

USSU Swimming Championships 2009 - 2009/12/01 to 2009/12/03

Results

Event 101 Men 50 LC Meter Breaststroke

SASSU: 29.54 # 2007/12/05 William G Diering

30.28 SASS

Name	Age	Team	Finals Time
1 Diering, William G	23	TUKS-NT	28.92# SASS
2 Oliver, Ashley K	21	MATI-WP	29.54# SASS
3 Finch, Doyle R	19	UWCA-WP	31.88
4 Kgame, Neo G	20	UWCA-WP	32.64
5 Van Wyk, Johan J	20	MATI-WP	33.14
6 Hugo, Rhys	19	NMMU-EP	33.43
7 Lemphane, Victor W	20	UWCA-WP	34.56
8 Alexander, Matthew A	19	UCTA-WP	35.57
9 Lawrence, Kyle A	22	MATI-WP	35.65
10 Smit, Marcel P	22	MATI-WP	35.75
11 Trisos, Matthew O	21	UCTA-WP	35.81
12 Coetzee, Kaylem P	22	UCTA-WP	36.50
13 Baines, Daniel P	21	RHODE-EP	36.71
14 Ridlley, Andrew	23	UCTA-WP	37.99
15 Warren, Dillon K	21	RHODE-EP	38.40
16 Msikinya, Themba		CPUT-WP	42.52
17 Gumede, Mlm		MUT-KZ	54.36

Event 102 Women 50 LC Meter Backstroke

SASSU: 29.47 # 2008/11/27 Lize-Mari Retief

31.37 SASS

Name	Age	Team	Finals Time
1 Lapham, Kirsten A	20	TUKS-NT	33.00
2 Neethling, Jean-Marie	19	KOVSIF-S	33.31
3 Plumstead, Keri	19	NMMU-EP	33.44
4 Jardine, Ziada	25	UWCA-WP	34.77
5 Roe, Amber	19	MATI-WP	34.87
6 Antunes, Jade C	22	UCTA-WP	35.52
7 Murry, Sam J	19	UCTA-WP	35.55
8 Cummings, Leigh F	22	RHODE-EP	37.27
9 Roos, Kayleigh	43	UCTA-WP	38.58
10 Van Breda, Keelyn R	19	UCTA-WP	39.17
11 Tacon, Nicole J	20	UCTA-WP	39.88
12 Haiden, Sarah A	20	UCTA-WP	40.67

Event 103 Men 100 LC Meter Backstroke

SASSU: 58.54 # 2006/11/27 Chris R King

59.37 SASS

Name	Age	Team	Finals Time
1 Page, Jason	23	NMMU-EP	1:01.94
2 Wilken, Jurie J	19	TUKS-NT	1:03.90
3 De Vry, Gareth	19	NMMU-EP	1:05.26
4 Wiehahn, Wesley	19	NMMU-EP	1:07.28
5 DU Plessis, Marnitz C	22	MATI-WP	1:09.86
6 Hill, Lee	20	UCTA-WP	1:10.98
7 Muller, Faffa L	20	UWCA-WP	1:12.91
8 Muller, Hugh M	19	MATI-WP	1:15.10
9 Lemphane, Victor W	20	UWCA-WP	1:19.93
10 Smit, Rouen V	19	UCTA-WP	1:20.90

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Event 104 Women 200 LC Meter Breaststroke

SASSU: 2:30.43 # 2007/12/06 Suzaan Van Biljon

2:38.36 SASS

Name	Age	Team	Finals Time
1 Neethling, Jean-Marie	19	KOVSI-FS	2:45.85
	1:21.60	1:24.25	
2 Heard, Maxine L	18	TUKS-NT	2:46.38
	1:20.34	1:26.04	
3 Plumstead, Keri	19	NMMU-EP	3:02.16
	1:26.92	1:35.24	
4 Jones, Nicole	21	UCTA-WP	3:08.32
	1:30.42	1:37.90	
5 Thompson, Nicola C	20	UCTA-WP	3:09.71
	1:29.65	1:40.06	

Event 105 Men 100 LC Meter Butterfly

SASSU: 56.35 # 2005/12/05 Fouche H Venter

56.94 SASS

Name	Age	Team	Finals Time
1 Venter, Fouche H	24	TUKS-NT	55.80# SASS
2 Kieck, Greg	24	NMMU-EP	57.18
3 Myburgh, Aaron J	19	MATI-WP	57.93
4 Lemphane, Victor W	20	UWCA-WP	1:03.10
5 Croeser, Brett M	21	MATI-WP	1:03.21
6 Lotriet, Alain	19	MATI-WP	1:03.33
7 Kemp, Matthew	19	NMMU-EP	1:03.49
8 Muller, Faffa L	20	UWCA-WP	1:07.08
9 Alexander, Matthew A	19	UCTA-WP	1:07.65
10 Brown, Matt	20	MATI-WP	1:09.64
11 Mbalekwa, George L	20	NMMU-EP	1:11.57

Event 106 Women 200 LC Meter Butterfly

SASSU: 2:19.89 # 2005/12/05 Charne Gehring

2:19.38 SASS

Name	Age	Team	Finals Time
1 Faulmann, Shelley K	18	UWCA-WP	2:45.81
	1:16.03	1:29.78	

Event 107 Men 200 LC Meter Freestyle

SASSU: 1:56.93 # 2007/12/06 Greg M Kieck

1:56.62 SASS

Name	Age	Team	Finals Time
1 DU Plessis, Marnitz C	22	MATI-WP	1:57.71
	56.15	1:01.56	
2 Hattingh, Marius	19	TUKS-NT	2:01.56
	57.34	1:04.22	
3 Lotriet, Bernhard P	21	MATI-WP	2:03.91
	59.00	1:04.91	
4 Kieck, Greg	24	NMMU-EP	2:06.16
	1:00.10	1:06.06	
5 De Vry, Gareth	19	NMMU-EP	2:10.51
	1:03.38	1:07.13	
6 Ridlley, Andrew	23	UCTA-WP	2:13.51
	1:02.84	1:10.67	
7 Dahms, Heinrich T	20	MATI-WP	2:15.89
	1:04.84	1:11.05	
8 Pollock, Grant	19	UCTA-WP	2:17.88
	1:02.32	1:15.56	

(Event 107 Men 200 LC Meter Freestyle)

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Name	Age	Team	Finals Time
9 Muller, Faffa L	20	UWCA-WP	2:19.20
			1:04.71 1:14.49
10 Middelhoven, Mark J	23	UCTA-WP	2:21.10
			1:07.85 1:13.25
11 Trisos, Matthew O	21	UCTA-WP	2:28.55
			1:06.55 1:22.00
12 Lemphane, Victor W	20	UWCA-WP	2:29.52
			1:10.34 1:19.18
13 Smit, Rouen V	19	UCTA-WP	2:29.82
			1:08.14 1:21.68
14 Msikinya, Themba		CPUT-WP	2:50.22
			1:17.45 1:32.77
--- Coetzee, Kaylem P	22	UCTA-WP	DQ
			1:05.16 1:21.96
--- Parker, Sean	21	UCTA-WP	DQ

Event 108 Women 100 LC Meter Freestyle

SASSU: 57.20 # 2007/12/06 Lize-Mari Retief

59.45 SASS

Name	Age	Team	Finals Time
1 Burger, Liezl	22	MATI-WP	59.87
2 Lapham, Kirsten A	20	TUKS-NT	1:02.27
3 Neethling, Jean-Marie	19	KOVSIF-S	1:02.31
4 Antunes, Jade C	22	UCTA-WP	1:02.52
5 Wagner, Larelle	20	UWCA-WP	1:05.90
6 Jardine, Ziada	25	UWCA-WP	1:06.05
7 Murry, Sam J	19	UCTA-WP	1:06.53
8 Vraagom, Wilechia S	19	MATI-WP	1:06.87
9 Ercolano, Pina N	19	TUKS-NT	1:07.86
10 Faulmann, Shelley K	18	UWCA-WP	1:08.51
11 Hunter, Samantha		WITS-CG	1:08.90
12 Barrett, Laura M	23	UCTA-WP	1:10.13
13 Van Breda, Keelyn R	19	UCTA-WP	1:10.25
14 Haiden, Sarah A	20	UCTA-WP	1:14.44
15 Crawford, Catherine		UCTA-WP	1:14.66
16 Tacon, Nicole J	20	UCTA-WP	1:16.63
17 Roos, Kayleigh	43	UCTA-WP	1:16.69
18 Thompson, Nicola C	20	UCTA-WP	1:17.77

Event 109 Men 400 LC Meter IM

SASSU: 4:40.54 # 2007/12/05 Byron C Fergusson

4:37.62 SASS

Name	Age	Team	Finals Time
1 De Waal, Philip N	21	TUKS-NT	4:46.26
			1:01.28 1:16.12 1:21.81 1:07.05
2 Lemphane, Victor W	20	UWCA-WP	5:23.23
			1:10.52 1:23.43 1:35.26 1:14.02

Event 110 Women 400 LC Meter IM

SASSU: 5:07.14 # 2005/12/05 Erna Wedemeyer

5:03.64 SASS

Name	Age	Team	Finals Time
1 Van Heerden, Karlien	19	TUKS-NT	5:14.24

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Event 111 Men 400 LC Meter Freestyle Relay

SASSU: 3:32.58 # 2007/12/06 Nelson Mandela

R Kroch, C Stottelaar, J Page, G Kieck

Team	Relay	Finals Time
1 TUKS-NT	A	3:34.19
1) Lawson, Jason A 21	2) Venter, Fouche H 24	
3) Wilken, Jurie J 19	4) Diering, William G 23	
54.26 52.69	53.91 53.33	
2 MATI-WP	A	3:38.34
1) Oliver, Ashley K 21	2) Smit, Marcel P 22	
3) Myburgh, Aaron J 19	4) DU Plessis, Marnitz C 22	
54.32 54.79	56.21 53.02	
3 NMMU-EP	A	3:49.32
1) Page, Jason 23	2) De Vry, Gareth 19	
3) Mbalekwa, George L 20	4) Kieck, Greg 24	
55.40 59.17	59.17 55.58	
4 MATI-WP	B	3:51.78
1) Lawrence, Kyle A 22	2) Lotriet, Bernhard P 21	
3) Muller, Hugh M 19	4) Lotriet, Alain 19	
57.16 56.41	1:00.21 58.00	
5 UCTA-WP	A	4:08.90
1) Riddley, Andrew 23	2) Alexander, Matthew A 19	
3) Coetzee, Kaylem P 22	4) Pollock, Grant 19	
1:00.60 1:03.12	1:03.65 1:01.53	
6 NMMU-EP	B	4:09.16
1) Wiehahn, Wesley 19	2) Kemp, Matthew 19	
3) Hugo, Rhys 19	4) Offerman, S	
1:04.09 1:02.92	1:02.13 1:00.02	
7 RHODE-EP	A	4:15.84
1:00.80 1:03.18	1:04.82 1:07.04	
8 UCTA-WP	B	4:24.19
1) Hill, Lee 20	2) Middelhoven, Mark J 23	
3) Smit, Rouen V 19	4) Trisos, Matthew O 21	
1:06.68 1:02.13	1:07.59 1:07.79	

Event 112 Women 400 LC Meter Freestyle Relay

SASSU: 4:01.11 # 2007/12/06 TuksSwimming

T Laubscher, S Van Biljon, L Retief, S Meurer

Team	Relay	Finals Time
1 TUKS-NT	A	4:14.33
1) Van Heerden, Karlien 19	2) Lapham, Kirsten A 20	
3) Ercolano, Pina N 19	4) Heard, Maxine L 18	
1:01.26 1:01.64	1:07.33 1:04.10	
2 MATI-WP	A	4:31.63
1) Burger, Liezl 22	2) Roe, Amber 19	
3) Vraagom, Wilechia S 19	4) Rabie, Mari 23	
1:10.08 1:02.02	1:08.31 1:11.22	
3 UCTA-WP	A	4:39.88
1) Antunes, Jade C 22	2) Haiden, Sarah A 20	
3) Van Breda, Keelyn R 19	4) Murry, Sam J 19	
1:03.92 1:14.60	1:11.13 1:10.23	
4 NMMU-EP	A	4:57.09
1) Shaw, Louisa 19	2) Pistili, D	
3) Plumstead, Keri 19	4) Shaw, M	
1:16.93 1:19.61	1:17.79 1:02.76	

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Team	Relay	Finals Time
5 UCTA-WP	B	5:07.48
1) Barrett, Laura M 23	2) Tacon, Nicole J 20	
3) Roos, Kayleigh 43	4) Jones, Nicole 21	
2:29.05	1:18.51	1:19.92

Event 201 Women 50 LC Meter Freestyle

SASSU: 26.09 # 2007/12/05 Lize-Mari Retief
27.09 SASS

Name	Age	Team	Finals Time
1 Burger, Liezl	22	MATI-WP	27.99
2 Neethling, Jean-Marie	19	KOVSI-FS	28.09
3 Plumstead, Keri	19	NMMU-EP	28.43
4 Ercolano, Pina N	19	TUKS-NT	29.19
5 Antunes, Jade C	22	UCTA-WP	29.36
6 Jardine, Ziada	25	UWCA-WP	29.74
7 Murry, Sam J	19	UCTA-WP	30.07
8 Roe, Amber	19	MATI-WP	30.14
*9 Beaumont, Pippa Lee	22	UCTA-WP	30.71
*9 Faulmann, Shelley K	18	UWCA-WP	30.71
11 Jordaan, Wilmien W	22	UCTA-WP	31.18
12 Hunter, Samantha		WITS-CG	31.25
13 Whitehorn, Heather R	19	UCTA-WP	31.58
14 Vraagom, Wilechia S	19	MATI-WP	31.71
15 van der Merwe, Melissa	19	NMMU-EP	31.90
16 Barrett, Laura M	23	UCTA-WP	32.39
17 Beaumont, Cary-Ann	19	UCTA-WP	32.65
18 Haiden, Sarah A	20	UCTA-WP	33.23
19 Van Breda, Keelyn R	19	UCTA-WP	33.44
20 Crawford, Catherine		UCTA-WP	33.59
21 Weston, Megan A	19	UCTA-WP	33.64
22 Thompson, Nicola C	20	UCTA-WP	33.80
23 Tacon, Nicole J	20	UCTA-WP	33.86
24 Shaw, Louisa	19	NMMU-EP	34.77
25 Mtinkulu, Awongiwe	19	UCTA-WP	35.41
26 Jones, Nicole	21	UCTA-WP	35.64
27 Mnyaweni, Sd		MUT-KZ	1:00.97

Event 202 Men 50 LC Meter Freestyle

SASSU: 23.66 # 2007/12/06 Greg M Kieck
24.08 SASS

Name	Age	Team	Finals Time
1 Lawson, Jason A	21	TUKS-NT	23.67 SASS
2 Kieck, Greg	24	NMMU-EP	23.80 SASS
3 DU Plessis, Marnitz C	22	MATI-WP	24.37
4 Myburgh, Aaron J	19	MATI-WP	24.64
5 Wilken, Jurie J	19	TUKS-NT	24.71
6 Page, Jason	23	NMMU-EP	25.48
7 Steenkamp, Vernon V	23	MATI-WP	25.49
8 Smit, Marcel P	22	MATI-WP	25.62
9 Lawrence, Kyle A	22	MATI-WP	25.63
10 Lotriet, Alain	19	MATI-WP	26.09
11 Ridlley, Andrew	23	UCTA-WP	26.11
12 Lemphane, Victor W	20	UWCA-WP	26.33
13 Wiehahn, Wesley	19	NMMU-EP	26.48
14 Van Wyk, Johan J	20	MATI-WP	26.66
15 Kgame, Neo G	20	UWCA-WP	26.72

16 Alexander, Matthew A 19 UCTA-WP 26.88

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17 De Vry, Gareth	19 NMMU-EP	26.97
18 Pollock, Grant	19 UCTA-WP	27.04
19 Mbalekwa, George L	20 NMMU-EP	27.12
20 Brown, Matt	20 MATI-WP	27.15
21 Hugo, Rhys	19 NMMU-EP	27.41
22 Muller, Hugh M	19 MATI-WP	27.49
*23 Coetzee, Kaylem P	22 UCTA-WP	27.50
*23 Middelhoven, Mark J	23 UCTA-WP	27.50
25 Croeser, Brett M	21 MATI-WP	27.53
26 Legrand, Luca F	21 RHODE-EP	27.56
27 Mdluli, NG	MUT-KZ	27.81
28 Trisos, Matthew O	21 UCTA-WP	27.88
29 Baines, Daniel P	21 RHODE-EP	28.03
30 Finch, Doyle R	19 UWCA-WP	28.88
31 Koekemoer, Jonathan	RHODE-EP	29.52
32 Msikinya, Themba	CPUT-WP	31.31
33 Parker, Sean	21 UCTA-WP	33.10
34 Gumede, MIm	MUT-KZ	35.51
35 Mthembu, Map	MUT-KZ	45.22

Event 203 Women 200 LC Meter IM

SASSU: 2:19.29 # 2007/12/05 Suzaan Van Biljon

2:24.70 SASS

Name	Age	Team	Finals Time	
1 Neethling, Jean-Marie	19	KOVSI-FS	2:23.41	SASS
1:08.29	1:15.12			
2 Van Heerden, Karlien	19	TUKS-NT	2:25.64	
1:09.21	1:16.43			
3 Wagner, Larelle	20	UWCA-WP	2:39.14	
1:15.88	1:23.26			
4 Plumstead, Keri	19	NMMU-EP	2:42.77	
1:16.05	1:26.72			
5 Hunter, Samantha		WITS-CG	2:50.43	
1:18.96	1:31.47			
6 Faulmann, Shelley K	18	UWCA-WP	2:50.69	
1:19.49	1:31.20			

Event 204 Men 400 LC Meter Freestyle

SASSU: 4:05.38 # 2007/12/05 Pieter S Swart

4:12.59 SASS

Name	Age	Team	Finals Time	
1 Dahms, Heinrich T	20	MATI-WP	4:34.81	
1:02.96	1:09.81	1:11.90	1:10.14	
2 Muller, Faffa L	20	UWCA-WP	4:36.01	
1:01.60	1:10.58	1:12.61	1:11.22	
3 Smit, Rouen V	19	UCTA-WP	5:13.16	
1:07.97	1:19.67	1:22.92	1:22.60	

Event 205 Women 100 LC Meter Backstroke

SASSU: 1:04.61 # 2008/11/28 Lize-Mari Retief

1:06.37 SASS

Name	Age	Team	Finals Time	
1 Neethling, Jean-Marie	19	KOVSI-FS	1:10.78	
2 Antunes, Jade C	22	UCTA-WP	1:15.49	
3 Hunter, Samantha		WITS-CG	1:22.60	
4 Roos, Kayleigh	43	UCTA-WP	1:26.90	
5 Van Breda, Keelyn R	19	UCTA-WP	1:28.84	

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Event 206 Men 50 LC Meter Butterfly

SASSU: 25.49 # 2007/12/05 Fouche H Venter
25.91 SASS

Name	Age	Team	Finals Time	
1 Venter, Fouche H	24	TUKS-NT	25.05#	SASS
2 Kieck, Greg	24	NMMU-EP	25.95	
3 DU Plessis, Marnitz C	22	MATI-WP	25.97	
4 Myburgh, Aaron J	19	MATI-WP	26.00	
5 Page, Jason	23	NMMU-EP	26.59	
6 Lemphane, Victor W	20	UWCA-WP	27.54	
7 Smit, Marcel P	22	MATI-WP	27.63	
8 Alexander, Matthew A	19	UCTA-WP	27.69	
9 Lawrence, Kyle A	22	MATI-WP	27.82	
10 Kemp, Matthew	19	NMMU-EP	28.11	
11 Brown, Matt	20	MATI-WP	28.42	
12 Lotriet, Alain	19	MATI-WP	28.66	
13 Croeser, Brett M	21	MATI-WP	28.86	
14 Legrand, Luca F	21	RHODE-EP	29.25	
15 Van Wyk, Johan J	20	MATI-WP	29.59	
16 Kgame, Neo G	20	UWCA-WP	29.68	
17 Mbalekwa, George L	20	NMMU-EP	29.92	
18 Middelhoven, Mark J	23	UCTA-WP	29.93	
19 Muller, Faffa L	20	UWCA-WP	30.47	
20 Hill, Lee	20	UCTA-WP	30.80	
21 Koekemoer, Jonathan		RHODE-EP	30.93	
22 Baines, Daniel P	21	RHODE-EP	31.53	
23 Coetzee, Kaylem P	22	UCTA-WP	32.69	

Event 207 Women 50 LC Meter Breaststroke

SASSU: 33.40 # 2007/12/06 Suzaan Van Biljon
34.19 SASS

Name	Age	Team	Finals Time	
1 Plumstead, Keri	19	NMMU-EP	34.06	SASS
2 Heard, Maxine L	18	TUKS-NT	35.32	
3 Jardine, Ziada	25	UWCA-WP	35.42	
4 Roe, Amber	19	MATI-WP	36.55	
5 Thompson, Nicola C	20	UCTA-WP	38.58	
6 Jones, Nicole	21	UCTA-WP	39.84	
7 Vraagom, Wilechia S	19	MATI-WP	40.35	
8 Cummings, Leigh F	22	RHODE-EP	40.58	
9 Whitehorn, Heather R	19	UCTA-WP	43.98	
10 Weston, Megan A	19	UCTA-WP	45.49	
11 Beaumont, Cary-Ann	19	UCTA-WP	46.97	
12 Mnyaweni, Sd		MUT-KZ	1:16.90	

Event 208 Men 100 LC Meter Breaststroke

SASSU: 1:03.91 # 2007/12/06 William G Diering
1:06.22 SASS

Name	Age	Team	Finals Time	
1 Diering, William G	23	TUKS-NT	1:02.92#	SASS
2 Oliver, Ashley K	21	MATI-WP	1:05.42	SASS
3 Finch, Doyle R	19	UWCA-WP	1:12.25	
4 Kgame, Neo G	20	UWCA-WP	1:14.71	
5 Van Wyk, Johan J	20	MATI-WP	1:15.71	
6 Ridlley, Andrew	23	UCTA-WP	1:20.95	
7 Alexander, Matthew A	19	UCTA-WP	1:21.78	
8 Trisos, Matthew O	21	UCTA-WP	1:22.11	
9 Hugo, Rhys	19	NMMU-EP	1:26.94	

10 Msikinya, Themba CPUT-WP 1:36.09

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Event 209 Women 200 LC Meter Freestyle

SASSU: 2:08.85 # 2005/12/06 Tammy H Laubscher
2:09.14 SASS

Name	Age	Team	Finals Time
1 Lapham, Kirsten A	20	TUKS-NT	2:09.25
			1:02.25 1:07.00
2 Wagner, Larelle	20	UWCA-WP	2:22.50
			1:08.46 1:14.04
3 Murry, Sam J	19	UCTA-WP	2:27.16
			1:09.63 1:17.53
4 Barrett, Laura M	23	UCTA-WP	2:40.14
			1:14.28 1:25.86
5 Tacon, Nicole J	20	UCTA-WP	2:49.55
			1:19.86 1:29.69
6 Crawford, Catherine		UCTA-WP	2:50.32
			1:20.28 1:30.04

Event 210 Men 200 LC Meter IM

SASSU: 2:08.27 # 2007/12/06 Byron C Fergusson
2:10.73 SASS

Name	Age	Team	Finals Time
1 De Waal, Philip N	21	TUKS-NT	2:11.57
			1:03.48 1:08.09
2 Lotriet, Bernhard P	21	MATI-WP	2:21.77
			1:04.80 1:16.97

Event 211 Women 50 LC Meter Butterfly

SASSU: 26.70 # 2007/12/06 Lize-Mari Retief
28.87 SASS

Name	Age	Team	Finals Time
1 Plumstead, Keri	19	NMMU-EP	29.91
2 Neethling, Jean-Marie	19	KOVSI-FS	30.22
3 Ercolano, Pina N	19	TUKS-NT	31.34
4 Antunes, Jade C	22	UCTA-WP	31.54
5 Jardine, Ziada	25	UWCA-WP	32.16
6 Faulmann, Shelley K	18	UWCA-WP	32.27
7 Haiden, Sarah A	20	UCTA-WP	33.87
8 Mnyaweni, Sd		MUT-KZ	34.45
9 Murry, Sam J	19	UCTA-WP	34.62
10 Tacon, Nicole J	20	UCTA-WP	39.27

Event 212 Men 50 LC Meter Backstroke

SASSU: 27.24 # 2007/12/06 Chris King
27.67 SASS

Name	Age	Team	Finals Time
1 Page, Jason	23	NMMU-EP	28.79
2 DU Plessis, Marnitz C	22	MATI-WP	29.37
3 Kieck, Greg	24	NMMU-EP	29.90
*4 De Vry, Gareth	19	NMMU-EP	30.63
*4 Wiehahn, Wesley	19	NMMU-EP	30.63
6 Smit, Marcel P	22	MATI-WP	31.32
*7 Hill, Lee	20	UCTA-WP	32.57
*7 Mbalekwa, George L	20	NMMU-EP	32.57
9 Lemphane, Victor W	20	UWCA-WP	32.66
10 Middelhoven, Mark J	23	UCTA-WP	33.00
11 Pollock, Grant	19	UCTA-WP	33.26
12 Muller, Hugh M	19	MATI-WP	33.32

(Event 212 Men 50 LC Meter Backstroke)

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Name	Age	Team	Finals Time
13 Coetzee, Kaylem P	22	UCTA-WP	34.56
14 Msikinya, Themba		CPUT-WP	42.09
15 Koekemoer, Jonathan		RHODE-EP	52.72

Event 213 Women 800 LC Meter Freestyle

SASSU: 9:16.40 # 2006/11/28 Velia Jv Rensburg
9:12.46 SASS

Name	Age	Team	Finals Time
1 Rabie, Mari	23	MATI-WP	10:06.70
1:12.30	1:17.47	1:17.64	1:17.20
1:16.49	1:16.33	1:15.86	1:13.41
2 Wagner, Larelle	20	UWCA-WP	10:07.45
1:11.71	1:16.73	1:17.70	1:18.10
1:17.38	1:16.55	1:16.34	1:12.94
3 Van Breda, Keelyn R	19	UCTA-WP	11:16.70
1:17.82	1:24.56	1:26.15	1:27.07
1:26.21	1:26.37	1:25.24	1:23.28
4 Roos, Kayleigh	43	UCTA-WP	12:26.47
1:22.92	1:32.24	1:33.76	1:35.31
1:35.51	1:35.83	1:35.72	1:35.18

Event 214 Men 200 LC Meter Medley Relay

SASSU: 1:47.64 # 2007/12/05 Nelson Mandela

J Page, C Stottelaar, G Kieck, R Kroch

Team	Relay	Finals Time
1 TUKS-NT	A	1:47.07#
1) Wilken, Jurie J 19	2) Diering, William G 23	
3) Venter, Fouche H 24	4) Lawson, Jason A 21	
58.20	48.87	
2 MATI-WP	A	1:49.26
1) DU Plessis, Marnitz C 22	2) Oliver, Ashley K 21	
3) Myburgh, Aaron J 19	4) Smit, Marcel P 22	
58.21	51.05	
3 NMMU-EP	A	1:55.78
1:02.48	53.30	
4 MATI-WP	B	1:59.97
1) Lotriet, Alain 19	2) Van Wyk, Johan J 20	
3) Croeser, Brett M 21	4) Steenkamp, Vernon V 23	
1:06.34	53.63	
5 NMMU-EP	B	2:02.84
1:06.81	56.03	
6 UCTA-WP	A	2:06.02
1) Pollock, Grant 19	2) Trisos, Matthew O 21	
3) Alexander, Matthew A 19	4) Ridlley, Andrew 23	
1:10.79	55.23	
7 RHODE-EP	A	2:11.82
1:15.66	56.16	
--- UCTA-WP	B	DQ
1) Hill, Lee 20	2) Smit, Rouen V 19	
3) Middelhoven, Mark J 23	4) Parker, Sean 21	
1:16.72	1:04.78	

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Event 215 Women 200 LC Meter Medley Relay

SASSU: 2:01.07 # 2007/12/05 TuksSwimming

S Meurer, S Van Biljon, L Retief, T Laubscher

Team	Relay	Finals Time
1 TUKS-NT	A	2:07.95
1) Lapham, Kirsten A 20	2) Heard, Maxine L 18	
3) Van Heerden, Karlien 19	4) Ercolano, Pina N 19	
1:07.40 1:00.55		
2 MATI-WP	A	2:16.85
1) Rabie, Mari 23	2) Roe, Amber 19	
3) Burger, Liezl 22	4) Vraagom, Wilechia S 19	
1:15.29 1:01.56		
3 UCTA-WP	A	2:19.37
1) Murry, Sam J 19	2) Thompson, Nicola C 20	
3) Antunes, Jade C 22	4) Barrett, Laura M 23	
1:15.34 1:04.03		
4 NMMU-EP	A	2:27.90
1:25.99 1:01.91		
5 UCTA-WP	B	2:31.59
1) Van Breda, Keelyn R 19	2) Jones, Nicole 21	
3) Haiden, Sarah A 20	4) Roos, Kayleigh 43	
1:22.22 1:09.37		

Event 301 Men 200 LC Meter Butterfly

SASSU: 2:07.10 # 2007/12/05 Philip N De Waal

2:06.75 SASS

Name	Age	Team	Finals Time
1 Hattingh, Marius	19	TUKS-NT	2:07.35
59.54 1:07.81			
2 Lemphane, Victor W	20	UWCA-WP	2:22.78
1:05.88 1:16.90			
3 Croeser, Brett M	21	MATI-WP	2:28.62
1:06.37 1:22.25			
4 Kajee, Adam	22	UCTA-WP	2:53.33
1:13.59 1:39.74			

Event 302 Women 200 LC Meter Backstroke

SASSU: 2:24.19 # 2008/11/29 Tannith M Prout

2:21.35 SASS

Name	Age	Team	Finals Time
1 Lapham, Kirsten A	20	TUKS-NT	2:35.27
1:15.33 1:19.94			
2 Van Breda, Keelyn R	19	UCTA-WP	2:59.80
1:28.47 1:31.33			
3 Roos, Kayleigh	43	UCTA-WP	3:06.57
1:28.76 1:37.81			

Event 303 Men 200 LC Meter Backstroke

SASSU: 2:12.75 # 2005/12/07 Chris R King

2:08.46 SASS

Name	Age	Team	Finals Time
1 De Vry, Gareth	19	NMMU-EP	2:23.32
1:07.32 1:16.00			
2 Muller, Hugh M	19	MATI-WP	2:39.15
1:15.41 1:23.74			
3 Hill, Lee	20	UCTA-WP	2:42.34
1:16.89 1:25.45			

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Event 304 Women 100 LC Meter Butterfly

SASSU: 59.17 # 2007/12/05 Lize-Mari Retief

1:03.46 SASS

Name	Age	Team	Finals Time
1 Antunes, Jade C	22	UCTA-WP	1:07.89
2 Plumstead, Keri	19	NMMU-EP	1:09.84
3 Faulmann, Shelley K	18	UWCA-WP	1:14.48
4 Haiden, Sarah A	20	UCTA-WP	1:16.65

Event 305 Men 200 LC Meter Breaststroke

SASSU: 2:14.80 # 2007/12/05 William G Diering

2:23.37 SASS

Name	Age	Team	Finals Time
1 Diering, William G	23	TUKS-NT	2:19.04
1:08.17	1:10.87		
2 Oliver, Ashley K	21	MATI-WP	2:22.19
1:07.97	1:14.22		
3 Van Wyk, Johan J	20	MATI-WP	2:42.36
1:15.06	1:27.30		
4 Lemphane, Victor W	20	UWCA-WP	3:01.87
1:26.97	1:34.90		
5 Msikinya, Themba		CPUT-WP	3:37.24
1:42.85	1:54.39		

Event 306 Women 100 LC Meter Breaststroke

SASSU: 1:10.71 # 2007/12/05 Suzaan Van Biljon

1:13.78 SASS

Name	Age	Team	Finals Time
1 Heard, Maxine L	18	TUKS-NT	1:16.98
2 Plumstead, Keri	19	NMMU-EP	1:17.17
3 Jardine, Ziada	25	UWCA-WP	1:18.15
4 Thompson, Nicola C	20	UCTA-WP	1:26.48
5 Roe, Amber	19	MATI-WP	1:26.80
6 Jones, Nicole	21	UCTA-WP	1:26.85
7 Vraagom, Wilechia S	19	MATI-WP	1:27.52
8 Wagner, Larelle	20	UWCA-WP	1:28.32

Event 307 Men 100 LC Meter Freestyle

SASSU: 51.83 # 2006/11/29 Greg M Kieck

53.17 SASS

Name	Age	Team	Finals Time
1 DU Plessis, Marnitz C	22	MATI-WP	53.02
2 Kieck, Greg	24	NMMU-EP	53.11
3 Wilken, Jurie J	19	TUKS-NT	53.82
4 Lawson, Jason A	21	TUKS-NT	54.57
5 Smit, Marcel P	22	MATI-WP	54.69
6 Page, Jason	23	NMMU-EP	55.09
7 Lotriet, Bernhard P	21	MATI-WP	55.32
8 Myburgh, Aaron J	19	MATI-WP	56.15
9 Wiehahn, Wesley	19	NMMU-EP	57.40
10 Lotriet, Alain	19	MATI-WP	57.83
11 Mbalekwa, George L	20	NMMU-EP	59.39
12 Pollock, Grant	19	UCTA-WP	59.66
13 Alexander, Matthew A	19	UCTA-WP	59.84
14 Lemphane, Victor W	20	UWCA-WP	1:00.21
15 Middelhoven, Mark J	23	UCTA-WP	1:00.90
16 Muller, Hugh M	19	MATI-WP	1:01.44
17 Oliver, Ashley K	21	MATI-WP	1:01.53

18 Ridlley, Andrew 23 UCTA-WP 1:01.64

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19 De Vry, Gareth	19 NMMU-EP	1:02.59
20 Coetzee, Kaylem P	22 UCTA-WP	1:03.45
21 Trisos, Matthew O	21 UCTA-WP	1:03.46
22 Van Wyk, Johan J	20 MATI-WP	1:03.59
23 Hugo, Rhys	19 NMMU-EP	1:04.21
24 Msikinya, Themba	CPUT-WP	1:16.17
25 Parker, Sean	21 UCTA-WP	1:16.62
--- Steenkamp, Vernon V	23 MATI-WP	DQ
--- Lawrence, Kyle A	22 MATI-WP	DQ

Event 308 Women 400 LC Meter Freestyle

SASSU: 4:30.97 # 2005/12/07 Tammy H Laubscher

4:30.42 SASS

Name	Age	Team	Finals Time
1 Antunes, Jade C	22	UCTA-WP	4:51.67
1:10.56	1:15.38	1:13.48	1:12.25
2 Rabie, Mari	23	MATI-WP	4:54.79
1:10.75	1:15.30	1:15.33	1:13.41
3 Wagner, Larelle	20	UWCA-WP	5:02.53
4 Murry, Sam J	19	UCTA-WP	5:16.86
1:12.45	1:20.11	1:23.35	1:20.95
5 Van Breda, Keelyn R	19	UCTA-WP	5:25.87
1:15.74	1:23.31	1:24.65	1:22.17
6 Barrett, Laura M	23	UCTA-WP	5:37.53
1:15.75	1:27.29	1:28.09	1:26.40
7 Haiden, Sarah A	20	UCTA-WP	5:40.16
1:18.74	1:27.24	1:27.85	1:26.33
8 Tacon, Nicole J	20	UCTA-WP	5:59.25
1:21.83	1:32.53	1:33.88	1:31.01

Event 309 Men 1500 LC Meter Freestyle

SASSU: 16:18.39 # 2007/12/06 Pieter S Swart

16:18.55 SASS

Name	Age	Team	Finals Time
1 Dahms, Heinrich T	20	MATI-WP	18:14.72
1:08.15	1:13.50	1:13.95	1:14.12
1:14.63	1:14.51	1:14.43	1:13.97
1:12.88	1:13.85	1:12.98	1:13.64
1:12.75	1:12.08	1:09.28	
2 Muller, Faffa L	20	UWCA-WP	18:15.55
1:06.42	1:12.99	1:13.95	1:14.98
1:14.95	1:14.73	1:14.49	1:14.43
1:12.72	1:13.81	1:13.28	1:13.60
1:12.45	1:12.62	1:10.13	
3 Kajee, Adam	22	UCTA-WP	20:42.18
1:11.23	1:25.54	1:25.07	1:25.17
1:24.84	1:25.73	1:25.37	1:17.80
1:24.77	1:25.88	1:24.98	1:24.50
1:22.54	1:21.85	1:16.91	
4 Smit, Rouen V	19	UCTA-WP	20:44.41
1:10.84	1:20.40	1:21.72	1:22.97
1:23.58	1:24.34	1:23.89	1:24.67
1:24.76	1:25.64	1:25.37	1:26.23
1:25.24	1:24.69	1:20.07	

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Event 310 Women 200 LC Meter Freestyle Relay

SASSU: 1:50.84 # 2007/12/06 TuksSwimming

S Meurer, S Van Biljon, L Retief, T Laubscher

Team	Relay	Finals Time
1 TUKS-NT	A	1:55.96
1) Ercolano, Pina N 19	2) Van Heerden, Karlien 19	
3) Lapham, Kirsten A 20	4) Heard, Maxine L 18	
58.33 57.63		
2 MATI-WP	A	2:01.47
1) Burger, Liezl 22	2) Roe, Amber 19	
3) Rabie, Mari 23	4) Vraagom, Wilechia S 19	
59.03 1:02.44		
3 UCTA-WP	A	2:05.71
1) Antunes, Jade C 22	2) Van Breda, Keelyn R 19	
3) Haiden, Sarah A 20	4) Murry, Sam J 19	
1:01.95 1:03.76		
4 NMMU-EP	A	2:07.78
1:06.70 1:01.08		
5 UCTA-WP	B	2:20.53
1) Jones, Nicole 21	2) Roos, Kayleigh 43	
3) Tacon, Nicole J 20	4) Thompson, Nicola C 20	
1:12.21 1:08.32		

Event 311 Men 200 LC Meter Freestyle Relay

SASSU: 1:36.15 # 2005/12/07 Nelson Mandela

Team	Relay	Finals Time
1 TUKS-NT	A	1:36.05#
1) Wilken, Jurie J 19	2) Lawson, Jason A 21	
3) Venter, Fouche H 24	4) Diering, William G 23	
2 MATI-WP	A	1:36.72
1) Myburgh, Aaron J 19	2) DU Plessis, Marnitz C 22	
3) Smit, Marcel P 22	4) Oliver, Ashley K 21	
3 MATI-WP	B	1:41.63
1) Steenkamp, Vernon V 23	2) Lawrence, Kyle A 22	
3) Lotriet, Alain 19	4) Lotriet, Bernhard P 21	
4 NMMU-EP	A	1:42.41
5 UCTA-WP	A	1:48.42
1) Pollock, Grant 19	2) Ridlley, Andrew 23	
3) Alexander, Matthew A 19	4) Coetzee, Kaylem P 22	
52.63 55.79		
6 RHODE-EP	A	1:51.52
57.05 54.47		
7 NMMU-EP	B	1:52.67
8 UCTA-WP	B	1:55.43
1) Hill, Lee 20	2) Middelhoven, Mark J 23	
3) Smit, Rouen V 19	4) Trisos, Matthew O 21	
56.53 58.90		