

**Day 1: Thursday, 25  
October 2018**

Time	Topic	Topic
08:00 - 08:45	Registration: Coffee & Tea	
08:45 - 09:00	Official Welcome	<i>Mr Jerome September - Dean of Students, Wits University</i>
09:00 - 09:45	Prof. Adam Habib	<i>Vice-Chancellor of Wits University: <b>The role of Sport at an Educational Institution</b></i>
09:45 - 11:00	Panel Discussion	<i>Panel Discussion: <b>Role and Importance of Sport at an Educational Institution.</b> Klaus König (Helpmekaar), Tracey Megom (Parktown Girls)</i>
11:00 - 11:30	Morning Tea	
11:30 - 12:15	Kass Naidoo	<i>Award-winning sports journalist and SA's first female television cricket commentator: <b>Women in Sport, South Africa</b></i>
12:15 - 13:00	Mark Hopkins	<i>SA National Hockey Coach: <b>Creating a High Performance Environment- 2018 Commonwealth Games Reflections</b></i>
13:00 - 13:45	Lunch	
13:45 - 14:30	Rhulani Mokwena	<i>Assistant Coach at Orlando Pirates and former Assistant Coach at Mamelodi Sundowns: <b>Achieving Peak Performance in the SA Football environment</b></i>
14:30 - 15:15	Jaco Barnard	<i>Director at SportsMax: <b>The Good, Bad and Ugly of supplements and supplement use</b></i>
15:15 - 16:00	Andre Tredoux	<i>NTT Docomo Red Hurricanes Defence Coach: <b>Coaching lessons learned in Japan</b></i>
16:00 - 17:00	Closing and Networking	

**Day 2: Friday, 26 Oct 2018**

08:00 - 08:45	Coffee and Tea	
08:45 - 09:00	Official Welcome	
09:00 - 10:00	Dr Dave Alred	<i>World Champion Performance Coach: <b>Mental blocks to performance</b> – which is about convention, how we assess ourselves, and the power of language.</i>
10:00 - 10:45	Neil McKenzie	<i>Former SA Batting Coach, national cricket player and former Highveld Lions Captain: <b>My Cricket Journey, lessons learned</b></i>
10:45 - 11:15	Morning Tea	
11:15 - 12:15	Dr Jacqui von Cziffra-Bergs	<i>Educational Psychologist: <b>Solution focused thinking in action. A Strength based approach to peak performance in sport</b></i>
12:15 - 13:00	Stephen Ball	<i>Tuks Sport High Performance Manager: <b>Building the premier elite sporting system in South Africa</b></i>
13:00 - 14:00	Lunch	
14:00 - 15:00	Dr Dave Alred	<i>World Champion Performance Coach: <b>A behaviour model of organising training and preparation</b>; repair training match. Managing the impact of pressure and delaying sensory shutdown</i>
15:00 - 15:45	Bafana Nhleko	<i>South Africa U/20 Ass. Coach: <b>Performance on the international stage</b></i>
15:30 - 16:00	Panel Discussion	<i>Summary and Discussion</i>
16:00 - 17:00	Closing and Networking	

