

Team	Relay	Seed Time	Finals Time
6 Uwc Aquatics-WP	A	2:02.89	2:01.70
1) Lemphane, Victor W 19	2) Kgame, Neo G 19	3) Harrington, Gareth 24	4) Louw, Anwar 21
7 University of Stellenbosch	C	NT	2:03.47
1) Kalan, Kishan 23	2) Emslie, Phil C 24	3) Brown, Matt 19	4) Davey, Cameron 20
8 University of Cape Town	B	NT	2:04.52
1) Hill, Lee 19	2) Jacobs, Hugh 21	3) Armstrong, Rodney 23	4) Trois, Mathew 20

Event 215 Women 200 LC Meter Medley Relay

SASSU: 2:01.07 # 2007/12/05 TuksSwimming Tuks

S Meurer, S Van Biljon, L Retief, T Laubscher

Team	Relay	Seed Time	Finals Time
1 TuksSwimming-NT	A	1:54.85	2:03.85
1) Du Plessis, Yolana N 19	2) Van Biljon, Suzaan 20	3) Retief, Lize-Mari 21	4) Kruse, Jana 19
2 University of Stellenbosch	A	2:11.60	2:13.06
1) Shuttleworth, Lara N 19	2) Vraagom, Wilechia S 18	3) Bullock, Celeste 21	4) Burger, Liezl 21
3 TuksSwimming-NT	B	2:08.11	2:14.14
1) Lapham, Kirsten A 19	2) Karsten, Kalee R 19	3) Powell, Maxine 19	4) Mohr, Simone 21
4 North West University	A	2:15.98	2:21.41
1) Hope, Odette	2) Joubert, Lezandre	3) Kellerman, Lizanne	4) Marx, Rina
5 University of Cape Town	A	NT	2:22.56
1) Harding, Kelly 20	2) Ryder, Stacey 19	3) Autunes, Jade 21	4) Roos, Kayleigh 19
6 University of Cape Town	B	NT	2:28.81
1) Truter, Lara 22	2) Wiese, Amy 19	3) Haiden, Sarah 19	4) Whitehorn, Heather 18
7 Nelson Mandela	A	NT	2:29.31
1) Norman, Christine	2) Kowdrski, Lana	3) Cowie, Faye	4) Houzet, Roxy

Event 301 Men 200 LC Meter ButterflySASSU: 2:07.10 # 2007/12/05 Philip N De Waal Tuks
2:06.75 SASS

Name	Age Team	Seed Time	Finals Time
1 Hattingh, Marius	18 TuksSwimming-NT	2:05.06	2:12.39
2 Lemphane, Victor W	19 Uwc Aquatics-WP	2:16.65	2:13.55
3 De Waal, Philip N	20 TuksSwimming-NT	2:07.10	2:14.83
4 Croeser, Brett M	20 University of Stellenbosch-WP	2:21.62	2:24.02

Event 302 Women 200 LC Meter BackstrokeSASSU: 2:27.85 # 2007/12/05 Sabrina Meurer Tuks
2:21.35 SASS

Name	Age Team	Seed Time	Finals Time
1 Prout, Tannith	University of Witwatersrand-CG	2:15.77	2:24.19#
2 Lapham, Kirsten A	19 TuksSwimming-NT	2:28.10	2:32.36
3 Truter, Lara	22 University of Cape Town-WP	3:03.56	2:56.18
4 Roos, Kayleigh	19 University of Cape Town-WP	2:50.01	2:59.16

Event 303 Men 200 LC Meter BackstrokeSASSU: 2:12.75 # 2005/12/07 Chris R King UCT
2:08.46 SASS

Name	Age Team	Seed Time	Finals Time
1 Todd, James J	20 University of Cape Town-WP	NT	2:24.33
2 Louw, Anwar	21 Uwc Aquatics-WP	NT	2:30.46
3 Celliers, Daneel	North West University	NT	2:34.31
4 Venter, Kuno	20 University of Stellenbosch-WP	2:28.91	2:35.05
5 Lemphane, Victor W	19 Uwc Aquatics-WP	2:27.68	2:45.76

SASSU Swimming - 2008/11/27 to 2008/11/29**Results****Event 304 Women 100 LC Meter Butterfly**

SASSU: 59.17 # 2007/12/05 Lize-Mari Retief
1:03.46 SASS

Tuks

Name	Age	Team	Seed Time	Finals Time
1 Retief, Lize-Mari	21	TuksSwimming-NT	57.92	1:04.22
2 Autunes, Jade	21	University of Cape Town-WP	1:07.34	1:07.02
3 Powell, Maxine	19	TuksSwimming-NT	1:08.78	1:08.40
4 Prout, Tannith		University of Witwatersrand-CG	1:08.13	1:12.87
5 Kellerman, Lizanne		North West University	NT	1:14.59
6 Mohr, Simone	21	TuksSwimming-NT	1:11.25	1:14.61
7 Hope, Odette		North West University	NT	1:15.17
8 Karsten, Kalee R	19	TuksSwimming-NT	1:10.07	1:16.32
9 Haiden, Sarah	19	University of Cape Town-WP	1:10.43	1:20.37

Event 305 Men 200 LC Meter Breaststroke

SASSU: 2:14.80 # 2007/12/05 William G Diering
2:23.37 SASS

Tuks

Name	Age	Team	Seed Time	Finals Time
1 Diering, William G	22	TuksSwimming-NT	2:10.21	2:29.59
2 Fergusson, Byron C	22	TuksSwimming-NT	2:16.80	2:30.51
3 Deletic, Danilo	20	University of Witwatersrand-CG	2:25.02	2:34.10
4 Henderson, Kevin S	21	University of Stellenbosch-WP	2:25.43	2:35.74
5 George, Lyle C	20	Uwc Aquatics-WP	2:32.27	2:40.66
6 Lemphane, Victor W	19	Uwc Aquatics-WP	NT	2:52.70
7 Maarsdorp, Lyle	20	University of Cape Town-WP	2:32.05	2:58.48
8 Jacobs, Hugh	21	University of Cape Town-WP	2:39.99	3:02.74
9 Kalan, Anesh	21	University of Cape Town-WP	2:55.42	3:29.65

Event 306 Women 100 LC Meter Breaststroke

SASSU: 1:10.71 # 2007/12/05 Suzaan Van Biljon
1:13.78 SASS

Tuks

Name	Age	Team	Seed Time	Finals Time
1 Van Biljon, Suzaan	20	TuksSwimming-NT	1:07.36	1:14.80
2 Karsten, Kalee R	19	TuksSwimming-NT	1:22.30	1:27.11

Event 307 Men 100 LC Meter Freestyle

SASSU: 51.83 # 2006/11/29 Greg M Kieck
53.17 SASS

NMMU

Name	Age	Team	Seed Time	Finals Time
1 Kieck, Greg M	23	Nelson Mandela Metropolitan Un	51.25	51.86 SASS
2 DU Plessis, Marnitz C	21	University of Stellenbosch-WP	52.43	52.46 SASS
3 Venter, Fouche H	23	TuksSwimming-NT	51.01	53.41
4 Stottelaar, Chris C	23	Nelson Mandela Metropolitan Un	52.98	53.44
5 Lotriet, Bernhard P	20	University of Stellenbosch-WP	53.57	54.17
6 Lawson, Jason A	20	TuksSwimming-NT	53.15	54.28
7 Smit, Marcel P	21	University of Stellenbosch-WP	53.86	54.44
8 Page, Jason O	21	Nelson Mandela Metropolitan Un	55.19	54.50
9 Lawrence, Kyle A	21	University of Stellenbosch-WP	55.25	57.26
10 Beyleveld, Grant		University of Witwatersrand-CG	55.11	57.36
11 Lotriet, Roelof F	22	University of Stellenbosch-WP	56.23	57.40
12 De Jager, Vaughan S	19	TuksSwimming-NT	54.62	57.43
13 Jamieson, Jason	19	University of Cape Town-WP	57.62	57.69
14 Emslie, Phil C	24	University of Stellenbosch-WP	1:05.55	58.43
15 Kalan, Kishan	23	University of Stellenbosch-WP	59.77	58.54

(Event 307 Men 100 LC Meter Freestyle)

SASSU Swimming - 2008/11/27 to 2008/11/29**Results**

Name	Age Team	Seed Time	Finals Time
16 Lemphane, Victor W	19 Uwc Aquatics-WP	56.52	58.56
17 Celliers, Daneel	North West University	NT	59.21
18 Lamprecht, Sarel M	25 University of Stellenbosch-WP	57.77	59.28
19 Noel, Gerard S	19 Uwc Aquatics-WP	59.77	1:00.09
20 Armstrong, Rodney	23 University of Cape Town-WP	1:02.15	1:00.46
21 Venter, Kuno	20 University of Stellenbosch-WP	1:00.52	1:00.57
22 Maarsdorp, Lyle	20 University of Cape Town-WP	56.10	1:01.00
23 Kalan, Anesh	21 University of Cape Town-WP	1:00.16	1:02.36
24 Trois, Mathew	20 University of Cape Town-WP	56.73	1:02.38
25 Todd, James J	20 University of Cape Town-WP	NT	1:02.75
26 Harrington, Gareth	24 Uwc Aquatics-WP	NT	1:02.92
27 Van Wyk, Julian	North West University	NT	1:02.95
28 Hattingh, Marius	18 TuksSwimming-NT	53.32	1:03.61
29 Hill, Lee	19 University of Cape Town-WP	57.63	1:05.56
30 Louw, Anwar	21 Uwc Aquatics-WP	58.99	1:07.58
31 Jacobs, Hugh	21 University of Cape Town-WP	58.99	1:10.29
32 Kgame, Neo G	19 Uwc Aquatics-WP	NT	1:13.25
33 Parker, Sean	19 University of Cape Town-WP	1:05.34	1:15.78

Event 308 Women 400 LC Meter Freestyle

SASSU: 4:30.97 # 2005/12/07 Tammy H Laubscher
4:30.42 SASS

TUKS

Name	Age Team	Seed Time	Finals Time
1 Powell, Maxine	19 TuksSwimming-NT	4:40.60	4:38.40
2 Lapham, Kirsten A	19 TuksSwimming-NT	4:38.97	4:57.89
3 Harding, Kelly	20 University of Cape Town-WP	4:40.26	5:41.69
4 Roos, Kayleigh	19 University of Cape Town-WP	5:03.27	5:50.31
5 Haiden, Sarah	19 University of Cape Town-WP	5:05.34	5:50.40
6 Tacon, Nicole	19 University of Cape Town-WP	NT	5:51.21
7 Truter, Lara	22 University of Cape Town-WP	5:13.74	5:57.85

Event 309 Men 1500 LC Meter Freestyle

SASSU: 16:18.39 # 2007/12/06 Pieter S Swart
16:18.55 SASS

Tuks

Name	Age Team	Seed Time	Finals Time
1 Swart, Pieter S	21 TuksSwimming-NT	16:02.51	17:23.99
2 Dunne, Rowan	24 University of Cape Town-WP	NT	27:31.37
--- Simpson, Mike	19 University of Cape Town-WP	NT	DQ

Event 310 Women 200 LC Meter Freestyle Relay

SASSU: 1:50.84 # 2007/12/06 TuksSwimming
S Meurer, S Van Biljon, L Retief, T Laubscher

Tuks

Team	Relay	Seed Time	Finals Time
1 TuksSwimming-NT	A	1:48.19	1:52.38
1) Kruse, Jana 19	2) Van Biljon, Suzaan 20	3) Retief, Lize-Mari 21	4) Powell, Maxine 19
2 University of Stellenbosch	A	1:54.83	1:57.61
1) Burger, Liezl 21	2) Vraagom, Wilechia S 18	3) Bullock, Celeste 21	4) Grundlingh, Marizanne M
3 TuksSwimming-NT	B	1:59.58	2:01.57
1) Mohr, Simone 21	2) Karsten, Kalee R 19	3) Lapham, Kirsten A 19	4) Rolt, Claire C 26
4 University of	A	2:01.10	2:03.16
5 North West University	A	2:11.31	2:07.01
1) Hope, Odette	2) Kellerman, Lizanne	3) Schutte, Anei	4) Marx, Rina

(Event 310 Women 200 LC Meter Freestyle Relay)

SASSU Swimming - 2008/11/27 to 2008/11/29**Results**

Team	Relay	Seed Time	Finals Time
6 Nelson Mandela	A	NT	2:08.89
1) Cowie, Faye	2) Norman, Christine	3) Houzet, Roxy	4) Lopes, Stacey
7 University of Cape Town	A	NT	2:09.17
1) Autunes, Jade 21	2) Truter, Lara 22	3) Tacon, Nicole 19	4) Haiden, Sarah 19

Event 311 Men 200 LC Meter Freestyle Relay

SASSU: 1:36.15 # 2005/12/07 Nelson Mandela Metropolitan U NMMU

Team	Relay	Seed Time	Finals Time
1 TuksSwimming-NT	A	1:36.53	1:37.93
1) Lawson, Jason A 20	2) Diering, William G 22	3) Hattingh, Marius 18	4) De Waal, Philip N 20
2 University of Stellenbosch	A	1:39.33	1:38.05
1) DU Plessis, Marnitz C 21	2) Smit, Marcel P 21	3) Lawrence, Kyle A 21	4) Lamprecht, Sarel M 25
3 TuksSwimming-NT	B	1:40.32	1:39.62
1) Venter, Fouche H 23	2) Fergusson, Byron C 22	3) Swart, Pieter S 21	4) De Jager, Vaughan S 19
4 University of Stellenbosch	B	1:44.49	1:43.29
1) Emslie, Phil C 24	2) Lotriet, Bernhard P 20	3) Kalan, Kishan 23	4) Lotriet, Roelof F 22
5 Uwc Aquatics-WP	A	1:50.09	1:44.45
1) Noel, Gerard S 19	2) Louw, Anwar 21	3) Lemphane, Victor W 19	4) Harrington, Gareth 24
6 University of	A	1:52.01	1:46.77
7 University of Cape Town	A	NT	1:47.55
1) Jamieson, Jason 19	2) Kalan, Anesh 21	3) Todd, James J 20	4) Trois, Mathew 20
8 University of Stellenbosch	C	NT	1:47.81
1) Henderson, Kevin S 21	2) Croeser, Brett M 20	3) Davey, Cameron 20	4) Venter, Kuno 20
9 University of Cape Town	B	NT	1:49.23
1) Armstrong, Rodney 23	2) Hill, Lee 19	3) Maarsdorp, Lyle 20	4) Jacobs, Hugh 21