

USSA Swimming Championships 2012 - 2012/12/03 to 2012/12/05

Results

Event 101 Men 50 LC Meter Breaststroke

USSA: 28.92 # 2009/12/01 William G Diering
30.28 SASS

Tuks

Name	Age	School	Finals Time
1 Jacobs, Rohan N	25	Varsity College	30.48
2 Lockett, Byron W	21	Nelson Mandela Metropolitan Un-EP	30.92
3 Erasmus, Douglas J	22	TuksSwimming-NT	30.94
4 Lawler, Andre	19	TuksSwimming-NT	31.20
5 Titus, Byran L	19	Uwc Aquatics-WP	33.23
6 Davey, Thomas		University of the Witwatersran-CG	33.84
7 Herbst, Luke M	19	University of Stellenbosch-WP	34.31
8 Terblanché, Heinie P	20	North West University Swim Clu-NW	34.53
9 Hugo, Rhys J	22	University of Fort Hare-BO	34.71
10 Visser, Natus I	21	North West University Swim Clu-NW	34.81
11 Gabriels, Paolo	22	Uwc Aquatics-WP	34.95
12 Nxumab, Zegimdumise	20	University of the Witwatersran-CG	35.82
13 Haller, Michen C	21	University of Stellenbosch-WP	36.84
14 White, Kim	22	University of Cape Town - Aqua-WP	36.91
15 Baines, Daniel	24	Rhodes University-EP	37.49
16 Bassuday, Justin C	20	Uwc Aquatics-WP	37.73
17 Macpherson, Ralph A	23	North West University Swim Clu-NW	38.81
18 Golden, Darren	20	University of Cape Town - Aqua-WP	38.86
19 Nortjie, Steven	20	University of the Witwatersran-CG	39.00
20 Henchie, Travis	24	University of Cape Town - Aqua-WP	40.07

Event 102 Women 50 LC Meter Backstroke

USSA: 29.47 # 2008/11/27 Lize-Mari Retief
31.37 SASS

Tuks

Name	Age	School	Finals Time
1 DE Vos, Natasha	19	TuksSwimming-NT	32.35
2 Plumstead, Hayley P	20	Nelson Mandela Metropolitan Un-EP	32.95
3 du Toit, Jeanie	20	University of the Witwatersran-CG	33.97
4 Bentham, Sarah	20	University of the Witwatersran-CG	36.01
5 Van Zyl, Jo-Mari	19	TuksSwimming-NT	36.16
6 Geyer, Leani	22	North West University Swim Clu-NW	36.55
7 Nicholas, Nina	19	University of Stellenbosch-WP	36.75
8 Rosslee, Kelly		University of the Witwatersran-CG	37.21
9 Venter, Adri	19	University of the Freestate-FS	37.55
10 Barker, Kim	20	University of Cape Town - Aqua-WP	37.86
11 Raal, Philippa	20	University of the Witwatersran-CG	37.93
12 Wagner, Larelle	23	Uwc Aquatics-WP	38.67
13 Cilliers, Landi	20	North West University Swim Clu-NW	38.80
14 Icely, Andrea	20	University of Cape Town - Aqua-WP	38.97
15 Tacon, Nicole	23	University of Cape Town - Aqua-WP	39.55
16 Blake, Sarah	20	University of Cape Town - Aqua-WP	39.76
17 Smith, Jo-Mari	23	North West University Swim Clu-NW	40.26
18 Ramsden, Kelly	19	University of the Freestate-FS	40.66
19 Albertse, Marzaan	21	Uwc Aquatics-WP	40.72
20 Isaacs, Kayla	19	University of Cape Town - Aqua-WP	40.75
21 Johnson, Noami T	21	University of Cape Town - Aqua-WP	40.96
22 Pedersen, Kerry A	19	University of Stellenbosch-WP	47.77
23 Golach, Taylor		University of the Witwatersran-CG	48.54

USSA Swimming Championships 2012 - 2012/12/03 to 2012/12/05

Results

Event 103 Men 100 LC Meter Backstroke

USSA: 58.54 # 2006/11/27 Chris R King
59.37 SASS

UCT

Name	Age	School	Finals Time
1 Murray, Darren J	21	TuksSwimming-NT	57.96# SASS
2 Swart, Coenraad C	20	TuksSwimming-NT	1:00.56
3 Wesso, Dean C	18	Uwc Aquatics-WP	1:04.93
4 Wiehahn, Wesley P	22	Nelson Mandela Metropolitan Un-EP	1:07.02
5 Titus, Byran L	19	Uwc Aquatics-WP	1:07.42
6 von Wielligh, Reino J	19	North West University Swim Clu-NW	1:07.63
7 de Beer, Victor L	20	North West University Swim Clu-NW	1:08.89
8 Wiid, Gustav R	19	University of Stellenbosch-WP	1:13.24
9 Bala, Staszek	23	North West University Swim Clu-NW	1:13.41
10 Hodges, Graham	22	University of Cape Town - Aqua-WP	1:13.84
11 May, Stephan P	22	University of Stellenbosch-WP	1:15.08
12 Alexander, Matthew A	22	Uwc Aquatics-WP	1:18.36
--- Patterson, Liam		University of the Witwatersran-CG	DQ

Event 104 Women 200 LC Meter Breaststroke

USSA: 2:30.43 # 2007/12/06 Suzaan Van Biljon
2:38.36 SASS

Tuks

Name	Age	School	Finals Time
1 Knoesen, Cheri 1:20.55 1:29.33	20	Nelson Mandela Metropolitan Un-EP	2:49.88
2 Ferguson, Robyn N 1:21.10 1:30.22	20	Uwc Aquatics-WP	2:51.32
3 Enslin, Nelia C 1:26.99 1:32.21	22	North West University Swim Clu-NW	2:59.20
4 Rodseth, Claire 1:29.99 1:33.90	20	University of Cape Town - Aqua-WP	3:03.89
5 Lombard, Rosie 1:32.33 1:33.60	21	University of Stellenbosch-WP	3:05.93
6 Thompson, Nicola C 1:31.44 1:39.88	23	University of Stellenbosch-WP	3:11.32
7 Steenkamp, Louisa L 1:31.89 1:44.10	20	University of the Freestate-FS	3:15.99
8 Boshoff, Maretha 1:31.28 1:44.78	19	North West University Swim Clu-NW	3:16.06
9 Van Heerden, Lani 1:35.98 1:43.48	20	University of the Freestate-FS	3:19.46
10 Le Roux, Simone 1:34.82 1:46.84	20	University of the Freestate-FS	3:21.66
11 Oelofse, Catie C 1:35.43 1:46.68	19	University of the Freestate-FS	3:22.11
12 Plumstead, Emma G 1:36.17 1:50.35	20	Nelson Mandela Metropolitan Un-EP	3:26.52
13 Roodt, Odelia 1:44.68 1:55.52	21	North West University Swim Clu-NW	3:40.20

Event 105 Men 100 LC Meter Butterfly

USSA: 55.70 # 2011/11/30 Nico Meyer
56.94 SASS

Tuks

Name	Age	School	Finals Time
1 Lockett, Byron W	21	Nelson Mandela Metropolitan Un-EP	57.27

USSA Swimming Championships 2012 - 2012/12/03 to 2012/12/05

Results

(Event 105 Men 100 LC Meter Butterfly)

Name	Age	School	Finals Time
2 De Villiers, Shaun I	20	TuksSwimming-NT	57.74
3 Hansford, Thomas J	20	Nelson Mandela Metropolitan Un-EP	58.32
4 DE Jager, Vaughn S	23	TuksSwimming-NT	58.45
5 Cloete, Rubin	20	University of Stellenbosch-WP	59.89
6 Lemphane, Victor W	23	Uwc Aquatics-WP	1:00.37
7 Visser, Natus I	21	North West University Swim Clu-NW	1:00.73
8 Smit, Marcel P	25	University of Stellenbosch-WP	1:01.17
9 Macmillan, Dylan	20	University of the Witwatersran-CG	1:01.23
10 Wesso, Dean C	18	Uwc Aquatics-WP	1:01.42
11 Herbst, Luke M	19	University of Stellenbosch-WP	1:03.33
12 Brooks, Lee	22	University of Cape Town - Aqua-WP	1:03.51
13 Wiehahn, Wesley P	22	Nelson Mandela Metropolitan Un-EP	1:03.56
14 Shazi, Prince P	20	Varsity College	1:06.08
15 May, Stephan P	22	University of Stellenbosch-WP	1:06.74
16 Macpherson, Ralph A	23	North West University Swim Clu-NW	1:12.22
17 Scholtz, Matthew H	19	Uwc Aquatics-WP	1:13.61
--- Amoreti, Drew	22	University of the Witwatersran-CG	DQ
--- Whitebread, Gregory	20	University of the Witwatersran-CG	DQ
--- Hazakis, Nick	20	University of the Witwatersran-CG	DQ

Event 106 Women 200 LC Meter Butterfly

USSA: 2:19.89 # 2005/12/05 Charne Gehring TUKS
 2:19.38 SASS

Name	Age	School	Finals Time
1 Roux, Jessica S	20	Varsity College	2:27.14
1:09.53 1:17.61			
2 Dryding, Dominique A	19	University of Cape Town - Aqua-WP	2:34.92
1:10.62 1:24.30			
3 Newman, Rebecca J	20	Nelson Mandela Metropolitan Un-EP	2:59.44
1:23.47 1:35.97			

Event 107 Men 200 LC Meter Freestyle

USSA: 1:54.93 # 2010/12/01 Heerden Herman Maties
 1:56.62 SASS

Name	Age	School	Finals Time
1 Sweeney, Ayrton S	18	University of Cape Town - Aqua-WP	1:56.28 SASS
57.00 59.28			
2 Fischer, Andrew C	19	Nelson Mandela Metropolitan Un-EP	1:56.91
56.85 1:00.06			
3 Wilken, Jurie J	22	TuksSwimming-NT	1:58.46
56.73 1:01.73			
4 Herman, Heerden	21	University of Stellenbosch-WP	2:03.73
58.74 1:04.99			
5 Huber, Richard	19	Varsity College	2:08.89
59.46 1:09.43			
6 DE Jager, Vaughn S	23	TuksSwimming-NT	2:12.57
1:03.81 1:08.76			
7 Terblanché, Heinie P	20	North West University Swim Clu-NW	2:12.95
8 Boonzaaier, Willie P	19	University of the Freestate-FS	2:14.07
1:03.27 1:10.80			
9 Wiid, Gustav R	19	University of Stellenbosch-WP	2:14.28
1:04.22 1:10.06			

USSA Swimming Championships 2012 - 2012/12/03 to 2012/12/05**Results****(Event 107 Men 200 LC Meter Freestyle)**

	Name	Age	School	Finals Time
10	Bergenthuin, JG G 1:03.14 1:11.32	20	University of Stellenbosch-WP	2:14.46
11	Hodges, Graham 1:09.82 1:06.74	22	University of Cape Town - Aqua-WP	2:16.56
12	Bala, Staszek 1:07.98 1:13.25	23	North West University Swim Clu-NW	2:21.23
13	Mason, Dylan 1:07.42 1:18.64	20	University of the Witwatersran-CG	2:26.06
14	Gabriels, Paolo 1:08.75 1:18.51	22	Uwc Aquatics-WP	2:27.26
15	Golden, Darren 1:10.05 1:19.73	20	University of Cape Town - Aqua-WP	2:29.78
16	Wicks, Arlo 1:11.94 1:23.76	22	Uwc Aquatics-WP	2:35.70
17	White, Kim 1:13.71 1:26.88	22	University of Cape Town - Aqua-WP	2:40.59
18	Whitebread, Gregory 1:19.22 1:40.01	20	University of the Witwatersran-CG	2:59.23
19	Hazakis, Nick 1:23.96 1:41.31	20	University of the Witwatersran-CG	3:05.27

Event 108 Women 100 LC Meter Freestyle

USSA: 57.20 # 2007/12/06 Lize-Mari Retief
59.45 SASS

Tuks

	Name	Age	School	Finals Time
1	Van Zyl, Jo-Mari	19	TuksSwimming-NT	1:00.36
2	Scott, Megan C	21	TuksSwimming-NT	1:01.04
3	Kat, Caitlin	19	University of Stellenbosch-WP	1:01.17
4	Powell, Maxine	23	TuksSwimming-NT	1:03.28
5	Dryding, Dominique A	19	University of Cape Town - Aqua-WP	1:04.17
6	Ferguson, Robyn N	20	Uwc Aquatics-WP	1:04.99
7	Plumstead, Hayley P	20	Nelson Mandela Metropolitan Un-EP	1:06.68
8	Van Zyl, Anieke	20	University of Stellenbosch-WP	1:06.70
9	Rosslee, Kelly		University of the Witwatersran-CG	1:08.06
10	Bentham, Sarah	20	University of the Witwatersran-CG	1:08.74
11	Rodseth, Claire	20	University of Cape Town - Aqua-WP	1:08.77
12	Cilliers, Landi	20	North West University Swim Clu-NW	1:08.85
13	Blake, Sarah	20	University of Cape Town - Aqua-WP	1:09.05
14	Venter, Adri	19	University of the Freestate-FS	1:09.18
15	Boshoff, Maretha	19	North West University Swim Clu-NW	1:09.55
16	Le Roux, Simone	20	University of the Freestate-FS	1:10.02
17	Wagner, Larelle	23	Uwc Aquatics-WP	1:10.27
18	Tacon, Nicole	23	University of Cape Town - Aqua-WP	1:10.43
19	Icely, Andrea	20	University of Cape Town - Aqua-WP	1:11.16
20	Smith, Jo-Mari	23	North West University Swim Clu-NW	1:12.66
21	Van Heerden, Lani	20	University of the Freestate-FS	1:13.18
22	Webster, Jennifer S	19	University of Stellenbosch-WP	1:13.33
23	Steenkamp, Louisa L	20	University of the Freestate-FS	1:13.65
24	Johnson, Noami T	21	University of Cape Town - Aqua-WP	1:13.88
25	Ramsden, Kelly	19	University of the Freestate-FS	1:14.17
26	Rosslee, Kirsten		University of the Witwatersran-CG	1:14.43
27	Isaacs, Kayla	19	University of Cape Town - Aqua-WP	1:15.16
28	Albertse, Marzaan	21	Uwc Aquatics-WP	1:15.44

USSA Swimming Championships 2012 - 2012/12/03 to 2012/12/05

Results

(Event 108 Women 100 LC Meter Freestyle)

Name	Age	School	Finals Time
29 Van Breda, Keelyn R	22	University of Cape Town - Aqua-WP	1:15.51
30 Barnes, Carmyn	21	University of Stellenbosch-WP	1:16.31
31 Oelofse, Catie C	19	University of the Freestate-FS	1:19.42
32 Donaldson, Juliet		University of the Witwatersran-CG	1:19.55

Event 109 Men 400 LC Meter IM

USSA: 4:40.54 # 2007/12/05 Byron C Fergusson Tuks
4:37.62 SASS

Name	Age	School	Finals Time
1 Sweeney, Ayrton S	18	University of Cape Town - Aqua-WP	4:39.88#
1:02.45 1:12.49 1:16.91 1:08.03			
2 Hansford, Thomas J	20	Nelson Mandela Metropolitan Un-EP	4:46.45
1:01.19 1:15.99 1:22.94 1:06.33			
3 Molepo, Malesela M	21	TuksSwimming-NT	4:52.17
1:03.97 1:15.05 1:24.87 1:08.28			
4 Lemphane, Victor W	23	Uwc Aquatics-WP	5:00.40
1:04.22 1:19.25 1:29.71 1:07.22			
5 van Oort, Abie F	25	North West University Swim Clu-NW	5:06.40
1:07.69 1:21.43 1:25.45 1:11.83			
6 von Wielligh, Reino J	19	North West University Swim Clu-NW	5:16.09
1:05.32 1:19.13 1:35.83 1:15.81			
7 Brand, Bertus J	19	North West University Swim Clu-NW	5:21.83
1:09.06 1:24.93 1:33.72 1:14.12			
8 Haller, Michen C	21	University of Stellenbosch-WP	5:21.88
1:09.02 1:21.68 1:33.71 1:17.47			
9 Bergenthuin, JG G	20	University of Stellenbosch-WP	5:34.42
1:09.89 1:26.93 1:36.63 1:20.97			
10 Shazi, Prince P	20	Varsity College	5:44.28
1:08.28 1:29.85 1:44.75 1:21.40			

Event 110 Women 400 LC Meter IM

USSA: 4:57.60 # 2011/11/30 Rene' D Warnes Seagulls-KZ
5:03.64 SASS

Name	Age	School	Finals Time
1 Kat, Caitlin	19	University of Stellenbosch-WP	5:17.68
1:11.73 1:22.40 1:32.91 1:10.64			
2 Lombard, Rosie	21	University of Stellenbosch-WP	5:52.13
1:23.88 1:29.94 1:38.44 1:19.87			
3 Enslin, Nelia C	22	North West University Swim Clu-NW	5:53.87
1:23.43 1:32.21 1:36.65 1:21.58			
4 Geyer, Leani	22	North West University Swim Clu-NW	6:04.53
1:20.42 1:32.95 1:44.42 1:26.74			
5 Newman, Rebecca J	20	Nelson Mandela Metropolitan Un-EP	6:07.16
1:25.17 1:30.40 1:51.78 1:19.81			

Event 201 Men 50 LC Meter Freestyle

USSA: 23.66 # 2007/12/06 Greg M Kieck NMMU-
24.08 SASS

Name	Age	School	Finals Time
1 Lawson, Jason A	24	TuksSwimming-NT	23.81 SASS
2 Meyer, Nico	20	TuksSwimming-NT	23.93 SASS
3 Pendock, Luke F	19	Dbn University of Technology-KZ	23.99 SASS
4 Erasmus, Douglas J	22	TuksSwimming-NT	24.05 SASS
5 Macmillan, Dylan	20	University of the Witwatersran-CG	24.72

USSA Swimming Championships 2012 - 2012/12/03 to 2012/12/05**Results****(Event 201 Men 50 LC Meter Freestyle)**

	Name	Age	School	Finals Time
6	Cloete, Rubin	20	University of Stellenbosch-WP	25.16
7	Smit, Marcel P	25	University of Stellenbosch-WP	25.22
8	Visser, Natus I	21	North West University Swim Clu-NW	25.38
9	Pike, Matt W	21	Varsity College	25.87
10	Wiehahn, Wesley P	22	Nelson Mandela Metropolitan Un-EP	26.03
11	de Beer, Victor L	20	North West University Swim Clu-NW	26.05
12	Smit, Dylan	24	University of Cape Town - Aqua-WP	26.52
13	Terblanché, Heinie P	20	North West University Swim Clu-NW	26.58
14	Huber, Richard	19	Varsity College	26.80
15	Nxumab, Zegimdumise	20	University of the Witwatersran-CG	26.98
16	Brooks, Lee	22	University of Cape Town - Aqua-WP	27.12
17	Hodges, Graham	22	University of Cape Town - Aqua-WP	27.41
18	Herbst, Hendri J	20	University of Stellenbosch-WP	28.10
19	Boonzaaier, Willie P	19	University of the Freestate-FS	28.12
20	Alexander, Matthew A	22	Uwc Aquatics-WP	28.26
21	Henchie, Travis	24	University of Cape Town - Aqua-WP	28.66
22	Nortjie, Steven	20	University of the Witwatersran-CG	28.87
23	Macpherson, Ralph A	23	North West University Swim Clu-NW	29.38
24	Bassuday, Justin C	20	Uwc Aquatics-WP	29.42
25	Maxwell, Chris	25	Rhodes University-EP	29.89
26	White, Kim	22	University of Cape Town - Aqua-WP	29.94
27	Fisher, Andrew	20	University of the Witwatersran-CG	30.17
28	Nel, Jonathan	25	University of Cape Town - Aqua-WP	30.42
29	Wicks, Arlo	22	Uwc Aquatics-WP	31.19
30	Baines, Daniel	24	Rhodes University-EP	31.99
31	Renato, Paulo	20	University of the Witwatersran-CG	32.71

Event 202 Women 200 LC Meter IM

USSA: 2:19.29 # 2007/12/05 Suzaan Van Biljon
 2:24.70 SASS

Tuks

	Name	Age	School	Finals Time
1	Kat, Caitlin 1:12.05 1:17.08	19	University of Stellenbosch-WP	2:29.13
2	DE Vos, Natasha 1:07.24 1:25.01	19	TuksSwimming-NT	2:32.25
3	Ferguson, Robyn N 1:14.83 1:21.68	20	Uwc Aquatics-WP	2:36.51
4	Lombard, Rosie 1:19.22 1:27.75	21	University of Stellenbosch-WP	2:46.97
5	Enslin, Nelia C 1:21.24 1:26.28	22	North West University Swim Clu-NW	2:47.52
6	Geyer, Leani 1:19.62 1:33.37	22	North West University Swim Clu-NW	2:52.99
7	Wagner, Larelle 1:22.69 1:32.87	23	Uwc Aquatics-WP	2:55.56
8	Isaacs, Kayla 1:29.29 1:44.81	19	University of Cape Town - Aqua-WP	3:14.10
9	Sutter, Nicola 1:44.14 1:49.96	23	Rhodes University-EP	3:34.10
10	Voermath, Lee-Anne 1:44.06 1:51.26	23	Rhodes University-EP	3:35.32

USSA Swimming Championships 2012 - 2012/12/03 to 2012/12/05

Results

Event 203 Men 400 LC Meter Freestyle

USSA: 3:56.47 # 2010/12/02 Heerden Herman

Maties

4:12.59 SASS

Name	Age	School	Finals Time
1 Sweeney, Ayrton S	18	University of Cape Town - Aqua-WP	4:12.87
2 Fischer, Andrew C	19	Nelson Mandela Metropolitan Un-EP	4:16.10
3 Hansford, Thomas J	20	Nelson Mandela Metropolitan Un-EP	4:18.15
4 Pike, Matt W	21	Varsity College	4:19.43
5 Molepo, Malesela M	21	TuksSwimming-NT	4:21.10
6 Herman, Heerden	21	University of Stellenbosch-WP	4:30.07
7 Lemphane, Victor W	23	Uwc Aquatics-WP	4:30.76
8 von Wielligh, Reino J	19	North West University Swim Clu-NW	4:32.45
		1:02.20 1:08.42 1:10.69 1:11.14	
9 van Oort, Abie F	25	North West University Swim Clu-NW	4:39.84
		1:04.07 1:10.40 1:12.70 1:12.67	
10 Wesso, Dean C	18	Uwc Aquatics-WP	4:42.93
		1:03.98 1:10.51 1:13.33 1:15.11	
11 Wiid, Gustav R	19	University of Stellenbosch-WP	4:55.45
12 Bala, Staszek	23	North West University Swim Clu-NW	4:59.41
		1:07.65 1:16.61 1:18.16 1:16.99	

Event 204 Women 100 LC Meter Backstroke

USSA: 1:04.61 # 2008/11/28 Lize-Mari Retief

Tuks

1:06.37 SASS

Name	Age	School	Finals Time
1 DE Vos, Natasha	19	TuksSwimming-NT	1:07.91
2 Scott, Megan C	21	TuksSwimming-NT	1:08.71
3 Nicholas, Nina	19	University of Stellenbosch-WP	1:13.76
4 Bentham, Sarah	20	University of the Witwatersran-CG	1:18.38
5 Newman, Rebecca J	20	Nelson Mandela Metropolitan Un-EP	1:20.15
6 Icely, Andrea	20	University of Cape Town - Aqua-WP	1:22.79
7 Tacon, Nicole	23	University of Cape Town - Aqua-WP	1:25.28
8 Johnson, Noami T	21	University of Cape Town - Aqua-WP	1:26.87
9 Luyt, Jozanne	19	North West University Swim Clu-NW	1:27.37
10 Smith, Jo-Mari	23	North West University Swim Clu-NW	1:31.14
11 Bonnet, Elisabeth	19	University of the Freestate-FS	1:36.37
12 Pedersen, Kerryn A	19	University of Stellenbosch-WP	1:42.07

Event 205 Men 50 LC Meter Butterfly

USSA: 25.05 # 2009/12/02 Fouche H Venter

Tuks

25.91 SASS

Name	Age	School	Finals Time
1 Meyer, Nico	20	TuksSwimming-NT	25.44 SASS
2 Jacobs, Rohan N	25	Varsity College	25.60 SASS
3 Wilken, Jurie J	22	TuksSwimming-NT	25.99
4 Macmillan, Dylan	20	University of the Witwatersran-CG	26.24
5 Lockett, Byron W	21	Nelson Mandela Metropolitan Un-EP	26.68
6 Visser, Natus I	21	North West University Swim Clu-NW	26.84
7 Smit, Marcel P	25	University of Stellenbosch-WP	26.92
8 Cloete, Rubin	20	University of Stellenbosch-WP	26.98
9 Wiehahn, Wesley P	22	Nelson Mandela Metropolitan Un-EP	28.66
10 May, Stephan P	22	University of Stellenbosch-WP	29.03
11 Nxumab, Zegimdumise	20	University of the Witwatersran-CG	29.04
12 Brooks, Lee	22	University of Cape Town - Aqua-WP	29.08

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(Event 205 Men 50 LC Meter Butterfly)

Name	Age	School	Finals Time
13 de Beer, Victor L	20	North West University Swim Clu-NW	29.25
14 Shazi, Prince P	20	Varsity College	30.12
15 Brand, Bertus J	19	North West University Swim Clu-NW	30.25
16 Boonzaaier, Willie P	19	University of the Freestate-FS	30.42
17 Macpherson, Ralph A	23	North West University Swim Clu-NW	31.42
18 Baines, Daniel	24	Rhodes University-EP	31.80
19 Davey, Thomas		University of the Witwatersran-CG	32.53
20 Nortjie, Steven	20	University of the Witwatersran-CG	32.94
21 Scholtz, Matthew H	19	Uwc Aquatics-WP	33.50
22 Bassuday, Justin C	20	Uwc Aquatics-WP	34.72
23 Henchie, Travis	24	University of Cape Town - Aqua-WP	35.20
24 Maxwell, Chris	25	Rhodes University-EP	35.56
25 Overton, David	20	University of the Witwatersran-CG	35.63
26 Nel, Jonathan	25	University of Cape Town - Aqua-WP	36.41
--- Wicks, Arlo	22	Uwc Aquatics-WP	DQ

Event 206 Women 50 LC Meter Breaststroke

USSA: 33.40 # 2007/12/06 Suzaan Van Biljon
 34.19 SASS

Tuks

Name	Age	School	Finals Time
1 Ferguson, Robyn N	20	Uwc Aquatics-WP	35.29
2 Knoesen, Cheri	20	Nelson Mandela Metropolitan Un-EP	35.47
3 du Toit, Jeanie	20	University of the Witwatersran-CG	35.98
4 Enslin, Nelia C	22	North West University Swim Clu-NW	37.37
5 Thompson, Nicola C	23	University of Stellenbosch-WP	38.63
6 Rodseth, Claire	20	University of Cape Town - Aqua-WP	39.19
7 Jardine, Ziada	28	Uwc Aquatics-WP	39.43
8 Boshoff, Maretha	19	North West University Swim Clu-NW	39.45
9 Lombard, Rosie	21	University of Stellenbosch-WP	39.59
10 Le Roux, Simone	20	University of the Freestate-FS	40.50
11 Van Heerden, Lani	20	University of the Freestate-FS	40.84
12 Plumstead, Emma G	20	Nelson Mandela Metropolitan Un-EP	41.95
13 Steenkamp, Louisa L	20	University of the Freestate-FS	42.81
14 Oelofse, Catie C	19	University of the Freestate-FS	43.00
15 Sanders, Tracey		University of the Witwatersran-CG	43.45
16 Icely, Andrea	20	University of Cape Town - Aqua-WP	45.65
17 Rosslee, Kirsten		University of the Witwatersran-CG	47.37
18 Wyr, Geordi		University of the Witwatersran-CG	47.55
19 Ramsden, Kelly	19	University of the Freestate-FS	47.77
20 Roodt, Odelia	21	North West University Swim Clu-NW	48.21
21 Voermath, Lee-Anne	23	Rhodes University-EP	50.22
22 Sutter, Nicola	23	Rhodes University-EP	52.02

Event 207 Men 100 LC Meter Breaststroke

USSA: 1:02.92 # 2009/12/02 William G Diering
 1:06.22 SASS

Tuks

Name	Age	School	Finals Time
1 Lawler, Andre	19	TuksSwimming-NT	1:07.02
2 Lockett, Byron W	21	Nelson Mandela Metropolitan Un-EP	1:08.74
3 Erasmus, Douglas J	22	TuksSwimming-NT	1:09.06
4 Herbst, Luke M	19	University of Stellenbosch-WP	1:17.03
5 Titus, Byran L	19	Uwc Aquatics-WP	1:18.40

USSA Swimming Championships 2012 - 2012/12/03 to 2012/12/05

Results

(Event 207 Men 100 LC Meter Breaststroke)

Name	Age	School	Finals Time
6 Terblanché, Heinie P	20	North West University Swim Clu-NW	1:18.59
7 Haller, Michen C	21	University of Stellenbosch-WP	1:18.67
8 Davey, Thomas		University of the Witwatersran-CG	1:19.18
9 Gabriels, Paolo	22	Uwc Aquatics-WP	1:19.57
10 Hugo, Rhys J	22	University of Fort Hare-BO	1:21.27
11 Alexander, Matthew A	22	Uwc Aquatics-WP	1:25.54
12 Golden, Darren	20	University of Cape Town - Aqua-WP	1:25.74
13 Macpherson, Ralph A	23	North West University Swim Clu-NW	1:29.10
14 Nel, Jonathan	25	University of Cape Town - Aqua-WP	1:35.51
15 Amoreti, Drew	22	University of the Witwatersran-CG	1:41.35

Event 208 Women 200 LC Meter Freestyle

USSA: 2:07.50 # 2011/12/01 Rene' D Warnes
2:09.14 SASS

Seagulls-KZ

Name	Age	School	Finals Time
1 Kat, Caitlin 1:03.56 1:05.61	19	University of Stellenbosch-WP	2:09.17
2 DE Vos, Natasha 1:04.52 1:07.23	19	TuksSwimming-NT	2:11.75
3 Drying, Dominique A 1:05.39 1:09.75	19	University of Cape Town - Aqua-WP	2:15.14
4 Powell, Maxine 1:04.93 1:12.87	23	TuksSwimming-NT	2:17.80
5 Nicholas, Nina 1:07.04 1:12.58	19	University of Stellenbosch-WP	2:19.62
6 Rodseth, Claire 1:12.81 1:18.37	20	University of Cape Town - Aqua-WP	2:31.18
7 Venter, Adri 1:10.35 1:21.32	19	University of the Freestate-FS	2:31.67
8 Rosslee, Kelly 1:13.74 1:18.30		University of the Witwatersran-CG	2:32.04
9 Blake, Sarah 1:11.64 1:21.23	20	University of Cape Town - Aqua-WP	2:32.87
10 Van Zyl, Anieke 1:11.37 1:21.72	20	University of Stellenbosch-WP	2:33.09
11 Luyt, Jozanne 1:14.95 1:18.93	19	North West University Swim Clu-NW	2:33.88
12 Tacon, Nicole 1:16.20 1:20.11	23	University of Cape Town - Aqua-WP	2:36.31
13 Johnson, Naomi T 1:18.22 1:18.96	21	University of Cape Town - Aqua-WP	2:37.18
14 Geyer, Leani 1:13.76 1:23.43	22	North West University Swim Clu-NW	2:37.19
15 Van Heerden, Lani 1:16.93 1:24.32	20	University of the Freestate-FS	2:41.25
16 Ramsden, Kelly 1:18.44 1:25.38	19	University of the Freestate-FS	2:43.82
17 Albertse, Marzaan 1:18.08 1:31.25	21	Uwc Aquatics-WP	2:49.33
18 Donaldson, Juliet 1:24.15 1:38.67		University of the Witwatersran-CG	3:02.82

USSA Swimming Championships 2012 - 2012/12/03 to 2012/12/05

Results

Event 209 Men 200 LC Meter IM

USSA: 2:08.27 # 2007/12/06 Byron C Fergusson
2:10.73 SASS

Tuks

Name	Age	School	Finals Time
1 Sweeney, Ayrton S 1:01.98 1:06.31	18	University of Cape Town - Aqua-WP	2:08.29 SASS
2 Murray, Darren J 58.72 1:13.95	21	TuksSwimming-NT	2:12.67
3 Fischer, Andrew C 1:04.90 1:12.10	19	Nelson Mandela Metropolitan Un-EP	2:17.00
4 Pike, Matt W 1:07.23 1:09.92	21	Varsity College	2:17.15
5 Lockett, Byron W 1:05.61 1:12.79	21	Nelson Mandela Metropolitan Un-EP	2:18.40
6 Lemphane, Victor W 1:06.13 1:14.79	23	Uwc Aquatics-WP	2:20.92
7 Swart, Coenraad C 1:04.90 1:16.59	20	TuksSwimming-NT	2:21.49
8 van Oort, Abie F 1:08.85 1:16.26	25	North West University Swim Clu-NW	2:25.11
9 von Wielligh, Reino J 1:07.43 1:19.38	19	North West University Swim Clu-NW	2:26.81
10 Haller, Michen C 1:09.37 1:17.45	21	University of Stellenbosch-WP	2:26.82
11 Brand, Bertus J 1:10.82 1:20.38	19	North West University Swim Clu-NW	2:31.20
12 Bergenthuin, JG G 1:08.70 1:22.95	20	University of Stellenbosch-WP	2:31.65
13 Shazi, Prince P 1:11.18 1:24.98	20	Varsity College	2:36.16
14 Boonzaaier, Willie P 1:13.99 1:22.98	19	University of the Freestate-FS	2:36.97
15 Golden, Darren 1:23.37 1:31.73	20	University of Cape Town - Aqua-WP	2:55.10
--- Gabriels, Paolo	22	Uwc Aquatics-WP	DNF

Event 210 Women 50 LC Meter Butterfly

USSA: 26.70 # 2007/12/06 Lize-Mari Retief
28.87 SASS

Tuks

Name	Age	School	Finals Time
1 Scott, Megan C	21	TuksSwimming-NT	29.52
2 du Toit, Jeanie	20	University of the Witwatersran-CG	31.93
3 Knoesen, Cheri	20	Nelson Mandela Metropolitan Un-EP	32.21
4 Roux, Jessica S	20	Varsity College	32.78
5 Van Zyl, Anieke	20	University of Stellenbosch-WP	32.80
6 Jardine, Ziada	28	Uwc Aquatics-WP	33.50
7 Plumstead, Emma G	20	Nelson Mandela Metropolitan Un-EP	34.33
8 Cilliers, Landi	20	North West University Swim Clu-NW	34.37
9 Raal, Philippa	20	University of the Witwatersran-CG	34.41
10 Van Rensburg, Arne	19	University of Stellenbosch-WP	34.62
11 Le Roux, Simone	20	University of the Freestate-FS	34.85
12 Webster, Jennifer S	19	University of Stellenbosch-WP	34.89
13 Boshoff, Maretha	19	North West University Swim Clu-NW	36.82
14 Isaacs, Kayla	19	University of Cape Town - Aqua-WP	37.59

USSA Swimming Championships 2012 - 2012/12/03 to 2012/12/05

Results

(Event 210 Women 50 LC Meter Butterfly)

Name	Age	School	Finals Time
15 Blake, Sarah	20	University of Cape Town - Aqua-WP	37.62
16 Ramsden, Kelly	19	University of the Freestate-FS	38.27
17 Smith, Jo-Mari	23	North West University Swim Clu-NW	40.16
18 Oelofse, Catie C	19	University of the Freestate-FS	40.19
19 Steenkamp, Louisa L	20	University of the Freestate-FS	41.23
20 Voermath, Lee-Anne	23	Rhodes University-EP	44.38
21 Sutter, Nicola	23	Rhodes University-EP	44.54

Event 211 Men 50 LC Meter Backstroke

USSA: 27.00 # 2011/12/01 Cassey Keating
27.67 SASS

Pukke

Name	Age	School	Finals Time
1 Murray, Darren J	21	TuksSwimming-NT	27.58 SASS
2 Jacobs, Rohan N	25	Varsity College	28.59
3 Swart, Coenraad C	20	TuksSwimming-NT	29.37
4 Titus, Byran L	19	Uwc Aquatics-WP	30.11
5 Wiehahn, Wesley P	22	Nelson Mandela Metropolitan Un-EP	30.30
6 Wesso, Dean C	18	Uwc Aquatics-WP	30.40
7 de Beer, Victor L	20	North West University Swim Clu-NW	31.97
8 May, Stephan P	22	University of Stellenbosch-WP	33.31
9 Brooks, Lee	22	University of Cape Town - Aqua-WP	33.38
10 Hodges, Graham	22	University of Cape Town - Aqua-WP	33.94
11 Overton, Matthew	20	University of the Witwatersran-CG	33.95
12 Brand, Bertus J	19	North West University Swim Clu-NW	34.55
13 Scholtz, Matthew H	19	Uwc Aquatics-WP	34.69
14 Bergenthuin, JG G	20	University of Stellenbosch-WP	34.97
15 Fisher, Andrew	20	University of the Witwatersran-CG	35.62
16 Herbst, Hendri J	20	University of Stellenbosch-WP	35.97
17 Maxwell, Chris	25	Rhodes University-EP	36.55
18 Henchie, Travis	24	University of Cape Town - Aqua-WP	36.62
19 Renato, Paulo	20	University of the Witwatersran-CG	42.80

Event 212 Women 800 LC Meter Freestyle

USSA: 9:16.40 # 2006/11/28 Velia Jv Rensburg
9:12.46 SASS

NMMU

Name	Age	School	Finals Time
1 Kat, Caitlin	19	University of Stellenbosch-WP	9:04.59# SASS
1:04.29 1:08.34 1:08.28 1:08.70 1:09.12 1:09.70 1:09.08 1:07.08			
2 Dryding, Dominique A	19	University of Cape Town - Aqua-WP	9:40.88
1:07.41 1:11.56 1:13.15 1:13.80 1:13.76 1:13.43 1:14.24 1:13.53			
3 Nicholas, Nina	19	University of Stellenbosch-WP	9:51.44
1:07.73 1:12.96 1:14.22 1:14.96 1:15.62 1:15.92 1:15.32 1:14.71			
4 Powell, Maxine	23	TuksSwimming-NT	10:07.25
1:55.67 1:18.18 1:17.98 1:16.80 1:15.34 1:16.34 1:16.77 30.17			
5 Newman, Rebecca J	20	Nelson Mandela Metropolitan Un-EP	10:31.68
1:13.61 1:19.56 1:19.91 1:20.43 1:20.17 1:20.10 1:19.97 1:17.93			
6 Venter, Adri	19	University of the Freestate-FS	11:06.24
1:15.53 1:22.11 1:23.10 1:25.85 1:24.92 1:26.15 1:25.19 1:23.39			
7 Luyt, Jozanne	19	North West University Swim Clu-NW	11:36.91
1:17.54 1:25.93 1:28.85 1:28.91 1:28.88 1:29.30 1:29.61 1:27.89			
8 Wagner, Larelle	23	Uwc Aquatics-WP	11:42.16
2:02.52 1:26.83 1:29.79 1:30.29 1:30.57 1:29.79 1:28.96 43.41			

USSA Swimming Championships 2012 - 2012/12/03 to 2012/12/05**Results****(Event 212 Women 800 LC Meter Freestyle)**

Name	Age	School	Finals Time
9 Cilliers, Landi	20	North West University Swim Clu-NW	11:49.86
1:14.42 1:28.03 1:31.40 1:31.41 1:31.58 1:32.35 1:32.62 1:28.05			
10 Albertse, Marzaan	21	Uwc Aquatics-WP	12:19.30
2:08.38 1:32.19 1:33.01 1:33.24 1:35.16 1:34.81 1:34.67 47.84			
11 Roodt, Odelia	21	North West University Swim Clu-NW	12:23.17
2:07.83 1:32.57 1:34.90 1:35.63 1:35.29 1:35.73 1:35.66 45.56			
12 Bonnet, Elisabeth	19	University of the Freestate-FS	12:55.95
1:24.98 1:35.64 1:38.66 1:40.00 1:41.40 1:40.47 1:40.17 1:34.63			

Event 301 Women 50 LC Meter Freestyle

USSA: 26.09 # 2007/12/05 Lize-Mari Retief Tuks
27.09 SASS

Name	Age	School	Finals Time
1 Scott, Megan C	21	TuksSwimming-NT	27.76
2 Van Zyl, Jo-Mari	19	TuksSwimming-NT	28.34
3 Ferguson, Robyn N	20	Uwc Aquatics-WP	29.29
4 Hallendorf, Amica-Rose	20	University of Cape Town - Aqua-WP	29.46
5 Powell, Maxine	23	TuksSwimming-NT	30.05
6 Van Zyl, Anieke	20	University of Stellenbosch-WP	30.08
7 Healy, Courtney Elizabeth	21	University of Cape Town - Aqua-WP	30.09
8 Bentham, Sarah	20	University of the Witwatersran-CG	30.13
9 Blake, Sarah	20	University of Cape Town - Aqua-WP	31.09
10 Raal, Philippa	20	University of the Witwatersran-CG	31.29
11 Boshoff, Maretha	19	North West University Swim Clu-NW	31.57
12 Le Roux, Simone	20	University of the Freestate-FS	31.63
13 Venter, Adri	19	University of the Freestate-FS	31.85
14 Enslin, Nelia C	22	North West University Swim Clu-NW	31.90
15 Icely, Andrea	20	University of Cape Town - Aqua-WP	32.35
16 Van Heerden, Lani	20	University of the Freestate-FS	32.48
17 Smith, Tayla Leigh	20	University of Cape Town - Aqua-WP	32.54
18 Smith, Jo-Mari	23	North West University Swim Clu-NW	32.80
19 Knoesen, Cheri	20	Nelson Mandela Metropolitan Un-EP	32.83
20 Barnes, Carmyn	21	University of Stellenbosch-WP	33.01
21 Wagner, Larelle	23	Uwc Aquatics-WP	33.04
22 Isaacs, Kayla	19	University of Cape Town - Aqua-WP	33.49
23 Steenkamp, Louisa L	20	University of the Freestate-FS	33.59
24 Schwendenwein, Shayne		University of the Witwatersran-CG	33.65
25 Albertse, Marzaan	21	Uwc Aquatics-WP	33.76
26 Johnson, Naomi T	21	University of Cape Town - Aqua-WP	34.06
27 Van Breda, Keelyn R	22	University of Cape Town - Aqua-WP	34.21
28 Thompson, Nicola C	23	University of Stellenbosch-WP	34.29
29 Oelofse, Catie C	19	University of the Freestate-FS	34.36
30 Ramsden, Kelly	19	University of the Freestate-FS	34.40
31 Wyer, Geordi		University of the Witwatersran-CG	34.50
32 Roodt, Odelia	21	North West University Swim Clu-NW	34.55
33 Pedersen, Kerry A	19	University of Stellenbosch-WP	37.51

USSA Swimming Championships 2012 - 2012/12/03 to 2012/12/05**Results****Event 302 Men 200 LC Meter Butterfly**

USSA: **2:07.10** # **2007/12/05** **Philip N De Waal**
2:06.75 SASS

Tuks

	Name	Age	School	Finals Time
1	Hansford, Thomas J 1:00.88 1:06.63	20	Nelson Mandela Metropolitan Un-EP	2:07.51
2	De Villiers, Shaun I 1:01.62 1:06.48	20	TuksSwimming-NT	2:08.10
3	Fischer, Andrew C 1:02.20 1:08.54	19	Nelson Mandela Metropolitan Un-EP	2:10.74
4	DE Jager, Vaughn S 1:01.20 1:10.67	23	TuksSwimming-NT	2:11.87
5	Lemphane, Victor W 1:03.88 1:09.59	23	Uwc Aquatics-WP	2:13.47
6	Cloete, Rubin 1:03.25 1:13.07	20	University of Stellenbosch-WP	2:16.32
7	Wesso, Dean C 1:06.01 1:12.61	18	Uwc Aquatics-WP	2:18.62
8	von Wielligh, Reino J 1:06.53 1:20.40	19	North West University Swim Clu-NW	2:26.93
9	Haller, Michen C 1:09.70 1:19.85	21	University of Stellenbosch-WP	2:29.55
10	Brand, Bertus J 1:09.96 1:21.41	19	North West University Swim Clu-NW	2:31.37

Event 303 Women 200 LC Meter Backstroke

USSA: **2:24.19** # **2008/11/29** **Tannith M Prout**
2:21.35 SASS

Sandton Seals-CG

	Name	Age	School	Finals Time
1	DE Vos, Natasha 1:12.32 1:17.15	19	TuksSwimming-NT	2:29.47
2	Nicholas, Nina 1:15.06 1:19.09	19	University of Stellenbosch-WP	2:34.15
3	Van Zyl, Jo-Mari 1:17.31 1:20.38	19	TuksSwimming-NT	2:37.69
4	Plumstead, Hayley P 1:17.78 1:26.66	20	Nelson Mandela Metropolitan Un-EP	2:44.44
5	Newman, Rebecca J 1:22.74 1:25.55	20	Nelson Mandela Metropolitan Un-EP	2:48.29
6	Geyer, Leani 1:23.56 1:30.65	22	North West University Swim Clu-NW	2:54.21
7	Icely, Andrea 1:26.36 1:33.44	20	University of Cape Town - Aqua-WP	2:56.83
8	Webster, Jennifer S 1:26.36 1:33.44	19	University of Stellenbosch-WP	2:59.80
9	Luyt, Jozanne 1:30.14 1:33.77	19	North West University Swim Clu-NW	3:03.91
10	Tacon, Nicole 1:27.60 1:36.50	23	University of Cape Town - Aqua-WP	3:04.10
11	Albertse, Marzaan 1:32.73 1:41.34	21	Uwc Aquatics-WP	3:14.07

USSA Swimming Championships 2012 - 2012/12/03 to 2012/12/05

Results

Event 304 Men 200 LC Meter Backstroke

USSA: 2:10.87 # 2011/12/02 Rohan N Jacobs
2:08.46 SASS

Seagulls-KZ

Name	Age	School	Finals Time
1 Murray, Darren J 1:00.89 1:03.08	21	TuksSwimming-NT	2:03.97# SASS
2 Wiehahn, Wesley P 1:08.40 1:13.84	22	Nelson Mandela Metropolitan Un-EP	2:22.24
3 Swart, Coenraad C 1:09.68 1:13.26	20	TuksSwimming-NT	2:22.94
4 Titus, Byran L 1:10.00 1:19.39	19	Uwc Aquatics-WP	2:29.39
5 Bergenthuin, JG G 1:13.12 1:20.46	20	University of Stellenbosch-WP	2:33.58
6 Bala, Staszek 1:15.47 1:18.21	23	North West University Swim Clu-NW	2:33.68
7 de Beer, Victor L 1:12.91 1:22.86	20	North West University Swim Clu-NW	2:35.77
8 Visser, Nafius I 1:13.26 1:23.05	21	North West University Swim Clu-NW	2:36.31
9 May, Stephan P 1:17.89 1:24.61	22	University of Stellenbosch-WP	2:42.50
10 Hodges, Graham 1:24.30 1:21.18	22	University of Cape Town - Aqua-WP	2:45.48
11 Bassuday, Justin C 1:26.75 1:38.88	20	Uwc Aquatics-WP	3:05.63
12 Hazakis, Nick 1:42.40 1:52.19	20	University of the Witwatersran-CG	3:34.59

Event 305 Women 100 LC Meter Butterfly

USSA: 59.17 # 2007/12/05 Lize-Mari Retief
1:03.46 SASS

Tuks

Name	Age	School	Finals Time
1 Scott, Megan C	21	TuksSwimming-NT	1:06.81
2 Roux, Jessica S	20	Varsity College	1:08.91
3 Dryding, Dominique A	19	University of Cape Town - Aqua-WP	1:09.74
4 Knoesen, Cheri	20	Nelson Mandela Metropolitan Un-EP	1:12.16
5 Van Zyl, Anieke	20	University of Stellenbosch-WP	1:16.79
6 Cilliers, Landi	20	North West University Swim Clu-NW	1:19.49

Event 306 Men 200 LC Meter Breaststroke

USSA: 2:14.80 # 2007/12/05 William G Diering
2:23.37 SASS

Tuks

Name	Age	School	Finals Time
1 Sweeney, Ayrton S 1:09.35 1:12.47	18	University of Cape Town - Aqua-WP	2:21.82 SASS
2 Lawler, Andre 1:11.32 1:17.91	19	TuksSwimming-NT	2:29.23
3 Molepo, Malesela M 1:14.79 1:21.15	21	TuksSwimming-NT	2:35.94
4 van Oort, Abie F 1:17.93 1:25.23	25	North West University Swim Clu-NW	2:43.16
5 Haller, Michen C 1:22.47 1:28.46	21	University of Stellenbosch-WP	2:50.93

USSA Swimming Championships 2012 - 2012/12/03 to 2012/12/05

Results

(Event 306 Men 200 LC Meter Breaststroke)

Name	Age	School	Finals Time
6 Herbst, Luke M 1:22.52 1:31.02	19	University of Stellenbosch-WP	2:53.54
7 Terblanché, Heinie P 1:21.95 1:32.64	20	North West University Swim Clu-NW	2:54.59
8 Gabriels, Paolo 1:26.23 1:28.64	22	Uwc Aquatics-WP	2:54.87
9 Henchie, Travis 1:28.06 1:35.68	24	University of Cape Town - Aqua-WP	3:03.74
10 Mason, Dylan 1:25.94 1:40.60	20	University of the Witwatersran-CG	3:06.54
11 Golden, Darren 1:28.23 1:42.05	20	University of Cape Town - Aqua-WP	3:10.28
12 Alexander, Matthew A 1:29.83 1:42.21	22	Uwc Aquatics-WP	3:12.04

Event 307 Women 100 LC Meter Breaststroke

USSA: 1:10.71 # 2007/12/05 Suzaan Van Biljon
1:13.78 SASS

Tuks

Name	Age	School	Finals Time
1 Ferguson, Robyn N	20	Uwc Aquatics-WP	1:18.37
2 Knoesen, Cheri	20	Nelson Mandela Metropolitan Un-EP	1:18.79
3 du Toit, Jeanie	20	University of the Witwatersran-CG	1:19.86
4 Enslin, Nelia C	22	North West University Swim Clu-NW	1:22.64
5 Lombard, Rosie	21	University of Stellenbosch-WP	1:24.32
6 Rodseth, Claire	20	University of Cape Town - Aqua-WP	1:24.98
7 Thompson, Nicola C	23	University of Stellenbosch-WP	1:26.16
8 Jardine, Ziada	28	Uwc Aquatics-WP	1:27.09
9 Boshoff, Maretha	19	North West University Swim Clu-NW	1:29.55
10 Le Roux, Simone	20	University of the Freestate-FS	1:30.95
11 Steenkamp, Louisa L	20	University of the Freestate-FS	1:32.24
12 Oelofse, Catie C	19	University of the Freestate-FS	1:33.15
13 Plumstead, Emma G	20	Nelson Mandela Metropolitan Un-EP	1:33.35
14 Van Heerden, Lani	20	University of the Freestate-FS	1:33.75
15 Sanders, Tracey		University of the Witwatersran-CG	1:36.29
16 Blake, Sarah	20	University of Cape Town - Aqua-WP	1:36.39
17 Rosslee, Kirsten		University of the Witwatersran-CG	1:41.04
18 Wyer, Geordi		University of the Witwatersran-CG	1:43.17
19 Roodt, Odelia	21	North West University Swim Clu-NW	1:44.51

Event 308 Men 100 LC Meter Freestyle

USSA: 51.83 # 2006/11/29 Greg M Kieck
53.17 SASS

NMMU

Name	Age	School	Finals Time
*1 Lawson, Jason A	24	TuksSwimming-NT	52.62 SASS
*1 Meyer, Nico	20	TuksSwimming-NT	52.62 SASS
3 Pendock, Luke F	19	Dbn University of Technology-KZ	52.88 SASS
4 Wilken, Jurie J	22	TuksSwimming-NT	53.40
5 Cloete, Rubin	20	University of Stellenbosch-WP	54.44
6 Macmillan, Dylan	20	University of the Witwatersran-CG	54.68
7 Fischer, Andrew C	19	Nelson Mandela Metropolitan Un-EP	54.75
8 Smit, Marcel P	25	University of Stellenbosch-WP	54.97
9 Pike, Matt W	21	Varsity College	55.65
10 Huber, Richard	19	Varsity College	56.43

USSA Swimming Championships 2012 - 2012/12/03 to 2012/12/05**Results****(Event 308 Men 100 LC Meter Freestyle)**

	Name	Age	School	Finals Time
11	Hodges, Graham	22	University of Cape Town - Aqua-WP	58.64
12	Brooks, Lee	22	University of Cape Town - Aqua-WP	59.14
13	Smit, Dylan	24	University of Cape Town - Aqua-WP	59.77
*14	Shazi, Prince P	20	Varsity College	1:00.00
*14	Nxumab, Zegimdumise	20	University of the Witwatersran-CG	1:00.00
16	de Beer, Victor L	20	North West University Swim Clu-NW	1:00.07
17	Boonzaaier, Willie P	19	University of the Freestate-FS	1:00.38
18	Visser, Natus I	21	North West University Swim Clu-NW	1:00.62
19	Macpherson, Ralph A	23	North West University Swim Clu-NW	1:04.08
20	Patterson, Liam		University of the Witwatersran-CG	1:05.61
21	Bassuday, Justin C	20	Uwc Aquatics-WP	1:05.75
22	Henchie, Travis	24	University of Cape Town - Aqua-WP	1:05.97
23	Wicks, Arlo	22	Uwc Aquatics-WP	1:08.46
24	Nel, Jonathan	25	University of Cape Town - Aqua-WP	1:09.06
25	White, Kim	22	University of Cape Town - Aqua-WP	1:10.06
26	Golden, Darren	20	University of Cape Town - Aqua-WP	1:11.15
27	Scholtz, Matthew H	19	Uwc Aquatics-WP	1:13.70

Event 309 Women 400 LC Meter Freestyle

USSA: 4:28.56 # 2011/12/02 Rene' D Warnes
4:30.42 SASS

Seagulls-KZ

	Name	Age	School	Finals Time
1	Kat, Caitlin	19	University of Stellenbosch-WP	4:24.55 # SASS
	1:03.83 1:07.41 1:07.39	1:05.92		
2	DE Vos, Natasha	19	TuksSwimming-NT	4:38.90
	1:04.84 1:09.64 1:11.24	1:13.18		
3	Dryding, Dominique A	19	University of Cape Town - Aqua-WP	4:44.20
	1:06.83 1:11.27 1:12.77	1:13.33		
4	Nicholas, Nina	19	University of Stellenbosch-WP	4:46.54
	1:06.95 1:12.27 1:13.90	1:13.42		
5	Newman, Rebecca J	20	Nelson Mandela Metropolitan Un-EP	5:13.18
	1:14.62 1:19.85 1:20.51	1:18.20		
6	Rodseth, Claire	20	University of Cape Town - Aqua-WP	5:19.38
	1:14.87 1:21.71 1:22.43	1:20.37		
7	Venter, Adri	19	University of the Freestate-FS	5:20.06
	1:14.63 1:22.38 1:22.41	1:20.64		
8	Luyt, Jozanne	19	North West University Swim Clu-NW	5:27.55
	1:16.89 1:23.66 1:25.39	1:21.61		
9	Geyer, Leani	22	North West University Swim Clu-NW	5:29.55
	1:16.21 1:25.71 1:26.39	1:21.24		
10	Johnson, Noami T	21	University of Cape Town - Aqua-WP	5:29.85
	1:21.84 1:26.31 1:23.42	1:18.28		
11	Wagner, Larelle	23	Uwc Aquatics-WP	5:39.37
	1:17.65 1:25.07 1:28.07	1:28.58		
12	Tacon, Nicole	23	University of Cape Town - Aqua-WP	5:42.18
	1:19.67 1:28.99 2:53.52			
13	Van Breda, Keelyn R	22	University of Cape Town - Aqua-WP	5:46.67
	1:20.87 1:29.21 1:29.38	1:27.21		

USSA Swimming Championships 2012 - 2012/12/03 to 2012/12/05

Results

Event 310 Men 1500 LC Meter Freestyle

USSA: 15:17.96 # 2010/12/03 Heerden Herman
16:18.55 SASS

Maties

Name	Age	School							Finals Time	
1 Sweeney, Ayrton S	18	University of Cape Town - Aqua-WP							16:30.99	
			1:00.85	1:04.68	1:06.26	1:07.05	1:07.20	1:06.57	1:06.25	1:06.72
			1:06.47	1:06.74	1:06.46	1:06.83	1:06.72	1:07.12	1:05.07	
2 Herman, Heerden	21	University of Stellenbosch-WP							16:51.12	
			1:03.34	1:06.73	1:07.52	1:08.50	1:08.33	1:08.12	1:07.59	1:08.19
			1:08.28	1:08.49	1:07.78	1:07.05	1:07.37	1:07.86	1:05.97	
3 Hansford, Thomas J	20	Nelson Mandela Metropolitan Un-EP							16:55.98	
			1:01.43	1:06.53	1:08.61	1:09.45	1:09.18	1:08.68	1:09.02	1:09.19
			1:08.85	1:08.25	1:07.99	1:07.91	1:07.32	1:07.30	1:06.27	
4 Fischer, Andrew C	19	Nelson Mandela Metropolitan Un-EP							17:08.10	
			1:04.20	1:08.49	1:09.53	1:09.29	1:09.29	1:08.99	1:09.38	1:09.34
			1:08.76	1:09.07	1:08.35	1:08.39	1:08.89	1:09.22	1:06.91	
5 Molepo, Malesela M	21	TuksSwimming-NT							17:11.15	
			1:04.97	1:10.27	1:09.85	1:08.82	1:09.54	1:07.66	1:08.86	1:08.49
			1:08.72	1:09.03	1:08.54	1:09.32	1:10.47	1:09.68	1:06.93	
6 Lemphane, Victor W	23	Uwc Aquatics-WP							17:44.39	
			1:03.78	1:09.36	1:10.02	1:10.91	1:11.30	1:11.70	1:11.92	1:12.58
			1:12.09	1:12.70	1:12.00	1:12.50	1:12.23	1:12.35	1:08.95	
7 van Oort, Abie F	25	North West University Swim Clu-NW							18:46.70	
			1:10.38	1:15.62	1:15.65	1:16.69	1:16.30	1:15.87	1:15.83	1:15.02
			1:14.90	1:13.98	1:14.92	1:16.49	1:16.22	1:15.66	1:13.17	
8 von Wielligh, Reino J	19	North West University Swim Clu-NW							18:55.00	
			1:03.88	1:09.98	1:12.57	1:13.39	1:15.02	1:16.32	1:16.67	1:17.29
			1:18.42	1:18.22	1:19.80	1:20.01	1:20.07	1:17.06	1:16.30	
9 Brand, Bertus J	19	North West University Swim Clu-NW							19:35.50	
			1:10.99	1:19.28	1:20.74	1:21.10	1:20.98	1:20.77	1:20.16	1:19.98
			1:19.35	1:18.11	1:17.32	1:18.21	1:17.46	1:16.50	1:14.55	
10 Bala, Staszek	23	North West University Swim Clu-NW							19:46.58	
			1:11.71	1:19.01	1:20.72	1:20.93	1:21.11	1:20.53	1:20.06	1:19.88
			1:19.92	1:18.97	1:19.51	1:20.16	1:18.71	1:19.17	1:16.19	
11 Boonzaaier, Willie P	19	University of the Freestate-FS							20:04.50	
			1:09.17	1:18.53	1:20.26	1:20.77	1:21.74	1:21.87	1:19.51	1:20.49
			1:20.89	1:19.98	1:21.55	1:23.49	1:23.75	1:22.78	1:19.72	
12 Wiid, Gustav R	19	University of Stellenbosch-WP							20:13.10	
			1:12.70	1:19.83	1:20.78	1:20.88	1:20.71	1:21.64	1:21.84	1:21.47
			1:22.37	1:21.44	1:22.77	1:21.81	1:23.03	1:22.36	1:19.47	
13 Brooks, Lee	22	University of Cape Town - Aqua-WP							21:12.30	
			1:08.92	1:20.32	1:23.12	1:24.72	1:25.98	1:26.74	1:27.97	1:29.12
			1:29.06	1:28.53	1:27.53	1:27.22	1:26.51	1:25.44	1:21.12	

Combined Team Scores

Combined Team Scores - Through Event 310

1. TuksSwimming	947	2. University of Stellenbosch	884
3. North West University Swim Clu	721	4. Nelson Mandela Metropolitan Un	704
5. University of Cape Town - Aqua	618	6. Uwc Aquatics	563
7. University of the Witwatersran	388	8. Varsity College	235
9. University of the Freestate	225	10. Dbn University of Technology	32
11. Rhodes University	26	12. University of Fort Hare	16

USSA Swimming Championships 2012 - 2012/12/03 to 2012/12/05**Results****Scores - Women**Women - Team Rankings - Through Event 310

1. University of Stellenbosch	465	2. TuksSwimming	382
3. North West University Swim Clu	352	4. University of Cape Town - Aqua	341
5. Nelson Mandela Metropolitan Un	311	6. Uwc Aquatics	253
7. University of the Witwatersran	228	8. University of the Freestate	193
9. Varsity College	52	10. Rhodes University	20

Scores - MenMen - Team Rankings - Through Event 310

1. TuksSwimming	565	2. University of Stellenbosch	419
3. Nelson Mandela Metropolitan Un	393	4. North West University Swim Clu	369
5. Uwc Aquatics	310	6. University of Cape Town - Aqua	277
7. Varsity College	183	8. University of the Witwatersran	160
9. University of the Freestate	32	9. Dbn University of Technology	32
11. University of Fort Hare	16	12. Rhodes University	6