

USSA Swimming Championships 2011 - 2011/11/30 to 2011/12/02

Results

Event 101 Men 50 LC Meter Breaststroke

USSA: 28.92 # 2009/12/01 William G Diering
30.28 SASS

Name	Age	Team	Finals Time	
1 Jacobs, Rohan N	24	VARS	30.18	SASS
2 Lockett, Byron W	20	VARS	30.64	
3 Hugo, Rhys J	21	UFH-BO	30.80	
4 Erasmus, Douglas J	21	TUKS-NT	30.97	
5 Finch, Doyle R	21	UWCA-WP	31.83	
6 DE Jager, Vaughn S	22	VARS	32.36	
7 Fourie, LE Roux L	20	TUKS-NT	32.65	
8 VD Merwe, David	18	MATI-WP	32.71	
9 Grant, Matthew M	19	WITS-CG	33.02	
10 Adriaanse, Jodi	20	TUKS-NT	33.05	
11 Tucker, Sean	19	TUKS-NT	33.41	
12 Sam, Justin A	20	UFH-BO	33.76	
13 Terblanché, Heinie P	19	NWUC-NW	34.11	
14 Boit, Edwin K	20	UWCA-WP	35.00	
15 Thomas, Keegan C	20	NWUC-NW	35.72	
16 Steven, Christopher	19	UFS-FS	36.12	
17 Baines, Daniel	23	RHODE-EP	36.77	
18 Bassuday, Justin C	19	UWCA-WP	36.80	
19 Franz, Nick	24	WITS-CG	36.88	
20 Schafer, Cameron W	22	MATI-WP	37.04	
21 Dehrmann, Darryl R	19	MATI-WP	37.24	
22 Louw, Marnus J	21	NWUC-NW	37.46	
23 Overton, David	20	WITS-CG	37.63	
24 Fourie, Armand Z	22	NWUC-NW	37.89	
25 Tarlton, Thomas	21	WITS-CG	38.61	
26 Wise, David	20	WITS-CG	39.37	
27 Botha, Wihan	20	UFS-FS	40.29	
28 Hovy, Henk	22	NWUC-NW	40.84	
29 May, Stephan P	21	MATI-WP	42.76	
30 Mateus, Paulo	21	WITS-CG	43.21	
31 Khumalo, B		UZ-KZ	43.80	
32 Jooma, Ahmad	21	UCTA-WP	44.01	
33 Herbst, Hendri J	19	MATI-WP	44.48	
34 Nel, Jonathan	24	UCTA-WP	45.73	
--- Shabungu, T B		UZ-KZ	DQ	

Event 102 Women 50 LC Meter Backstroke

USSA: 29.47 # 2008/11/27 Lize-Mari Retief
31.37 SASS

Name	Age	Team	Finals Time
1 Scott, Megan C	20	TUKS-NT	31.84
2 Plumstead, Hayley P	19	NMMU-EP	32.70
3 Franklin, Sharne	21	UFS-FS	33.82
4 Tovrloza, Petra	21	WITS-CG	34.85
5 Plumstead, Keri J	21	NMMU-EP	35.47
6 Stones, Tarryn	23	UFS-FS	35.74
7 Jardine, Ziada	27	UWCA-WP	35.79
8 Lombard, Rosanne	23	MATI-WP	36.16
9 Benetti, Tisha	19	UCTA-WP	36.53
10 Loubser, Bianca	20	NWUC-NW	36.73
11 Geyer, Leani	21	NWUC-NW	36.75
12 Barker, Kim	19	UCTA-WP	37.09
13 de Villiers, Louise	19	NWUC-NW	39.11

*14 Stone, Cara M	23	MATI-WP	39.35
*14 Gray, Emily A	20	TUKS-NT	39.35
16 Venter, Ane F	19	NWUC-NW	39.60
17 Van Breda, Keelyn R	21	UCTA-WP	40.24
18 Wilson, Jeanine L	23	WITS-CG	40.26
19 Sorensen, Natasha L	23	WITS-CG	40.29
20 Johnson, Naomi T	20	UCTA-WP	41.34
21 Sirakis, Stacey A	26	WITS-CG	41.43

Event 103 Men 100 LC Meter Backstroke

USSA: 58.54 # 2006/11/27 Chris R King
59.37 SASS

Name	Age	Team	Finals Time
1 Keating, Cassey	20	NWUC-NW	59.71
2 Wilken, Jurie J	21	TUKS-NT	1:03.75
3 Hattingh, Marius	21	TUKS-NT	1:06.24
4 Scalabrino, Alex	19	UWCA-WP	1:06.69
5 de Beer, Victor L	19	NWUC-NW	1:07.89
6 Haller, Michen C	20	MATI-WP	1:08.55
7 Van Wageningen, Gerrit	21	MATI-WP	1:11.60
8 Fourie, LE Roux L	20	TUKS-NT	1:14.96
9 Alexander, Matthew A	21	UWCA-WP	1:15.72
10 Breetzke, Dayne M	22	UCTA-WP	1:20.79
11 Springate, Kyle	20	UCTA-WP	1:20.90
12 Mateus, Paulo	21	WITS-CG	1:31.82

Event 104 Women 200 LC Meter Breaststroke

USSA: 2:30.43 # 2007/12/06 Suzaan Van Biljon
2:38.36 SASS

Name	Age	Team	Finals Time
1 Neethling, Jean-Marie	21	UFS-FS	2:40.26
2 Ferguson, Robyn N	19	UWCA-WP	2:45.36
3 Knoesen, Cheri	19	NMMU-EP	2:46.01
4 Rogers, Guinivere	21	CPUT-WP	2:53.14
5 Enslin, Nelia C	21	NWUC-NW	2:57.62
6 Lombard, Rosanne	23	MATI-WP	2:58.97
7 van Heerden, Emily	23	MATI-WP	3:01.10
8 Van Heerden, Karlien	21	TUKS-NT	3:02.27
9 Jardine, Ziada	27	UWCA-WP	3:13.06
10 Van Heerden, Lani	21	UFS-FS	3:13.67
11 Thompson, Nicola C	22	UCTA-WP	3:15.06
12 Plumstead, Emma G	19	NMMU-EP	3:15.72
13 Smith, Jo-Mari	22	NWUC-NW	3:28.83
14 Steenkamp, Louisa	19	UFS-FS	3:29.33
15 Roodt, Odelia	20	NWUC-NW	3:38.13
16 Goosen, Tiané	20	NWUC-NW	3:42.04

Event 105 Men 100 LC Meter Butterfly

USSA: 55.80 # 2009/12/01 Fouche H Venter
56.94 SASS

Name	Age	Team	Finals Time
1 Meyer, Nico	19	TUKS-NT	55.70# SASS
2 Jacobs, Rohan N	24	VARS	56.15 SASS
3 Lockett, Byron W	20	VARS	57.40
4 De Villiers, Shaun I	19	VARS	57.75
5 DE Jager, Vaughn S	22	VARS	58.21
6 Pheasant, Simon P	20	RHODE-EP	58.86
7 Lemphane, Victor W	22	UWCA-WP	59.36
8 Cloete, Rubin	19	MATI-WP	59.55

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(Event 105 Men 100 LC Meter Butterfly)

Name	Age	Team	Finals Time
9 VD Merwe, David	18	MATI-WP	1:00.64
10 Visser, Natus I	20	NWUC-NW	1:00.90
11 Tucker, Sean	19	TUKS-NT	1:01.17
12 Hattingh, Marius	21	TUKS-NT	1:03.11
13 Dehrmann, Darryl R	19	MATI-WP	1:05.13
14 Meyer, Arno A	19	NWUC-NW	1:05.47
15 Boit, Edwin K	20	UWCA-WP	1:05.97
16 Shazi, Prince P	19	VARS	1:06.06
17 May, Stephan P	21	MATI-WP	1:06.83
18 Alexander, Matthew A	21	UWCA-WP	1:10.61
19 Fourie, Armand Z	22	NWUC-NW	1:10.88
20 Botha, Wihan	20	UFS-FS	1:19.03
21 Lowndes, Andrew	23	RHODE-EP	1:21.28
22 Fisher, Richard	19	WITS-CG	1:29.57

Event 106 Women 200 LC Meter Butterfly

USSA: 2:19.89 # 2005/12/05 Charne Gehring
2:19.38 SASS

Name	Age	Team	Finals Time
1 Meyer, Bianca J	22	VARS	2:21.78
2 Drying, Dominique	19	UCTA-WP	2:28.53
3 Wagner, Larelle	22	UWCA-WP	2:49.06
4 Knoesen, Cheri	19	NMMU-EP	2:54.39
5 Laubscher, Yolandi	20	NWUC-NW	3:31.17

Event 107 Men 200 LC Meter Freestyle

USSA: 1:54.93 # 2010/12/01 Heerden Herman
1:56.62 SASS

Name	Age	Team	Finals Time
1 Herman, Heerden	20	MATI-WP	1:56.00 SASS
2 Schoeman, Riaan H	22	VARS	1:57.32
3 Wilken, Jurie J	21	TUKS-NT	1:57.81
4 Bornman, Albert A	20	TUKS-NT	2:00.60
5 Cloete, Rubin	19	MATI-WP	2:03.16
6 Bergenthuin, JG G	19	MATI-WP	2:03.80
7 Erasmus, Douglas J	21	TUKS-NT	2:05.07
8 Scalabrino, Alex	19	UWCA-WP	2:05.61
9 Tudhope, Andrew	20	RHODE-EP	2:09.02
10 Meyer, Nico	19	TUKS-NT	2:11.06
11 Pheasant, Simon P	20	RHODE-EP	2:12.20
12 Terblanché, Heinie P	19	NWUC-NW	2:15.19
13 Visser, Natus I	20	NWUC-NW	2:18.94
14 Steven, Christopher	19	UFS-FS	2:26.74
15 Breetzke, Dayne M	22	UCTA-WP	2:30.97
16 Fischer, Andrew	19	WITS-CG	2:31.47
17 Botha, Wihan	20	UFS-FS	2:31.92
18 Louw, Marnus J	21	NWUC-NW	2:33.91
19 Schafer, Cameron W	22	MATI-WP	2:36.07
20 Boit, Edwin K	20	UWCA-WP	2:36.15
21 Hovy, Henk	22	NWUC-NW	2:53.54
--- Nel, Jonathan	24	UCTA-WP	DQ

Event 108 Women 100 LC Meter Freestyle

USSA: 57.20 # 2007/12/06 Lize-Mari Retief
59.45 SASS

Name	Age	Team	Finals Time
1 Neethling, Jean-Marie	21	UFS-FS	58.57 SASS

2 Lapham, Kirsten A	22	TUKS-NT	59.70
3 Billson, Carmel B	19	NMMU-EP	1:00.69
4 Scott, Megan C	20	TUKS-NT	1:01.07
5 Stones, Tarryn	23	UFS-FS	1:01.35
6 Drying, Dominique	19	UCTA-WP	1:01.68
7 Gomes, Megan	19	WITS-CG	1:03.72
8 Davison, Christelle	19	UWCA-WP	1:06.48
9 Tovrloza, Petra	21	WITS-CG	1:07.69
10 Loubser, Bianca	20	NWUC-NW	1:08.93
11 Wagner, Larelle	22	UWCA-WP	1:09.28
12 Schooling, Megan C	22	MATI-WP	1:09.76
13 Geyer, Leani	21	NWUC-NW	1:10.17
14 Smith, Jo-Mari	22	NWUC-NW	1:10.74
15 Plumstead, Emma G	19	NMMU-EP	1:11.50
16 de Villiers, Louise	19	NWUC-NW	1:12.47
17 Johnson, Noami T	20	UCTA-WP	1:13.57
18 Venter, Ane F	19	NWUC-NW	1:13.74
19 Tait, Mariec	19	UFS-FS	1:14.61
20 Stone, Cara M	23	MATI-WP	1:15.08
21 Schweddenwein, Shayne		WITS-CG	1:15.74
22 Roodt, Odelia	20	NWUC-NW	1:16.17
23 Steenkamp, Louisa	19	UFS-FS	1:16.35
24 Laubscher, Yolandi	20	NWUC-NW	1:16.90
25 Williamson, Siobhan	22	WITS-CG	1:18.36
26 Goosen, Tiané	20	NWUC-NW	1:24.81
27 Sithole, Nokuthula	20	UFS-FS	1:40.61
--- Welman, Ilona Marissa	23	WITS-CG	DQ

Event 109 Men 400 LC Meter IM

USSA: 4:40.54 # 2007/12/05 Byron C Fergusson
4:37.62 SASS

Name	Age	Team	Finals Time
1 Schoeman, Riaan H	22	VARS	4:43.57
2 Herman, Heerden	20	MATI-WP	4:52.21
3 Hattingh, Marius	21	TUKS-NT	5:01.07
4 Lemphane, Victor W	22	UWCA-WP	5:02.22
5 Haller, Michen C	20	MATI-WP	5:08.12
6 Bornman, Albert A	20	TUKS-NT	5:10.46
7 Bergenthuin, JG G	19	MATI-WP	5:20.54
8 Robertson, Donald	19	WITS-CG	6:25.35
--- Finch, Doyle R	21	UWCA-WP	DQ

Event 110 Women 400 LC Meter IM

USSA: 5:07.14 # 2005/12/05 Erna Wedemeyer
5:03.64 SASS

Name	Age	Team	Finals Time
1 Warnes, Rene' D	19	VARS	4:57.60# SASS
2 Meyer, Bianca J	22	VARS	4:57.70# SASS
3 Ferguson, Robyn N	19	UWCA-WP	5:34.92
4 Van Heerden, Karlien	21	TUKS-NT	5:48.08
5 Wagner, Larelle	22	UWCA-WP	5:52.58
6 Van Breda, Keelyn R	21	UCTA-WP	6:23.45

USSA Swimming Championships 2011 - 2011/11/30 to 2011/12/02

Results

Event 111 Men 400 LC Meter Freestyle Relay

USSA: 3:32.58 # 2007/12/06 Nelson Mandela Metropolitan Un

R Kroch, C Stottelaar, J Page, G Kieck

Team	Relay	Finals Time
1 TUKS-NT	A	3:36.90
1) Meyer, Nico 19	2) Wilken, Jurie J 21	
3) Adriaanse, Jodi 20	4) Erasmus, Douglas J 21	
2 VARS	A	3:40.11
1) Jacobs, Rohan N 24	2) Schoeman, Riaan H 22	
3) De Villiers, Shaun I 19	4) Lockett, Byron W 20	
3 MATI-WP	A	3:51.97
1) Cloete, Ruben 19	2) Dehrmann, Darryl R 19	
3) Haller, Michen C 20	4) Herman, Heerden 20	
4 NWUC-NW	A	3:52.04
1) Meyer, Arno A 19	2) de Beer, Victor L 19	
3) Terblanché, Heinie P 19	4) Visser, Natus I 20	
5 UWCA-WP	A	3:57.64
1) Lemphane, Victor W 22	2) Boit, Edwin K 20	
3) Alexander, Matthew A 21	4) Scalabrino, Alex 19	
6 RHODE-EP	A	4:01.49
1) Tudhope, Andrew 20	2) Lowndes, Andrew 23	
3) Baines, Daniel 23	4) Pheasant, Simon P 20	
7 UCTA-WP	A	4:29.26
1) Breetzke, Dayne M 22	2) Smit, Rouen V 21	
3) Nel, Jonathan 24	4) Springate, Kyle 20	
--- MATI-WP	B	3:55.96
1) Bergenthuin, JG G 19	2) May, Stephan P 21	
3) Van Wageningen, Gerrit 21	4) VD Merwe, David 18	
--- NWUC-NW	B	4:09.30
1) Louw, Marnus J 21	2) Fourie, Armand Z 22	
3) Thomas, Keegan C 20	4) Keating, Cassey 20	
--- WITS-CG	A	DQ

Event 112 Women 400 LC Meter Freestyle Relay

USSA: 4:01.11 # 2007/12/06 TuksSwimming

T Laubscher, S Van Biljon, L Retief, S Meurer

Team	Relay	Finals Time
1 UFS-FS	A	4:13.99
1) Neethling, Jean-Marie 21	2) Franklin, Sharne 21	
3) Van Heerden, Lani 21	4) Stones, Tarryn 23	
2 TUKS-NT	A	4:20.76
1) Lapham, Kirsten A 22	2) Scott, Megan C 20	
3) Gray, Emily A 20	4) Van Heerden, Karlien 21	
3 UWCA-WP	A	4:25.93
1) Ferguson, Robyn N 19	2) Davison, Christelle 19	
3) Jardine, Ziada 27	4) Wagner, Larelle 22	
4 NMMU-EP	A	4:31.55
1) Plumstead, Hayley P 19	2) Plumstead, Emma G 19	
3) Plumstead, Keri J 21	4) Billson, Carmel B 19	
5 MATI-WP	A	4:41.55
1) Stone, Cara M 23	2) Lombard, Rosanne 23	
3) van Heerden, Emily 23	4) Schooling, Megan C 22	
6 NWUC-NW	A	4:46.86
1) Enslin, Nelia C 21	2) Smith, Jo-Mari 22	
3) Venter, Ane F 19	4) Geyer, Leani 21	
7 UCTA-WP	A	4:55.98
1) Van Breda, Keelyn R 21	2) Johnson, Naomi T 20	
3) Thompson, Nicola C 22	4) Dryding, Dominique 19	

--- NWUC-NW B 4:53.14

1) Laubscher, Yolandi 20 2) Loubser, Bianca 20
3) Roodt, Odelia 20 4) de Villiers, Louise 19**Event 201 Men 50 LC Meter Freestyle**

USSA: 23.66 # 2007/12/06 Greg M Kieck

24.08 SASS

Name	Age Team	Finals Time
1 Jacobs, Rohan N	24 VARS	24.13
2 Meyer, Nico	19 TUKS-NT	24.21
3 Pheasant, Simon P	20 RHODE-EP	24.47
4 Dehrmann, Darryl R	19 MATI-WP	24.50
5 Keating, Cassey	20 NWUC-NW	24.69
6 Erasmus, Douglas J	21 TUKS-NT	24.82
7 Adriaanse, Jodi	20 TUKS-NT	24.86
8 Scalabrino, Alex	19 UWCA-WP	25.04
9 DE Jager, Vaughn S	22 VARS	25.30
10 Visser, Natus I	20 NWUC-NW	25.42
11 Cloete, Ruben	19 MATI-WP	25.97
12 Bassuday, Justin C	19 UWCA-WP	26.18
13 Tucker, Sean	19 TUKS-NT	26.37
14 de Beer, Victor L	19 NWUC-NW	26.39
15 Sam, Justin A	20 UFH-BO	26.43
*16 Meyer, Arno A	19 NWUC-NW	26.46
*16 Boit, Edwin K	20 UWCA-WP	26.46
18 Terblanché, Heinie P	19 NWUC-NW	26.59
19 Grant, Matthew M	19 WITS-CG	26.93
20 Van Wageningen, Gerrit	21 MATI-WP	27.03
21 Wise, David	20 WITS-CG	27.63
22 Fourie, Armand Z	22 NWUC-NW	28.02
23 LE Roux, JP	20 MATI-WP	28.06
24 Thomas, Keegan C	20 NWUC-NW	28.16
25 Louw, Marnus J	21 NWUC-NW	28.26
26 Herbst, Hendri J	19 MATI-WP	28.39
27 Baines, Daniel	23 RHODE-EP	28.65
28 Lowndes, Andrew	23 RHODE-EP	28.87
29 Springate, Kyle	20 UCTA-WP	29.09
30 Botha, Wihan	20 UFS-FS	29.56
31 Breetzke, Dayne M	22 UCTA-WP	29.65
32 Cannon, Michael	RHODE-EP	29.95
33 Nel, Jonathan	24 UCTA-WP	30.27
34 Msomi, S S	UZ-KZ	34.44
35 Joona, Ahmad	21 UCTA-WP	36.90
36 Saragee, S	UZ-KZ	48.55
37 Khumalo, S S	UZ-KZ	48.74
38 Mkhize, S N	UZ-KZ	1:03.94

Event 202 Women 200 LC Meter IM

USSA: 2:19.29 # 2007/12/05 Suzaan Van Biljon

2:24.70 SASS

Name	Age Team	Finals Time
1 Meyer, Bianca J	22 VARS	2:21.86 SASS
2 Neethling, Jean-Marie	21 UFS-FS	2:21.95 SASS
3 Warnes, Rene' D	19 VARS	2:23.29 SASS
4 Ferguson, Robyn N	19 UWCA-WP	2:31.05
5 Rogers, Guinivere	21 CPUT-WP	2:31.59
6 Franklin, Sharne	21 UFS-FS	2:31.82
7 Lombard, Rosanne	23 MATI-WP	2:40.88

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(Event 202 Women 200 LC Meter IM)

Name	Age	Team	Finals Time
8 Knoesen, Cheri	19	NMMU-EP	2:43.17
9 Enslin, Nelia C	21	NWUC-NW	2:43.42
10 Billson, Carmel B	19	NMMU-EP	2:47.03
11 Davison, Christelle	19	UWCA-WP	2:49.05
12 van Heerden, Emily	23	MATI-WP	2:49.41
13 Geyer, Leani	21	NWUC-NW	2:53.45
14 Gray, Emily A	20	TUKS-NT	2:56.91
15 Laubscher, Yolandi	20	NWUC-NW	3:00.63
16 Schweddenwein, Shayne		WITS-CG	3:11.58

Event 203 Men 400 LC Meter Freestyle

USSA: 3:56.47 # 2010/12/02 Heerden Herman
4:12.59 SASS

Name	Age	Team	Finals Time
1 Herman, Heerden	20	MATI-WP	4:07.56 SASS
2 Schoeman, Riaan H	22	VARs	4:07.98 SASS
3 Bornman, Albert A	20	TUKS-NT	4:17.26
4 Wilken, Jurie J	21	TUKS-NT	4:18.04
5 Bergenthuin, JG G	19	MATI-WP	4:25.79
6 Delie, Quinton	19	TUKS-NT	4:26.12
7 Lemphane, Victor W	22	UWCA-WP	4:32.68
8 Haller, Michen C	20	MATI-WP	4:43.14
9 Tudhope, Andrew	20	RHODE-EP	4:43.82
10 Smit, Rouen V	21	UCTA-WP	5:11.12
11 Steven, Christopher	19	UFS-FS	5:20.01
12 Schafer, Cameron W	22	MATI-WP	5:49.18
13 Hovy, Henk	22	NWUC-NW	6:29.06

Event 204 Women 100 LC Meter Backstroke

USSA: 1:04.61 # 2008/11/28 Lize-Mari Retief
1:06.37 SASS

Name	Age	Team	Finals Time
1 Scott, Megan C	20	TUKS-NT	1:09.69
2 Plumstead, Hayley P	19	NMMU-EP	1:10.13
3 Franklin, Sharne	21	UFS-FS	1:10.22
4 Lapham, Kirsten A	22	TUKS-NT	1:13.74
5 Tovrloza, Petra	21	WITS-CG	1:14.62
6 Billson, Carmel B	19	NMMU-EP	1:15.04
7 Ferguson, Robyn N	19	UWCA-WP	1:16.24
8 Gray, Emily A	20	TUKS-NT	1:20.59
9 Van Breda, Keelyn R	21	UCTA-WP	1:23.23
10 de Villiers, Louise	19	NWUC-NW	1:23.32
11 Tait, Mariec	19	UFS-FS	1:26.28
12 Wilson, Jeanine L	23	WITS-CG	1:28.57

Event 205 Men 50 LC Meter Butterfly

USSA: 25.05 # 2009/12/02 Fouche H Venter
25.91 SASS

Name	Age	Team	Finals Time
1 Jacobs, Rohan N	24	VARs	25.39 SASS
2 Meyer, Nico	19	TUKS-NT	25.61 SASS
3 Pheasant, Simon P	20	RHODE-EP	26.07
4 De Villiers, Shaun I	19	VARs	26.57
5 DE Jager, Vaughn S	22	VARs	26.80
6 Visser, Natus I	20	NWUC-NW	27.09
7 Tucker, Sean	19	TUKS-NT	27.45
8 Hattingh, Marius	21	TUKS-NT	27.62

9 VD Merwe, David	18	MATI-WP	27.81
10 Scalabrino, Alex	19	UWCA-WP	27.99
11 Finch, Doyle R	21	UWCA-WP	28.08
12 Adriaanse, Jodi	20	TUKS-NT	28.21
13 Meyer, Arno A	19	NWUC-NW	28.29
14 Alexander, Matthew A	21	UWCA-WP	28.39
15 Dehrmann, Darryl R	19	MATI-WP	28.61
16 May, Stephan P	21	MATI-WP	28.68
17 LE Roux, JP	20	MATI-WP	28.70
18 Boit, Edwin K	20	UWCA-WP	28.71
19 Van Wageningen, Gerrit	21	MATI-WP	28.90
20 Franz, Nick	24	WITS-CG	29.71
21 Shazi, Prince P	19	VARs	30.13
22 Fourie, Armand Z	22	NWUC-NW	30.86
23 Baines, Daniel	23	RHODE-EP	31.28
24 O'Donnell, Bryce	23	WITS-CG	31.35
25 Botha, Wihan	20	UFS-FS	31.79
*26 Lowndes, Andrew	23	RHODE-EP	32.64
*26 Bassuday, Justin C	19	UWCA-WP	32.64
--- de Beer, Victor L	19	NWUC-NW	DQ

Event 206 Women 50 LC Meter Breaststroke

USSA: 33.40 # 2007/12/06 Suzaan Van Biljon
34.19 SASS

Name	Age	Team	Finals Time
1 Ferguson, Robyn N	19	UWCA-WP	34.85
2 Knoesen, Cheri	19	NMMU-EP	34.96
3 Hallendorf, Amica	19	UCTA-WP	36.45
4 Enslin, Nelia C	21	NWUC-NW	36.64
5 Rogers, Guinivere	21	CPUT-WP	36.69
6 Plumstead, Keri J	21	NMMU-EP	36.72
7 Jardine, Ziada	27	UWCA-WP	37.43
8 Plumstead, Emma G	19	NMMU-EP	38.83
9 Thompson, Nicola C	22	UCTA-WP	38.85
10 Lombard, Rosanne	23	MATI-WP	38.99
11 Van Heerden, Lani	21	UFS-FS	40.27
12 Steenkamp, Louisa	19	UFS-FS	42.82
13 Blackenburg, Bianca	19	UCTA-WP	42.83
14 Smith, Jo-Mari	22	NWUC-NW	42.87
15 Gubb, Nicky	19	UCTA-WP	42.90
16 Smith, Taylor	19	UCTA-WP	43.33
17 Stone, Cara M	23	MATI-WP	43.78
18 Wilson, Jeanine L	23	WITS-CG	43.89
19 Bloom, Kristie M	28	WITS-CG	43.94
20 Hock, Gigi	19	UCTA-WP	45.24
21 Roodt, Odellia	20	NWUC-NW	47.23
22 Goosen, Tiané	20	NWUC-NW	47.47
23 Tait, Mariec	19	UFS-FS	48.52
24 Sithole, Nokuthula	20	UFS-FS	55.50
--- Dhlamini, A T		UZ-KZ	DQ

Event 207 Men 100 LC Meter Breaststroke

USSA: 1:02.92 # 2009/12/02 William G Diering
1:06.22 SASS

Name	Age	Team	Finals Time
1 Lockett, Byron W	20	VARs	1:08.40
2 Hugo, Rhys J	21	UFH-BO	1:11.85
3 Erasmus, Douglas J	21	TUKS-NT	1:12.04

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(Event 207 Men 100 LC Meter Breaststroke)

Name	Age	Team	Finals Time
4 Fourie, LE Roux L	20	TUKS-NT	1:12.45
5 Finch, Doyle R	21	UWCA-WP	1:12.84
6 VD Merwe, David	18	MATI-WP	1:13.08
7 Grant, Matthew M	19	WITS-CG	1:14.99
8 Haller, Michen C	20	MATI-WP	1:17.83
9 Adriaanse, Jodi	20	TUKS-NT	1:18.49
10 Terblanché, Heinie P	19	NWUC-NW	1:18.93
11 Steven, Christopher	19	UFS-FS	1:21.74
12 Alexander, Matthew A	21	UWCA-WP	1:23.17
13 Thomas, Keegan C	20	NWUC-NW	1:23.63
14 Schafer, Cameron W	22	MATI-WP	1:23.78
15 Louw, Marnus J	21	NWUC-NW	1:25.49
16 Bassuday, Justin C	19	UWCA-WP	1:25.52
17 Hovy, Henk	22	NWUC-NW	1:34.20
18 May, Stephan P	21	MATI-WP	1:34.53
19 Herbst, Hendri J	19	MATI-WP	1:38.71

Event 208 Women 200 LC Meter Freestyle

USSA: 2:08.85 # 2005/12/06 Tammy H Laubscher
2:09.14 SASS

Name	Age	Team	Finals Time
1 Warnes, Rene' D	19	VARS	2:07.50# SASS
2 Lapham, Kirsten A	22	TUKS-NT	2:08.77# SASS
3 Billson, Carmel B	19	NMMU-EP	2:14.34
4 Dryding, Dominique	19	UCTA-WP	2:14.72
5 Stones, Tarryn	23	UFS-FS	2:20.32
6 Gomes, Megan	19	WITS-CG	2:20.66
7 Davison, Christelle	19	UWCA-WP	2:24.77
8 Wagner, Larelle	22	UWCA-WP	2:27.29
9 O'Hanlon, Debbie	18	MATI-WP	2:27.39
10 Gray, Emily A	20	TUKS-NT	2:28.47
11 Van Heerden, Lani	21	UFS-FS	2:32.82
12 Plumstead, Hayley P	19	NMMU-EP	2:33.92
13 Geyer, Leani	21	NWUC-NW	2:35.00
14 Johnson, Naomi T	20	UCTA-WP	2:40.78
15 Smith, Jo-Mari	22	NWUC-NW	2:40.84
16 de Villiers, Louise	19	NWUC-NW	2:44.83
17 Tait, Mariec	19	UFS-FS	2:49.50
18 Stone, Cara M	23	MATI-WP	2:53.40
19 Steenkamp, Louisa	19	UFS-FS	2:54.51
20 Goosen, Tiané	20	NWUC-NW	3:14.16

Event 209 Men 200 LC Meter IM

USSA: 2:08.27 # 2007/12/06 Byron C Fergusson
2:10.73 SASS

Name	Age	Team	Finals Time
1 Schoeman, Riaan H	22	VARS	2:14.76
2 Lockett, Byron W	20	VARS	2:15.22
3 Delie, Quinton	19	TUKS-NT	2:15.92
4 Cloete, Rubin	19	MATI-WP	2:19.23
5 Bergenthuin, JG G	19	MATI-WP	2:20.28
6 Herman, Heerden	20	MATI-WP	2:21.08
7 Erasmus, Douglas J	21	TUKS-NT	2:22.14
8 Lemphane, Victor W	22	UWCA-WP	2:22.51
9 Fourie, LE Roux L	20	TUKS-NT	2:30.18
10 Meyer, Arno A	19	NWUC-NW	2:31.37

11 Shazi, Prince P	19	VARS	2:34.49
12 Finch, Doyle R	21	UWCA-WP	3:05.47

Event 210 Women 50 LC Meter Butterfly

USSA: 26.70 # 2007/12/06 Lize-Mari Retief
28.87 SASS

Name	Age	Team	Finals Time
1 Neethling, Jean-Marie	21	UFS-FS	29.56
2 Scott, Megan C	20	TUKS-NT	29.73
3 Meyer, Bianca J	22	VARS	30.36
4 Franklin, Sharne	21	UFS-FS	31.20
5 Stones, Tarryn	23	UFS-FS	31.89
6 Plumstead, Keri J	21	NMMU-EP	32.16
7 Welman, Ilona Marissa	23	WITS-CG	32.38
8 Tovrloza, Petra	21	WITS-CG	32.39
9 Plumstead, Emma G	19	NMMU-EP	32.50
10 Jardine, Ziada	27	UWCA-WP	33.46
11 Enslin, Nelia C	21	NWUC-NW	33.84
12 Loubser, Bianca	20	NWUC-NW	34.88
13 Keevy, Amy	19	UCTA-WP	35.06
14 Laubscher, Yolandi	20	NWUC-NW	36.54
15 Johnson, Naomi T	20	UCTA-WP	39.03

Event 211 Men 50 LC Meter Backstroke

USSA: 27.24 # 2007/12/06 Chris King
27.67 SASS

Name	Age	Team	Finals Time
1 Keating, Cassey	20	NWUC-NW	27.00# SASS
2 Pheasant, Simon P	20	RHODE-EP	28.47
3 Wilken, Jurie J	21	TUKS-NT	29.08
4 De Villiers, Shaun I	19	VARS	30.35
5 Visser, Natius I	20	NWUC-NW	30.38
6 de Beer, Victor L	19	NWUC-NW	30.75
7 Delie, Quinton	19	TUKS-NT	31.34
8 Van Wageningen, Gerrit	21	MATI-WP	31.89
9 Overton, Matthew	23	WITS-CG	33.05
10 LE Roux, JP	20	MATI-WP	33.15
11 Alexander, Matthew A	21	UWCA-WP	35.12
12 Schafer, Cameron W	22	MATI-WP	36.42
13 Springate, Kyle	20	UCTA-WP	36.71
14 Breetzke, Dayne M	22	UCTA-WP	37.87
15 Biller, Matthew	23	WITS-CG	46.01

Event 212 Women 800 LC Meter Freestyle

USSA: 9:16.40 # 2006/11/28 Velia Jv Rensburg
9:12.46 SASS

Name	Age	Team	Finals Time
1 Lapham, Kirsten A	22	TUKS-NT	9:19.12
2 Dryding, Dominique	19	UCTA-WP	9:28.38
3 Billson, Carmel B	19	NMMU-EP	9:50.65
4 Fergusson, Robyn N	19	UWCA-WP	9:58.41
5 Gomes, Megan	19	WITS-CG	10:08.41
6 Van Heerden, Karlien	21	TUKS-NT	10:31.33
7 Wagner, Larelle	22	UWCA-WP	10:42.11
8 Van Breda, Keelyn R	21	UCTA-WP	11:03.24
9 Van Heerden, Lani	21	UFS-FS	11:13.27
10 Venter, Ane F	19	NWUC-NW	11:48.00
11 Roodt, Odelia	20	NWUC-NW	12:11.99

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Event 213 Men 200 LC Meter Medley Relay

USSA: 1:47.07 # 2009/12/02 TuksSwimming

J Wilken, W Diering, F Venter, J Lawson

Team	Relay	Finals Time
1 TUKS-NT	A	1:49.34
1) Wilken, Jurie J 21	2) Erasmus, Douglas J 21	
3) Meyer, Nico 19	4) Adriaanse, Jodi 20	
2 VARS	A	1:49.71
1) Jacobs, Rohan N 24	2) Lockett, Byron W 20	
3) De Villiers, Shaun I 19	4) DE Jager, Vaughn S 22	
3 UWCA-WP	A	1:55.43
1) Scalabrino, Alex 19	2) Finch, Doyle R 21	
3) Lemphane, Victor W 22	4) Boit, Edwin K 20	
4 MATI-WP	A	1:56.40
1) Bergenthuin, JG G 19	2) VD Merwe, David 18	
3) Cloete, Rubin 19	4) Herman, Heerden 20	
5 NWUC-NW	A	1:58.33
1) de Beer, Victor L 19	2) Terblanché, Heinie P 19	
3) Meyer, Arno A 19	4) Visser, Natus I 20	
6 RHODE-EP	A	2:02.52
1) Tudhope, Andrew 20	2) Baines, Daniel 23	
3) Pheasant, Simon P 20	4) Guess, Jason 20	
7 WITS-CG	A	2:07.21
8 UCTA-WP	A	2:26.05
1) Breetzke, Dayne M 22	2) Jooma, Ahmad 21	
3) Smit, Rouen V 21	4) Springate, Kyle 20	
--- NWUC-NW	B	2:00.97
1) Keating, Cassey 20	2) Thomas, Keegan C 20	
3) Fourie, Armand Z 22	4) Louw, Marnus J 21	
--- MATI-WP	B	2:04.15
1) LE Roux, JP 20	2) Haller, Michen C 20	
3) May, Stephan P 21	4) Dehrmann, Darryl R 19	
--- RHODE-EP	B	2:19.76
1) Van Hysteen, Darryn	2) Ormrod, David	
3) Lowndes, Andrew 23	4) Cannon, Michael	

Event 214 Women 200 LC Meter Medley Relay

USSA: 2:01.07 # 2007/12/05 TuksSwimming

S Meurer, S Van Biljon, L Retief, T Laubscher

Team	Relay	Finals Time
1 NMMU-EP	A	2:08.33
1) Plumstead, Hayley P 19	2) Knoesen, Cheri 19	
3) Plumstead, Emma G 19	4) Billson, Carmel B 19	
2 UFS-FS	A	2:11.40
1) Franklin, Sharne 21	2) Neethling, Jean-Marie 21	
3) Stones, Tarryn 23	4) Van Heerden, Lani 21	
3 UWCA-WP	A	2:13.82
1) Davison, Christelle 19	2) Jardine, Ziada 27	
3) Ferguson, Robyn N 19	4) Wagner, Larelle 22	
4 TUKS-NT	A	2:15.02
1) Lapham, Kirsten A 22	2) Van Heerden, Karlien 21	
3) Scott, Megan C 20	4) Gray, Emily A 20	
5 NWUC-NW	A	2:22.85
1) Geyer, Leani 21	2) Enslin, Nelia C 21	
3) Laubscher, Yolandi 20	4) Smith, Jo-Mari 22	
6 RHODE-EP	A	2:23.40
1) Metheven, Kelly	2) Bruns, Jessica	
3) Kroom, Kim	4) Farmer, Robyn	

7 MATI-WP	A	2:24.40
1) Stone, Cara M 23	2) van Heerden, Emily 23	
3) Lombard, Rosanne 23	4) Schooling, Kim	
8 UCTA-WP	A	2:28.52
1) Johnson, Naomi T 20	2) Thompson, Nicola C 22	
3) Dryding, Dominique 19	4) Van Breda, Keelyn R 21	
9 WITS-CG	A	2:29.38
--- UCTA-WP	B	2:28.44
1) Benetti, Tisha 19	2) Blackenburg, Bianca 19	
3) Keevy, Amy 19	4) Barker, Kim 19	
--- WITS-CG	B	2:32.09
--- NWUC-NW	B	2:34.27
1) de Villiers, Louise 19	2) Roodt, Odelia 20	
3) Loubser, Bianca 20	4) Venter, Ane F 19	

Event 301 Women 50 LC Meter FreestyleUSSA: 26.09 # 2007/12/05 Lize-Mari Retief
27.09 SASS

Name	Age	Team	Finals Time
1 Neethling, Jean-Marie	21	UFS-FS	27.14
2 Scott, Megan C	20	TUKS-NT	27.55
3 Stones, Tarryn	23	UFS-FS	28.32
4 Hallendorf, Amica	19	UCTA-WP	29.94
5 Gomes, Megan	19	WITS-CG	30.34
6 Van Heerden, Lani	21	UFS-FS	30.36
7 O'Hanlon, Debbie	18	MATI-WP	30.40
8 Plumstead, Keri J	21	NMMU-EP	30.58
9 Plumstead, Emma G	19	NMMU-EP	30.61
10 Jardine, Ziada	27	UWCA-WP	31.06
11 Tovrloza, Petra	21	WITS-CG	31.31
12 van Heerden, Emily	23	MATI-WP	31.40
13 Westcott, Bronte'	20	UCTA-WP	31.65
14 Geyer, Leani	21	NWUC-NW	31.70
15 Enslin, Nelia C	21	NWUC-NW	31.75
16 Smith, Jo-Mari	22	NWUC-NW	31.78
17 de Villiers, Louise	19	NWUC-NW	31.92
18 Barker, Kim	19	UCTA-WP	32.41
19 Gubb, Nicky	19	UCTA-WP	32.64
20 Venter, Ane F	19	NWUC-NW	33.09
21 Gray, Emily A	20	TUKS-NT	33.33
22 Mckensie, Ashleigh	21	UCTA-WP	33.73
23 Johnson, Naomi T	20	UCTA-WP	33.75
24 Tait, Mariec	19	UFS-FS	33.88
25 Hock, Gigi	19	UCTA-WP	33.90
26 Steenkamp, Louisa	19	UFS-FS	34.34
27 Laubscher, Yolandi	20	NWUC-NW	34.59
28 Thompson, Nicola C	22	UCTA-WP	34.99
29 Blackenburg, Bianca	19	UCTA-WP	35.62
30 Sithole, Nokuthula	20	UFS-FS	42.84
31 Dhlamini, A T		UZ-KZ	50.40

Event 302 Men 200 LC Meter ButterflyUSSA: 2:07.10 # 2007/12/05 Philip N De Waal
2:06.75 SASS

Name	Age	Team	Finals Time
1 De Villiers, Shaun I	19	VARS	2:07.79
2 DE Jager, Vaughn S	22	VARS	2:10.81
3 Delie, Quinton	19	TUKS-NT	2:11.15
4 Lemphane, Victor W	22	UWCA-WP	2:13.32

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(Event 302 Men 200 LC Meter Butterfly)

Name	Age	Team	Finals Time
5 Hattingh, Marius	21	TUKS-NT	2:16.59
6 VD Merwe, David	18	MATI-WP	2:21.17
7 Shazi, Prince P	19	VARS	2:30.55
8 Meyer, Arno A	19	NWUC-NW	2:33.80
9 May, Stephan P	21	MATI-WP	2:38.95

Event 303 Women 200 LC Meter Backstroke

USSA: 2:24.19 # 2008/11/29 Tannith M Prout
2:21.35 SASS

Name	Age	Team	Finals Time
1 Franklin, Sharne	21	UFS-FS	2:27.48
2 Lapham, Kirsten A	22	TUKS-NT	2:28.75
3 Plumstead, Hayley P	19	NMMU-EP	2:40.20
4 Geyer, Leani	21	NWUC-NW	2:51.65
5 Loubser, Bianca	20	NWUC-NW	2:54.52
6 de Villiers, Louise	19	NWUC-NW	3:00.98
7 Van Breda, Keelyn R	21	UCTA-WP	3:01.28
8 Venter, Ane F	19	NWUC-NW	3:04.98
9 Stone, Cara M	23	MATI-WP	3:07.02
10 Tait, Mariec	19	UFS-FS	3:08.05

Event 304 Men 200 LC Meter Backstroke

USSA: 2:12.75 # 2005/12/07 Chris R King
2:08.46 SASS

Name	Age	Team	Finals Time
1 Jacobs, Rohan N	24	VARS	2:10.87#
2 Wilken, Jurie J	21	TUKS-NT	2:22.93
3 De Villiers, Shaun I	19	VARS	2:24.19
4 Scalabrino, Alex	19	UWCA-WP	2:26.04
5 Tudhope, Andrew	20	RHODE-EP	2:26.25
6 Van Wageningen, Gerrit	21	MATI-WP	2:33.95
7 DU Plessis, Marnitz C	24	MATI-WP	2:34.31
8 de Beer, Victor L	19	NWUC-NW	2:35.51
9 Dehrmann, Darryl R	19	MATI-WP	2:43.25
10 Fourie, Armand Z	22	NWUC-NW	2:46.85

Event 305 Women 100 LC Meter Butterfly

USSA: 59.17 # 2007/12/05 Lize-Mari Retief
1:03.46 SASS

Name	Age	Team	Finals Time
1 Meyer, Bianca J	22	VARS	1:06.55
2 Scott, Megan C	20	TUKS-NT	1:08.04
3 Drying, Dominique	19	UCTA-WP	1:09.08
4 Rogers, Guinivere	21	CPUT-WP	1:10.79
5 Knoesen, Cheri	19	NMMU-EP	1:11.75
6 Franklin, Sharne	21	UFS-FS	1:11.76
7 Stones, Tarryn	23	UFS-FS	1:14.72
8 Plumstead, Keri J	21	NMMU-EP	1:16.73
9 Tovrloza, Petra	21	WITS-CG	1:16.84
10 Laubscher, Yolandi	20	NWUC-NW	1:29.77

Event 306 Men 200 LC Meter Breaststroke

USSA: 2:14.80 # 2007/12/05 William G Diering
2:23.37 SASS

Name	Age	Team	Finals Time
1 Lockett, Byron W	20	VARS	2:33.04
2 Schoeman, Riaan H	22	VARS	2:37.05

3 VD Merwe, David	18	MATI-WP	2:40.41
4 Fourie, LE Roux L	20	TUKS-NT	2:41.06
5 Finch, Doyle R	21	UWCA-WP	2:43.35
6 Erasmus, Douglas J	21	TUKS-NT	2:44.51
7 Lemphane, Victor W	22	UWCA-WP	2:45.00
8 Bergenthuin, JG G	19	MATI-WP	2:46.48
9 Steven, Christopher	19	UFS-FS	2:57.31
10 Terblanché, Heinie P	19	NWUC-NW	3:00.76
11 Thomas, Keegan C	20	NWUC-NW	3:09.13
12 Schafer, Cameron W	22	MATI-WP	3:12.90
13 Louw, Marnus J	21	NWUC-NW	3:16.15
14 Hovy, Henk	22	NWUC-NW	3:23.49

Event 307 Women 100 LC Meter Breaststroke

USSA: 1:10.71 # 2007/12/05 Suzaan Van Biljon
1:13.78 SASS

Name	Age	Team	Finals Time
1 Neethling, Jean-Marie	21	UFS-FS	1:17.67
2 Knoesen, Cheri	19	NMMU-EP	1:18.35
3 Rogers, Guinivere	21	CPUT-WP	1:19.63
4 Enslin, Nelia C	21	NWUC-NW	1:22.31
5 Lombard, Rosanne	23	MATI-WP	1:24.89
6 Jardine, Ziada	27	UWCA-WP	1:24.96
7 Thompson, Nicola C	22	UCTA-WP	1:29.67
8 Plumstead, Emma G	19	NMMU-EP	1:29.99
9 Van Heerden, Lani	21	UFS-FS	1:31.91
10 Steenkamp, Louisa	19	UFS-FS	1:36.02
11 Smith, Jo-Mari	22	NWUC-NW	1:37.50
12 Roodt, Odelia	20	NWUC-NW	1:45.07
13 Goosen, Tiané	20	NWUC-NW	1:48.08
14 Sithole, Nokuthula	20	UFS-FS	2:03.07

Event 308 Men 100 LC Meter Freestyle

USSA: 51.83 # 2006/11/29 Greg M Kieck
53.17 SASS

Name	Age	Team	Finals Time
1 Meyer, Nico	19	TUKS-NT	53.07 SASS
2 Wilken, Jurie J	21	TUKS-NT	53.27
3 Scalabrino, Alex	19	UWCA-WP	54.50
4 Pheasant, Simon P	20	RHODE-EP	54.56
5 DE Jager, Vaughn S	22	VARS	54.76
6 Keating, Cassey	20	NWUC-NW	55.27
7 Visser, Natus I	20	NWUC-NW	55.62
8 Herman, Heerden	20	MATI-WP	55.65
9 Adriaanse, Jodi	20	TUKS-NT	55.97
10 Cloete, Rubin	19	MATI-WP	56.95
11 Dehrmann, Darryl R	19	MATI-WP	57.91
12 DU Plessis, Marnitz C	24	MATI-WP	58.37
13 Tucker, Sean	19	TUKS-NT	58.76
14 Meyer, Arno A	19	NWUC-NW	58.89
15 Grant, Matthew M	19	WITS-CG	59.66
16 May, Stephan P	21	MATI-WP	1:00.58
17 Terblanché, Heinie P	19	NWUC-NW	1:01.12
18 Shazi, Prince P	19	VARS	1:01.13
19 Van Wageningen, Gerrit	21	MATI-WP	1:01.20
20 de Beer, Victor L	19	NWUC-NW	1:02.35
21 Fourie, Armand Z	22	NWUC-NW	1:02.76
22 LE Roux, JP	20	MATI-WP	1:03.06

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(Event 308 Men 100 LC Meter Freestyle)

Name	Age	Team	Finals Time
23 Bassuday, Justin C	19	UWCA-WP	1:04.54
*24 Herbst, Hendri J	19	MATI-WP	1:04.60
*24 Lowndes, Andrew	23	RHODE-EP	1:04.60
26 Springate, Kyle	20	UCTA-WP	1:04.80
27 Baines, Daniel	23	RHODE-EP	1:05.54
28 Botha, Wihan	20	UFS-FS	1:05.78
29 Louw, Marnus J	21	NWUC-NW	1:06.07
30 Thomas, Keegan C	20	NWUC-NW	1:07.65
31 Nel, Jonathan	24	UCTA-WP	1:08.65
32 Jooma, Ahmad	21	UCTA-WP	1:20.02
--- Boit, Edwin K	20	UWCA-WP	DQ

Event 309 Women 400 LC Meter Freestyle

USSA: 4:30.97 # 2005/12/07 Tammy H Laubscher
4:30.42 SASS

Name	Age	Team	Finals Time
1 Warnes, Rene' D	19	VARS	4:28.56# SASS
2 Lapham, Kirsten A	22	TUKS-NT	4:29.12# SASS
3 Drying, Dominique	19	UCTA-WP	4:41.15
4 Rogers, Guinivere	21	CPUT-WP	4:51.70
5 Gomes, Megan	19	WITS-CG	5:00.41
6 Van Heerden, Karlien	21	TUKS-NT	5:03.66
7 Gray, Emily A	20	TUKS-NT	5:04.04
8 Davison, Christelle	19	UWCA-WP	5:11.98
9 Lombard, Rosanne	23	MATI-WP	5:17.32
10 Van Breda, Keelyn R	21	UCTA-WP	5:30.84
11 Venter, Ane F	19	NWUC-NW	5:49.20
12 Roodt, Odelia	20	NWUC-NW	6:02.58
13 Stone, Cara M	23	MATI-WP	6:14.89
14 Goosen, Tiané	20	NWUC-NW	6:55.59

Event 310 Men 1500 LC Meter Freestyle

USSA: 15:17.96 # 2010/12/03 Heerden Herman
16:18.55 SASS

Name	Age	Team	Finals Time
1 Herman, Heerden	20	MATI-WP	15:55.54 SASS
2 Bornman, Albert A	20	TUKS-NT	17:11.46
3 Delie, Quinton	19	TUKS-NT	17:43.83
4 Bergenthuin, JG G	19	MATI-WP	17:51.36
5 Smit, Rouen V	21	UCTA-WP	21:02.21
6 Steven, Christopher	19	UFS-FS	21:36.59
7 Lowndes, Andrew	23	RHODE-EP	21:54.77
8 Hovy, Henk	22	NWUC-NW	25:43.06

Event 311 Women 200 LC Meter Freestyle Relay

USSA: 1:50.84 # 2007/12/06 TuksSwimming

S Meurer, S Van Biljon, L Retief, T Laubscher

Team	Relay	Finals Time
1 UFS-FS	A	1:56.10
1) Neethling, Jean-Marie 21	2) Franklin, Sharne 21	
3) Van Heerden, Lani 21	4) Stones, Tarryn 23	
2 NMMU-EP	A	2:00.48
1) Plumstead, Emma G 19	2) Plumstead, Keri J 21	
3) Knoesen, Cheri 19	4) Plumstead, Hayley P 19	
3 TUKS-NT	A	2:00.76
1) Scott, Megan C 20	2) Van Heerden, Karlien 21	
3) Gray, Emily A 20	4) Lapham, Kirsten A 22	

4 MATI-WP	A	2:07.02
1) van Heerden, Emily 23	2) Lombard, Rosanne 23	
3) Stone, Cara M 23	4) Schooling, Kim	
5 NWUC-NW	A	2:08.49
1) Smith, Jo-Mari 22	2) Geyer, Leani 21	
3) Venter, Ane F 19	4) Enslin, Nelia C 21	
6 UCTA-WP	A	2:13.62
1) Van Breda, Keelyn R 21	2) Johnson, Noami T 20	
3) Thompson, Nicola C 22	4) Drying, Dominique 19	
--- NWUC-NW	B	2:10.58
1) Loubser, Bianca 20	2) de Villiers, Louise 19	
3) Roodt, Odelia 20	4) Laubscher, Yolandi 20	

Event 312 Men 200 LC Meter Freestyle Relay

USSA: 1:36.05 # 2009/12/03 TuksSwimming

J Wilken, J Lawson, F Venter, W Diering

Team	Relay	Finals Time
1 TUKS-NT	A	1:37.51
1) Meyer, Nico 19	2) Erasmus, Douglas J 21	
3) Adriaanse, Jodi 20	4) Wilken, Jurie J 21	
2 VARS	A	1:40.94
1) DE Jager, Vaughn S 22	2) Schoeman, Riaan H 22	
3) De Villiers, Shaun I 19	4) Jacobs, Rohan N 24	
3 NWUC-NW	A	1:43.57
1) Meyer, Arno A 19	2) de Beer, Victor L 19	
3) Terblanché, Heinie P 19	4) Visser, Natus I 20	
*4 MATI-WP	A	1:46.55
1) DU Plessis, Marnitz C 24	2) Van Wageningen, Gerrit 21	
3) Herman, Heerden 20	4) Cloete, Ruben 19	
*4 UWCA-WP	A	1:46.55
1) Finch, Doyle R 21	2) Lemphane, Victor W 22	
3) Bassuday, Justin C 19	4) Boit, Edwin K 20	
6 RHODE-EP	A	1:47.25
7 UCTA-WP	A	2:04.18
1) Nel, Jonathan 24	2) Smit, Rouen V 21	
3) Jooma, Ahmad 21	4) Springate, Kyle 20	
--- MATI-WP	B	1:49.86
1) Herbst, Hendri J 19	2) May, Stephan P 21	
3) Schafer, Cameron W 22	4) Bergenthuin, JG G 19	
--- NWUC-NW	B	1:50.23
1) Louw, Marnus J 21	2) Fourie, Armand Z 22	
3) Thomas, Keegan C 20	4) Keating, Cassey 20	

Combined Team Scores

Combined Team Scores - Through Event 312	
1. TuksSwimming	967.5
2. University of Stellenbosch	726.5
3. Uwc Aquatics	684
4. Varsity College	663
5. North West University Swim Clu	651
6. University of the Freestate	515
7. University of Cape Town - Aqua	448
8. Nelson Mandela Metropolitan Un	422
9. University of the Witwatersran	290
10. Rhodes University	261
11. Cape Town University of Tech	89
12. University of Fort Hare	47

USSA Swimming Championships 2011 - 2011/11/30 to 2011/12/02

Results

(Combined Team Scores)

13. University of Zululand	1
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Scores - Women

 Women - Team Rankings - Through Event 312

1. University of the Freestate	455
2. Nelson Mandela Metropolitan Un	422
3. TuksSwimming	372.5
4. Uwc Aquatics	323
5. University of Cape Town - Aqua	316
6. North West University Swim Clu	290
7. University of Stellenbosch	228.5
8. University of the Witwatersran	179
9. Varsity College	169
10. Cape Town University of Tech	89
11. Rhodes University	26
12. University of Zululand	1

Scores - Men

 Men - Team Rankings - Through Event 312

1. TuksSwimming	595
2. University of Stellenbosch	498
3. Varsity College	494
4. North West University Swim Clu	361
4. Uwc Aquatics	361
6. Rhodes University	235
7. University of Cape Town - Aqua	132
8. University of the Witwatersran	111
9. University of the Freestate	60
10. University of Fort Hare	47